APRIL 2016

InStyle



KYLIE JENNER *on the ART of make-up*

MAISIE WILLIAMS *on feminism, fashion & Game of Thrones*

121 HOT NEW SHOES, BAGS & EARRINGS

BRIT FASHION SPECIAL

MEET THE UK'S COOLEST **RISING STARS**

+

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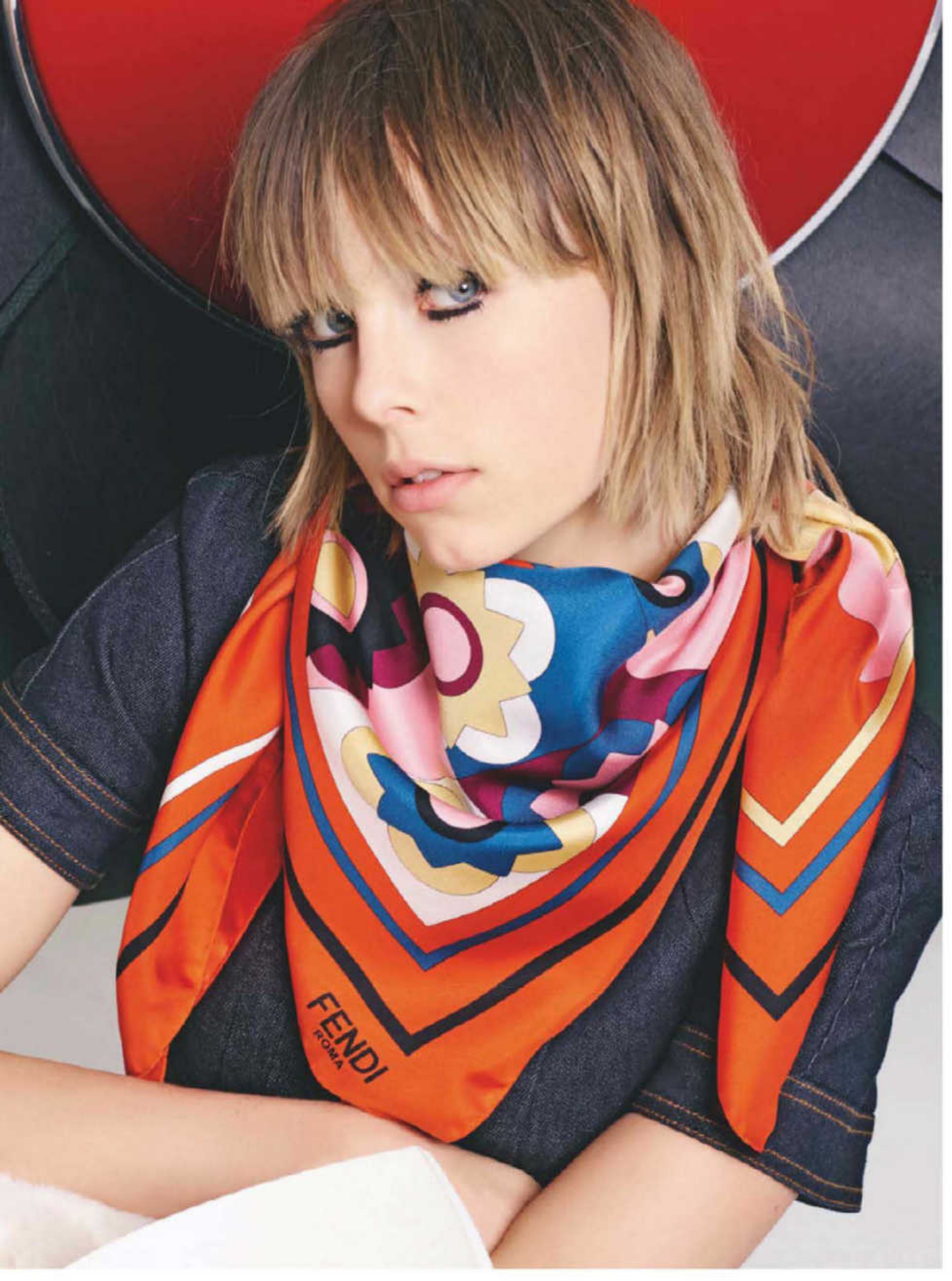

Cate Blanchett
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the eau de toilette

GIORGIO ARMANI

#SaySì

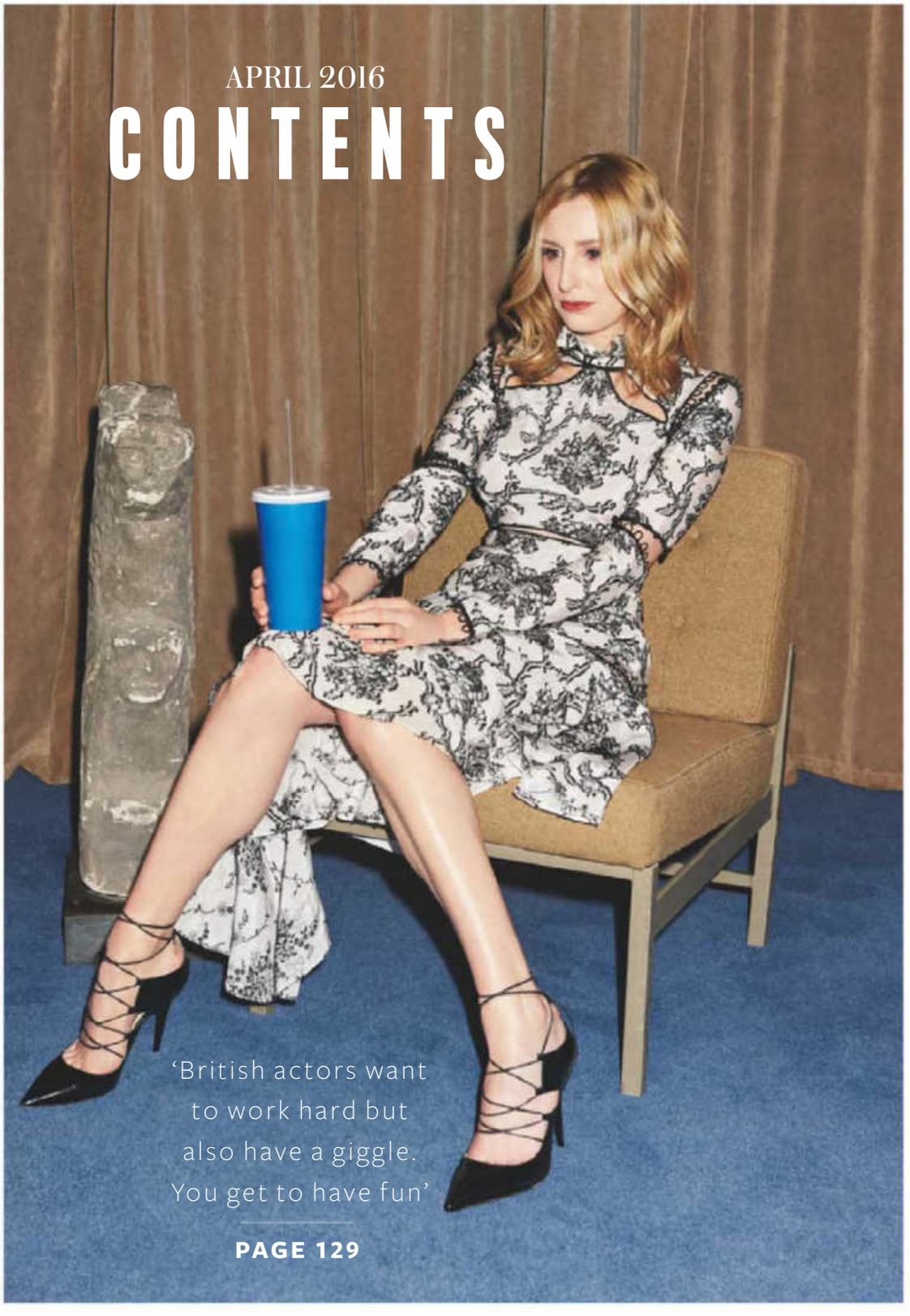


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APRIL 2016

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EDITOR'S LETTER

SO HERE WE ARE IN MARCH. MARCH! ALREADY! Although I despise January and February and wish every dull, dark Sunday away as fast as possible, I sometimes feel like I'm on a runaway bobsleigh speeding through the year. I really don't want to think, 'Oh s**t I've just missed the super-optimistic spring and now I'm onto summer and I haven't even booked a week away in the sun.' I suppose part of the reason it disappears so fast is because we kick off the year by having a ridiculously big party. The *InStyle* EE Rising Stars do, is our annual celebration of all the brilliant new Brit actors amid all the awards season excitement. This year, we invited a huge slew of talented people and came up with the crazy plan of actually doing a shoot at the party. As amazing as this was, thanks to Tung Walsh, who shot the story, and Hannah Vere our creative director (look out for the portfolio on page 129), it did somewhat add to the stress. When I snuck our new MD Fiona into the shoot, mid-party, to find our cover star Maisie Williams posing in front of a curtain with a Henry Hoover, I think she questioned, for a second, what on earth was going on. Not that the actors themselves cared in the slightest, despite having to push through the crowds, pose for the paps and snake across the dance floor to get into the shoot. 'It's the kind of party where you can rock up on your own and know you'll bump into your mates,' was how actor Luke Newberry put it. That's the kind of party we all want to be invited to isn't it? Stressful but totally worth it.

Charlotte

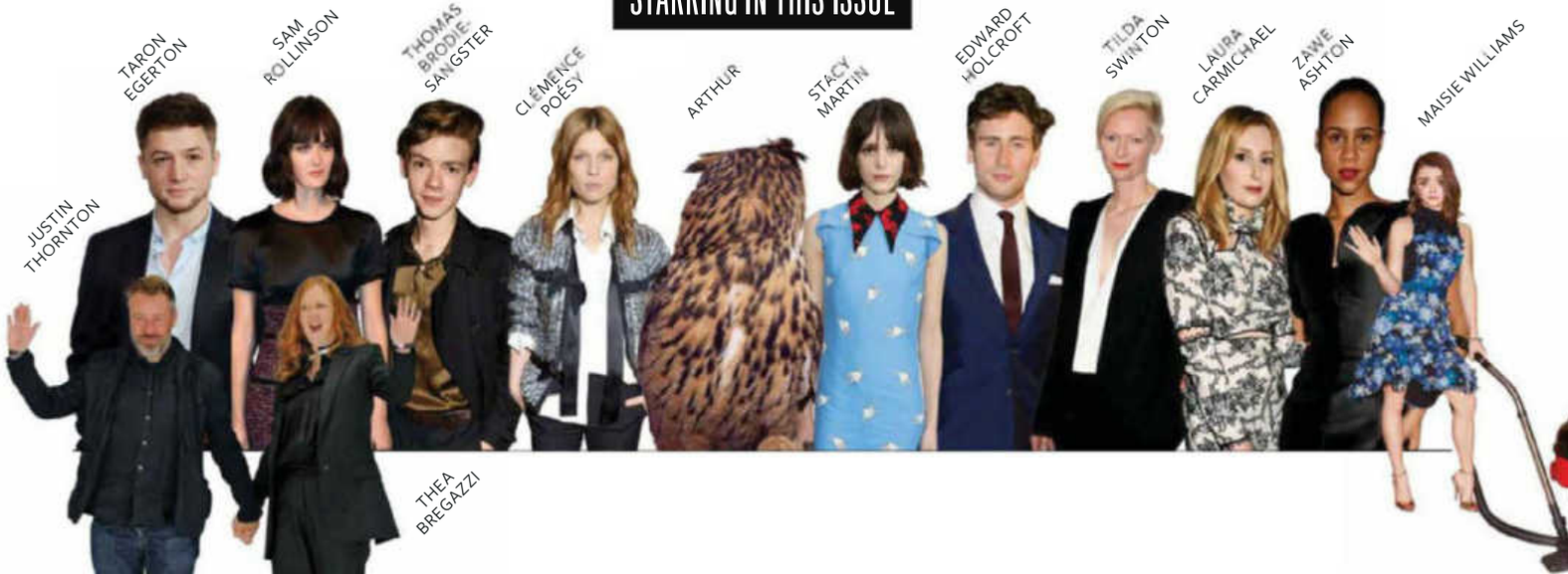
EDITOR @CHARL_INSTYLE

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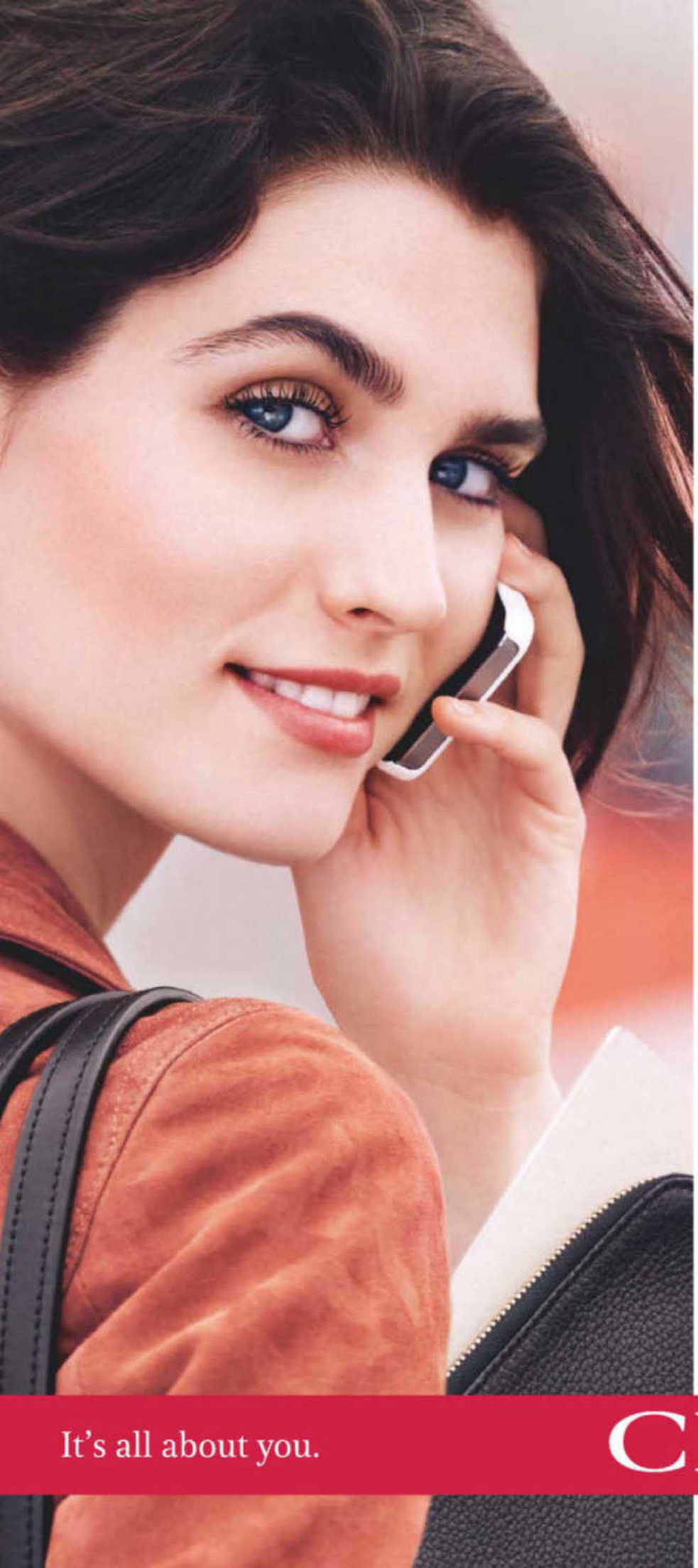


PHOTOGRAPHS BY VICTORIA ADAMSON, REX FEATURES, DAVE BENETT, TUNG WALSH

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**Source: The NPD Group value sales Jan-Nov 2015.

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MARIE-AMÉLIE TONDU, PHOTOGRAPHER



She's one of those fashion photographers who just 'gets' it, so naturally we had to enlist talented Parisian Marie-Amélie to shoot our exclusive chat with Justin Thornton and Thea Bregazzi of Preen by Thornton Bregazzi (page 120). How did she find it? 'Exciting! I love this kind of shoot that blends documentary and fashion.' Tondu has shot for huge brands like Nike, but she can also be found snapping away backstage at Balmain, Maison Martin Margiela and Thom Browne.

WILLIAM FARR, SET DESIGNER



Set designer William Farr doesn't do subtle. His incredible scenes are built for serious impact, which is precisely why his work has appeared in a host of titles and landed him an exhibition at the Museum of Contemporary Art in Santiago. An old roommate of Years & Years frontman, Olly Alexander, Farr says he 'kind of had this funny thing with proportion' for our Maisie Williams cover shoot on page 100. 'I wanted her to be quite high up; to keep it simple so the focus remained on her,' he told us. But, like everyone else, he was more than happy to let the real star of the shoot take centre stage – Oreo the owl.

KATE THOMPSON, INSTYLE MARKETING & EVENTS MANAGER



Kate Thompson has been with *InStyle* for almost six years, having started 'two days after my final year university exams'. She loves organising *InStyle*'s parties, including the BAFTA bash, admitting: 'The best part is definitely working with such a passionate team.' She does recall one nightmare, however. 'On the door at my first celebrity party I asked a Hollywood star his name. He was cool about it at the time!' Next on her jam-packed agenda? 'Planning *InStyle*'s 15th anniversary. I'd have to kill you if I told you more!'



AARON CARLO, CELEBRITY HAIRSTYLIST

He counts Naomi Campbell as a client, girl band Little Mix as his 'little sisters', and some of London Fashion Week's most iconic hair looks as his very own. Celeb hairstylist Aaron Carlo may only be 30, but he's already a bit of an icon. After working on our *Hair Goals* feature (page 150), he said: 'I loved doing this shoot, it was interesting and different.' The lead hairstylist on *The X Factor*, Carlo is also bringing out his own range of hair accessories and is starting a YouTube channel – check out his Instagram, @aaroncarlohair, for more.



FIND OUT WHAT OUR PARTY GUESTS REVEALED IN OUR RED-CARPET INTERVIEWS

InStyle.co.uk

WORDS BY STEPH KING

MAKING THE COVER



O.M.G. Actual Arya? From actual Game Of Thrones?

She's Maisie. Please don't call her Arya...

So, what's the theme?

There's a whole birds of prey thing going on.

!? !? !?

Real or stuffed?



Real – wait until you meet Oreo the owl.

So hot right now?

The hottest bird in town.

What's the fashion rail like?



A total Brit fest.

Christopher Kane, VB, JW Anderson, Preen?

Of course.

Please can I come along?

Nope.

I'll be the owl handler?



What do you know about owls?

Um, I've read Harry Potter once?



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APRIL COVER 2016

MAISIE WILLIAMS PHOTOGRAPHED BY JASPER ABELS

Styled by Arabella Greenhill. Hair by Kota Suizu at Caren using Oribe. Make-up by Mary Wiles at Caren using Chanel S 2016 and La Solution 10. Nails by Lucy Tucker at One Represents using Dior Vernis Spring Look and Capture Totale Nurturing Hand Repair Cream. Maisie wears dress, Preen by Thornton Bregazzi; earring, Susan Caplan

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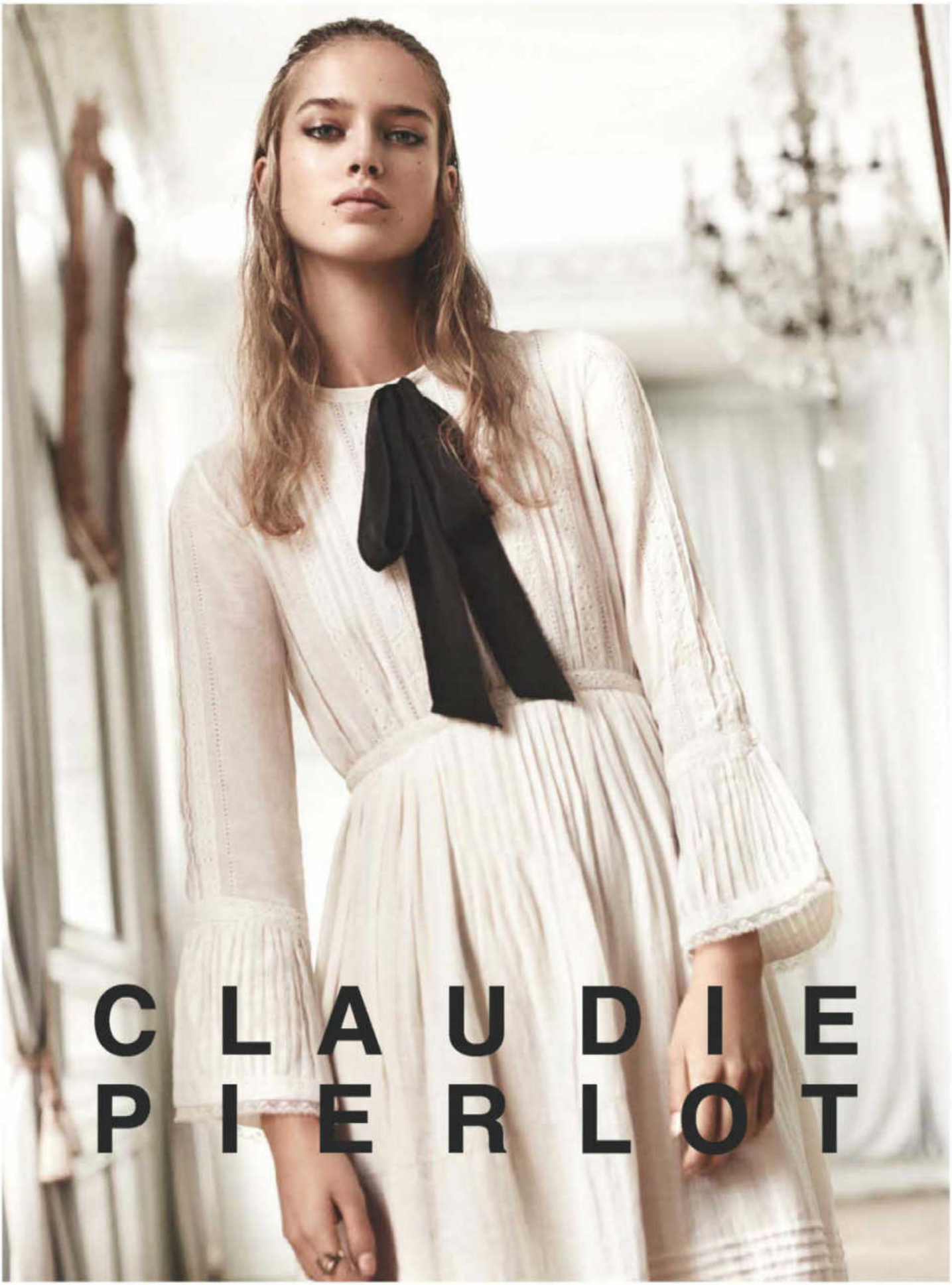
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#INSIDEINSTYLE

THIS MONTH WE DID A BIT OF TWITCHING. We're not talking involuntary limb movements or facial expressions brought on by excessive iPhone use. We're not even referring to our (somewhat questionable) dance moves at our *InStyle* EE Rising Star Bafta party. Rather, the fabulous bird-watching opportunities on our birds-of-prey shoot with Maisie Williams. Arthur the European Eagle Owl and Alfie the Barn Owl were *super* chilled-out on set (thanks largely to the top skills of Julie and Kayleigh from The Hawking Centre), but it was shy Maggie the Hooded Vulture who stole our hearts: she blushed bright red when she was having her picture taken. Yep, vultures actually blush!

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WORDS BY HANNAH ROCHELL. PHOTOGRAPHS BY ALAMY, PRESS ASSOCIATION


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what's now

EDITED BY

HANNAH ROCHELL

Small *details*...

Not only is this season's hottest trend to wear undies as outies – edgy at JW Anderson, classic at Dolce & Gabbana and everything in-between – but a new exhibition at London's V&A celebrates bras, knickers and all things intimate. Visit *Undressed: A Brief History Of Underwear* from 16 April until March 2017. And don't go commando.



Make do and trend

Craft genius and Sew Yeah blogger Christine Leech shows us how to make the hottest catwalk accessory of the season

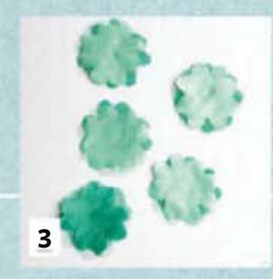
You will need Three different types of green fabric (I've used netting and polyester silk lining material, but real silk, satin and cotton work, too); scissors, needle and thread; 1.5m black grosgrain ribbon; a safety pin or brooch back.



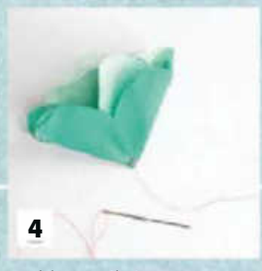
Cut a 15cm square from one of the fabrics and fold into quarters. Cut a rough heart shape into the top.



Unfold and you'll have a flower shape. Fray the edges. You'll need 15 of these (five of each shade)



Make five piles of three flowers. Vary the order of the fabrics and don't worry if the petals don't line up.



Fold one pile into quarters and sew through the point. Repeat with the other sets of flowers, then sew four together to form a circle.



Sew the final set into the middle to complete the flower shape, then flip over and sew the back to secure.



Sew the safety pin or brooch back onto the back of the flower and pin onto the black ribbon.



And voila! Just attach to your shirt collar.



@SEWYEAH

Pompomania *by Christine Leech is out on 24 March (£10, Quadrille Publishing)*



Block-heel ankle boots are where it's at right now. And what could be better than a retro tricolour pair? Nothing.



Oh HAI perfect transitional coat. This aviator jacket is just the ticket for sunny but chilly spring days.

3 ways to wear

Rodarte's new collection for **& Other Stories**

Party like it's 1979 in some understated bling-on-black clobber. Just add dancefloor. *In store 17th March*



UNLIKELY STYLE ICON

Brambly Hedge



When we saw the hedgerow prints on the s/s 16 catwalk, we were totally transported back to the antics of our hero Wilfred Toadflax. Bring on the brambles…


Rolling in the hay is Aussome
Hay-like hair? No thanks
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MIRACLE MOIST
AUSSIE
There's more to life than hair but it's a good place to start

NAOMI WEARS **mixed** prints

There are so many things we're 'supposed' to avoid if we're over a size 6 – no busy prints, no horizontal stripes – but 2016 says burn the rule book and dress fearlessly. Let the prints shout!



PRINT CLASH

Who says gingham and baroque can't go together? A duster jacket is my go-to when the temperature starts to rise – it's so easy and wearable for day or night.

Coat, Bimba Y Lola; top, Topshop; skirt, vintage; trainers, Adidas



DOTTY OVER FLORALS

I'm experimenting with shorter hemlines for spring and this dress is perfect. This bomber is the right length to nip me in at the waist and still give me the hourglass outline I'm always looking for.

Jacket, Heohwan Simulation; dress, ASOS; shoes, Adidas



LINES AND SCALES

Stripes? Yes please! Snake print? Gimme gimme! I love piling on the prints, but if you want to balance out your busy but totally fabulous look, some oversized denim will do the trick.

Jacket and top, vintage; skirt, ASOS; shoes, Jeremy Scott for Melissa

FOR MORE FASHION TIPS, HEAD TO NAOMI'S BLOG AT NAOMISHIMADA.COM

WHERE STYLE STARTS

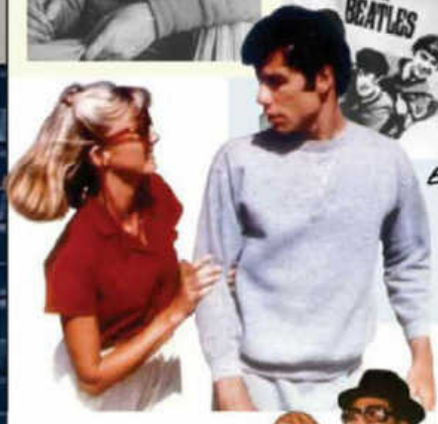
sweatshirts



1920s Sweatshirts were invented around 1925, and were grey, long-sleeved tops worn by athletes when they were warming up.







1950s–60s

Brands and bands alike discovered the power of the sweatshirt.

1980s–90s

Designer logomania hit BIG time with the rise of hip hop culture.





S/S 2016

The evening sweatshirt reigns on the catwalk at Christopher Kane and Ashish.



CHRISTOPHER KANE



ASHISH

PHOTOGRAPHS BY KATIE BAGLEY, JASON LLOYD-EVANS, REX FEATURES, GETTY IMAGES

Ahh,

rolling in the hay.

Cheeky? Maybe. **Wild?** Hopefully.

Aussome? **Definitely.**

But dry, hay-like hair? What a turn off.

Lucky for you, **Aussie** has a

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More mischief.

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And get it on.

After all, **we can make your hair behave itself.**

But that doesn't mean you have to.

#FindYourAussome



AUSSIE

There's more to life than hair but it's a good place to start



Loud & clear

New Gucci watch

Since taking the helm at Gucci, Alessandro Michele has made it one of the hottest tickets in town, and it's not just the clothes we're lusting after. This month, Gucci launches its new Plexi watch (£395, gucci.com), featuring the iconic green and red stripe alongside Michele's trademark bee motif.

NOTES FROM THE FASHION DESK

NICK'S PICK



Double duty

Versace's It bag

This season, we're falling hard for Versace's totally versatile Palazzo Empire handbag. Rock a ladylike vibe with its top handle or wear it across the body for when you're on the go. We're loving the purple and orange combo. From £1,965 (versace.com)





Sneaker pimps

Keds 100th anniversary

Established in 1916, sneaker brand Keds was made famous not only by such style icons as Audrey Hepburn, Marilyn Monroe and Taylor Swift, but it was also the footwear of choice in our all-time favourite TV shows and movies such as *Saved By The Bell* and *Dirty Dancing*. To celebrate its centenary, Keds is releasing the blue collection, featuring ten lace-up and slip-on styles, from navy to peacock. From £35 (keds.co.uk)



GUCCI

COOL COLLABS



Charlotte Olympia X Havaianas

Charlotte Olympia has teamed up with Havaianas to make summer just that bit more glamorous. Choose from three flip-flop styles featuring the much-loved Kitty, Bruce the Leopard and Charlotte's Web. From £40 (havaianas-store.com)





Aldo X Misha Nonoo

Accessory connoisseurs Aldo continues its collaboration with the fashion-forward Misha Nonoo into spring. Think tailored flatforms and eye-catching shoulder bags. From £65 (aldoshoes.com)





Whistles X Buddy

United by their love of dogs, high-street legend Whistles has joined forces with Japanese accessories brand Buddy for a capsule collection of unisex sneakers, bags and wallets, all named after their employees' pooches. From £60 (whistles.co.uk)



WORDS BY NICK SPENSLEY. PHOTOGRAPH BY JASON LLOYD-EVANS



FASHION CUPBOARD CONFIDENTIAL

NICK SPENSLEY ON WHAT'S LANDED THIS MONTH



WHAT
Jacket, £34, Next (next.co.uk)

WE LOVE
The patchwork print.



WHAT
Backpack, £95, Marella (marella.com)

WE LOVE
The cognac colour.



WHAT
Coat, £399, Jaeger (jaeger.co.uk)

WE LOVE
The perfect cut.



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*The NPD Group, Face Applicators, Value and Unit sales for twelve months ending 30th June 2015.
**One sample per customer. Subject to availability while stocks last. Offer ends 30.04.16. • & © Bare Escentuals Beauty, Inc. All rights reserved.



DAISY DIXON
LONDON

DAISY-DIXON.COM



From left, Zawe Ashton and Laura Carmichael; Laura Whitmore and Millie Mackintosh; Stacy Martin; Oliver Cheshire and Pixie Lott

WE LIKE TO PARTY

They came. They drank. They instagrammed. It could only be our annual EE Rising Star #InStyleBAFTA party

Want to throw the party of the year? Step one: gather the hottest Brit acting talent in one room – let's call Gemma Chan, Laura Carmichael, Taron Egerton and Maisie Williams. Step two: sprinkle in a handful of models, add a couple of pop stars (hi, Pixie Lott!) and a supermodel sis – Immy Waterhouse – and put Jude Law's son Raff in charge of the playlist. Step three: location, location – how about new club 100 Wardour St? Step four: throw in a photography studio and snapper of the moment Tung Walsh. Step five: add Gary Lineker (who helped Zawe Ashton tick off a #lifegoal by taking a selfie) and five-time Bafta host Jonathan Ross with his *Kingsman* screenwriter wife Jane Goldman and their daughter Honey Ross (think Britain's answer to Lena Dunham). Step six: end the night with Millie Brady searching for deodorant 'because this party is on fire'. We aim to please, Millie.



Above, Gemma Chan
Right, Portia Freeman
Below, Sai Bennett





Above, Laura Carmichael, Henry Lloyd-Hughes and Olivia Grant
Left, Gary Lineker
Below, Honey Ross, Jonathan Ross and Jane Goldman







Right, Rosemary Ferguson and James Brown
Far right, brothers Finlay Kemp and Rafferty Law



Our favourite looks


KARA ROSE MARSHALL IN UNIQUE21

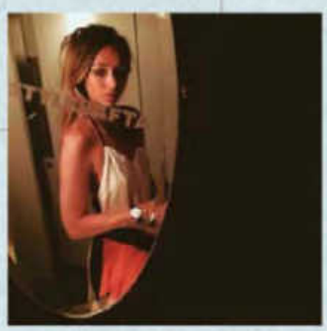

THOMAS BRODIE-SANGSTER IN BURBERRY


MILLIE BRADY IN MIU MIU

@INSTYLEUK







THANK YOU
everyone

We couldn't have hit the dance floor without... Baileys, Tanqueray, Captain Morgan, Smirnoff, Johnnie Walker, Hop House 13 Lager, Freixenet, Piccini Memoro, Bottlegreen and Smith & Sinclair; struck a pose without... King of the Booth; got home without... BMW.



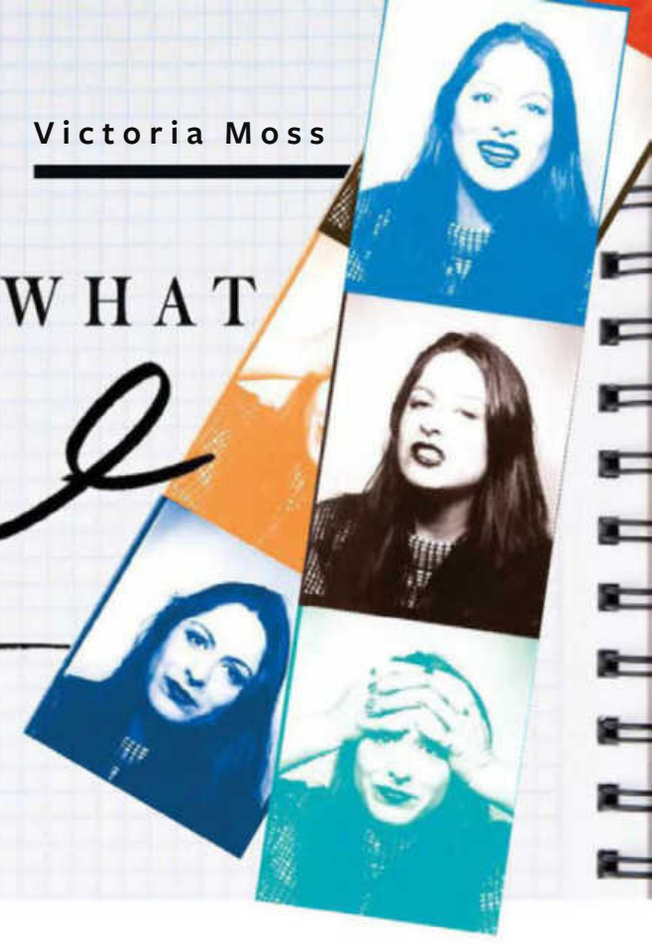


WORDS BY CHLOE MACDONNELL. PHOTOGRAPHS BY DAVE BENETT, SHAUN JAMES COX, INSTAGRAM/CHARLOTTEPAGE87, INSTYLEUK


Jean Paul
GAULTIER
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jeanpaulgaultier.com

Victoria Moss

She WHAT SAID



How do you choose between furnishing a flat and buying a new spring wardrobe? It's a toughie...

A terrible word has been introduced at the 'penthouse' where my husband Charles and I live. That word is budget. We had a wedding, we had a honeymoon, there was a tax bill, and now we're broke. Charles is being very strict on this. 'There will be no more burying your head in the sand,' he said finally, after forcing me to go through every transaction on my account statement. I'm on a daily budget.

I stare wide-eyed out of the window (a mechanism I've invented to try and avert a creased brow, ergo, wrinkles) while I wait for the kettle to boil and toast to toast (in-flat dining now required for all meals). I am brought round by the smell of burning and high-pitched wheezing. I remember that the toaster I've had since Battersea (my first flat post-Mother, a... while ago) only burns toast and the kettle doesn't switch itself off and thus empties in a screaming steaming mess unless you stop it early. Which I did not.

Our beloved attic flat, once so shiny and pretty, is now somewhat dog-eared and in need of TLC. I bring up this point, showing Charles the broken appliances, threadbare sheets and piles of tubes casing all the fabulous prints from every exhibition I've attended for a decade, none of which have made it into a frame or onto a wall. We revisit the budget. He goes to the spare room and starts pulling out garments and accessories that 'I have never seen you wear' (he says). 'This one still has tags on it! From Net A Porter!' (he says). He creates a 'for sale' pile. My lip trembles, and I say that I have less than nothing to wear and there is a new season of things I want to wear, and now what shall I do? A new word is introduced. That word is compromise. So, here goes...

Picture frames Vs **Christopher Kane trainers**

We need eight picture frames. The trainers will cost £300. Charles knows what Christopher Kane means (expensive), so lying won't work once he sees the label. I could weep over how much I want the neon-pink pair. I work out I can have four (Ikea) frames and a new pair of white Nike Air Force 1s to replace my smelly old ones.

Toaster and kettle Vs **wide-leg trousers**

Technically, I already own a pair of wide-leg trousers. They're from Whistles, and have been hanging forlornly waiting to have the hem re-sewn. I can make my mother fix them for free and enjoy a charcoal-free breakfast. Tedious, but true.

'I have less than nothing to wear and there is a new season of things I want to wear, and now what shall I do?'

Bedding Vs **a great dress that will work everywhere**

Something I learnt in The White Company (while pretending I was a banker's wife musing over renovating my Holland Park palace) is that waffle comes at a price. I buy a new sheet in the sale at Zara Home and put the pillowcases on next month's wish list. Now I don't really want to give away this fashion editor's secret but... Finery has a brilliant crop of dresses that are cut to accommodate boobs and a bottom. I select a chic obi belted navy one that will be good on its own or over jeans or wide-leg trousers. Ergo v versatile. And only £65.

An actual wardrobe Vs **entire Gucci look**

My beloved clothing collection resides on two rails and two shelves (accessories/knitwear). I get misty-eyed over built-in cupboards. I also get misty-eyed over Look 36 from the s/s 2016 Gucci show. I call this conundrum an aesthetic impasse.

Pouffe Vs **Mansur Gavriel bag**

I'm in dire need of a giant tote bag for days when a nifty cross-body is not enough. I had one from Topshop – it was fringed, it was dreamy. But I overloaded it, the strap broke and it now sits pitifully in the corner of my room. The black Mansur Gavriel one is £192 more than the Saint Laurent one I really want. Against this outlay is the fact that every time we sit down to watch TV, Charles and I have a foot fight over the rather horrid wooden block from Ikea which I've had since Bristol (University, a... long while ago). He pores over Made.com looking at pouffes with a longing that breaks my heart a little. I feel on this matter, however, we shall both be left unfulfilled.

Victoria Moss is Senior Fashion News and Features Editor at The Telegraph

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*Nielsen full year 2015 value sales

L'ORÉAL
PARIS



WORDS BY HANNAH ROCHELL. PHOTOGRAPH BY SCHOHAJA



INSTYLE ACCESS

Simone Rocha

S/S 2016

WHEN 19 September 2015
WHERE Lancaster House, London
WHY It wasn't just the clothes that had us swooning at Simone Rocha's catwalk show, though the mix of medieval-style frocks with plastic and neoprene in pastel colours was strangely beautiful, particularly in the opulent setting of 19th-century Lancaster House. It was those huge crystal-drop earrings that really caught our eye. They've headed straight to the top of our wish list. Just add a plain sweater, a messy updo and flawless skin #goals.


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& DRY ENDS
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THE CYCLE



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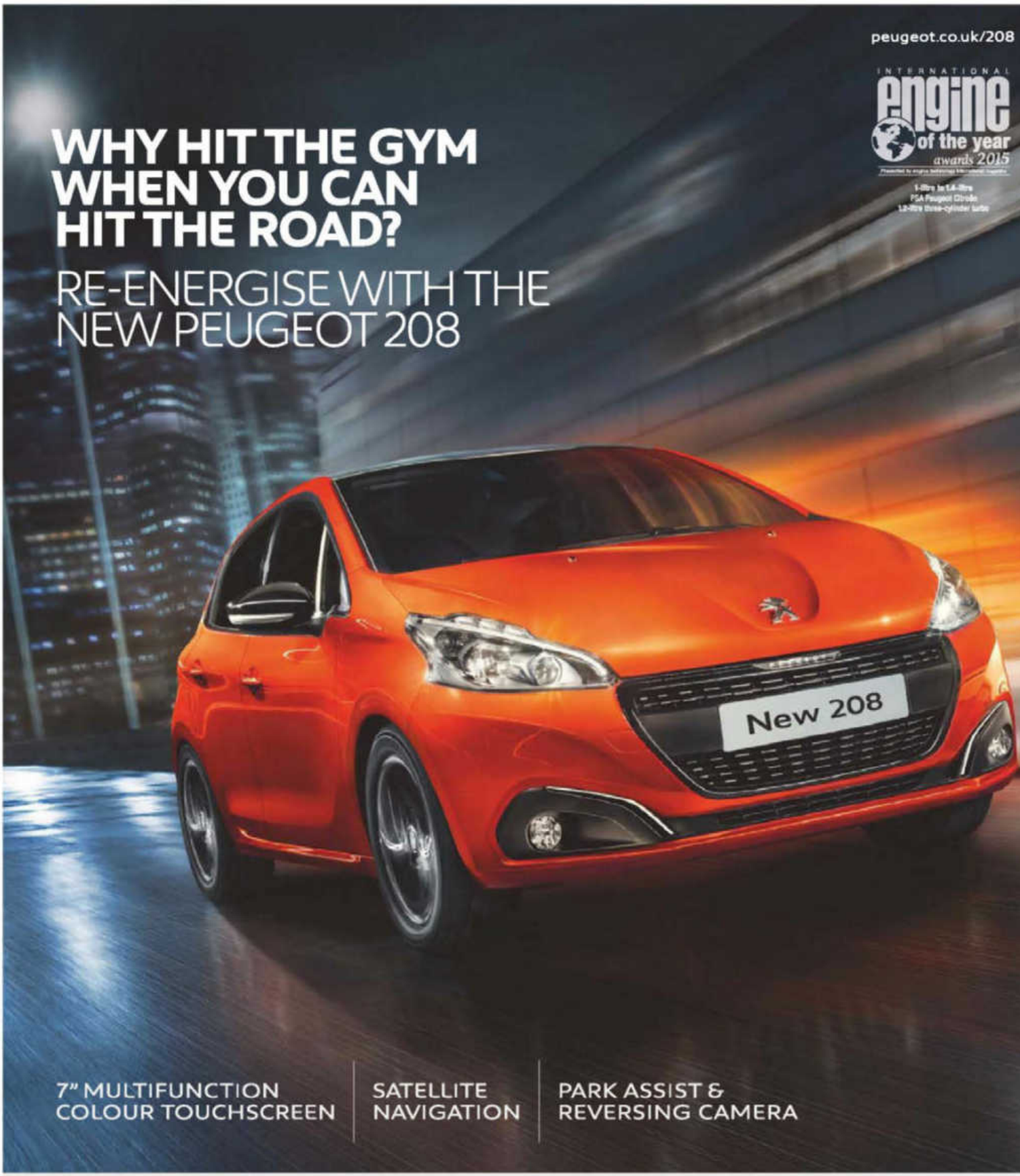
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MPG figures are achieved under official EU test conditions, intended as a guide for comparative purposes only and may not reflect actual on-the-road driving conditions. Model shown is a 208 Hatchback 1.2L PureTech 82 5 door Allure with 16" Titane Glass Black Alloys, with metallic paint, Cielo Panoramic Roof and Menthol White exterior personalisation pack at £16,090. Specification featured in advertisement is model dependent. For full specification and pricing details visit peugeot.co.uk or contact your local Peugeot Dealer. Information correct at time of going to press.

NEW PEUGEOT 208

MOTION & EMOTION

PEUGEOT



the look

British STYLE

These girls have got it. This month we're getting patriotic and celebrating the best-dressed starlets from our shores

EDITED BY

HANNAH ROCHELL







1 Stacy Martin

THE INGÉNUE

The English/French actress spent time growing up in Paris and Japan – that explains her quirky chic signature style, then. She's rarely snapped without a print and/or a prim, high collar.

IN **MIU MIU** THROUGHOUT








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IN **HAIDER ACKERMANN** THROUGHOUT

IN **LANVIN**

2 Tilda Swinton

THE MINIMALIST

She's known for unfussy, monochrome tailoring, and even manages to make a sequin shirt and blazer combo look paired back. Now that's what you call skills in nonchalance.



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IN **TOPSHOP UNIQUE**



IN **VINTAGE**



IN **BALMAIN**

3 Alexa Chung

THE CHAMELEON

We don't know how she does it, but Alexa can wear anything from a floor-length floral gown to simple jeans and Vans and still let her own personal style shine through. We just love her for it.

IN **VALENTINO**



IN **GUCCI**



IN **VANS**



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IN **ULYANA SERGEENKO**

4 Lily James

THE GIRL NEXT DOOR

The actress has already got her red-carpet formula down: stick to ultra-feminine dresses in muted tones to let that killer smile steal the show.



IN **ERDEM**



IN **MARCHESA**



IN **SALONI**

PHOTOGRAPHS BY GETTY IMAGES, REX FEATURES, JASON LLOYD-EVANS, KATIE BAGLEY





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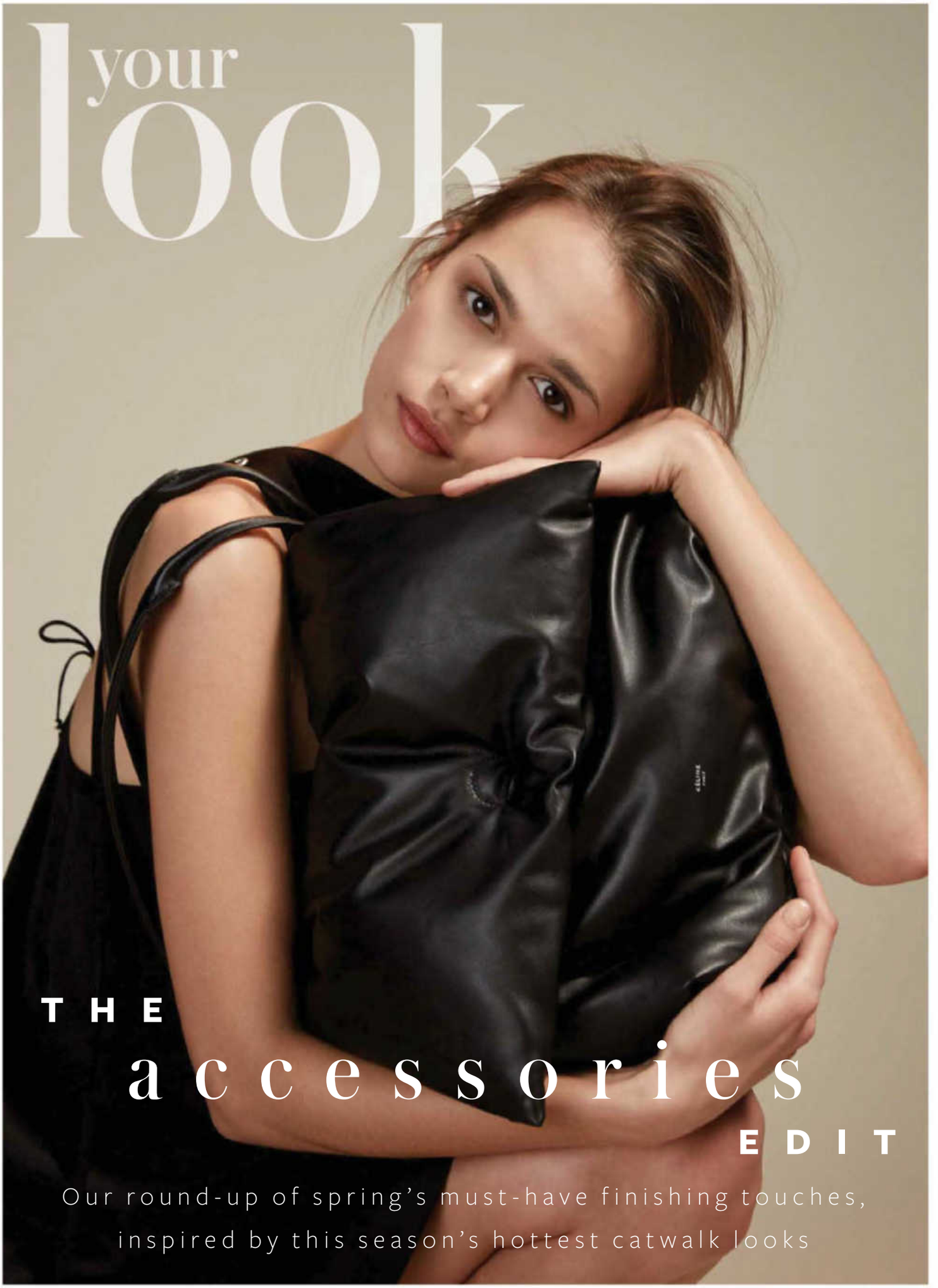
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your look

THE accessories EDIT

Our round-up of spring's must-have finishing touches, inspired by this season's hottest catwalk looks

PHOTOGRAPH BY BENJAMIN MALLECK. DRESS, ABOUT £1,290, AND BAG, AROUND £1,600, BOTH CÉLINE (020 7491 8200)



Blazer, £1,900, and choker, £600, both Dior; earring, £440, Delfina Delettrez (020 7629 5550); scarf, £55, Lisa King (lisakinglondon.com)

STYLING BY **ROBYN KOTZE**

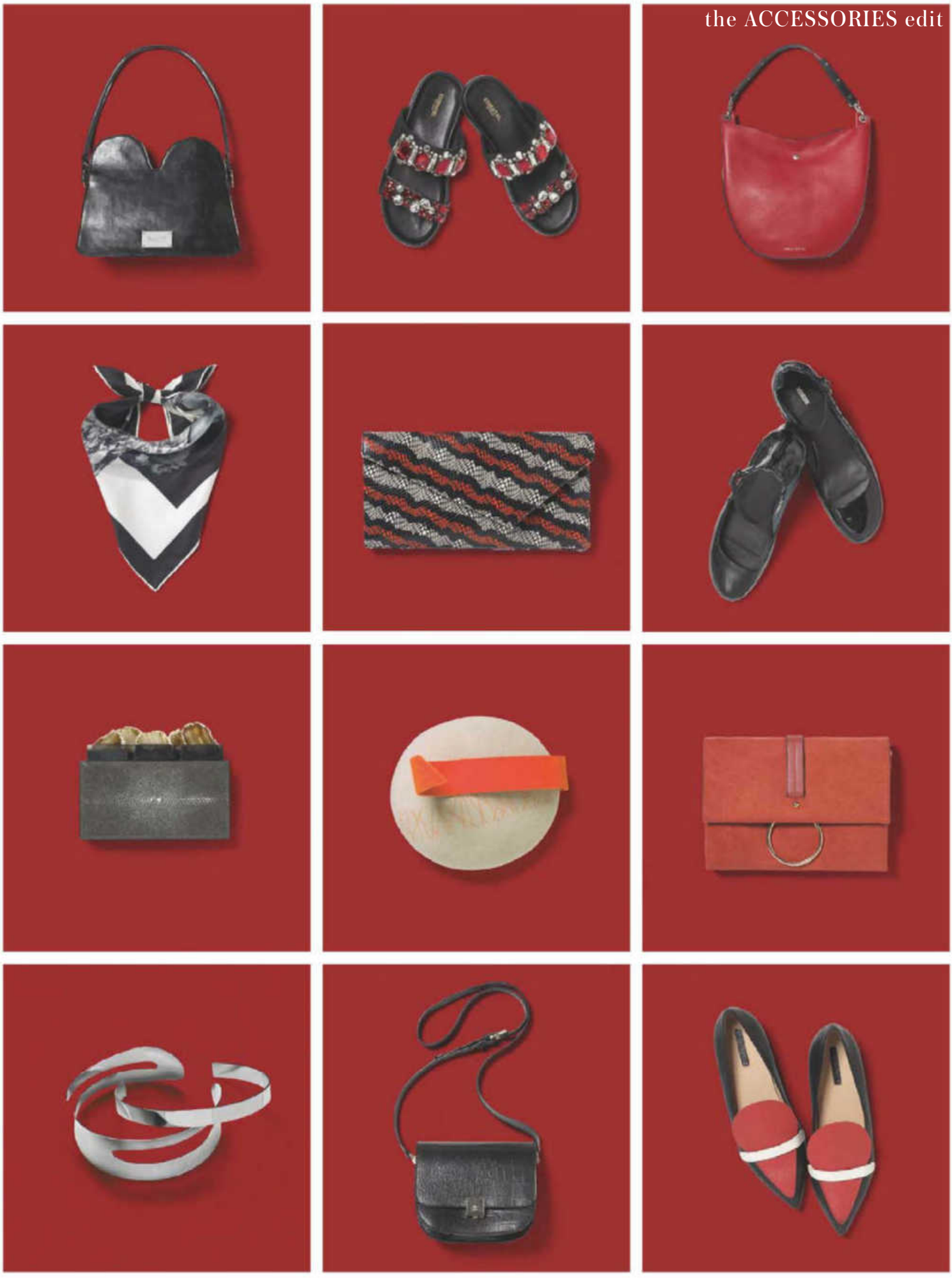
PHOTOGRAPHS BY **BENJAMIN MALLECK**

THE FINISHING LINE

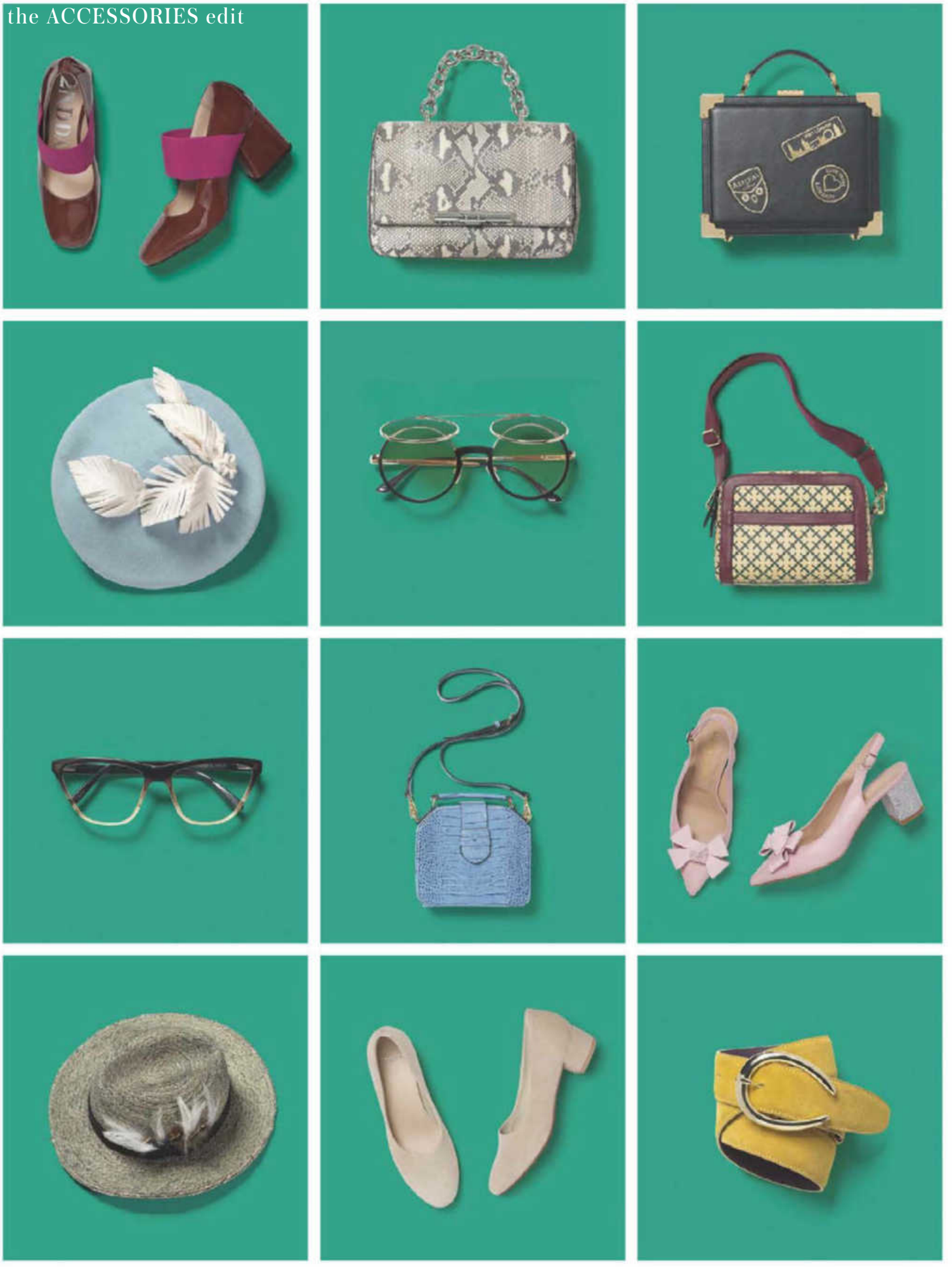
From chunky chokers to fancy flats, here's what to add to your shopping list right now

Dior's feminine tailoring

The only way to wear a blazer this season is with a silky scarf and statement jewels



From top, l-r, bag, £242, Ann-Sofie Back (annsofieback.com); sandals, £135, Essentiel Antwerp (essentiel-antwerp.com); bag, £59, Fiorelli (fiorelli.com); scarf, £14.99, H&M (hm.com); clutch, £195, LK Bennett (lkbennett.com); shoes, £199, Leon Max (maxstudio.co.uk); clutch, £560, Nasha (nasha-accessories.com); hat, £345, Sarah Cant (sarahcant.co.uk), clutch, £35, Very (very.co.uk); plain choker, £245, Jennifer Fisher (net-a-porter.com); cut-out choker, £180, MM6 Maison Margiela (net-a-porter.com); bag, £125, Modalu (modalu.com); shoes, £260, Longchamp (uk.longchamp.com)



From top, l-r, shoes, £260, 2nd Day (2ndday.com); bag, £1,995, Amanda Wakeley (amandawakeley.com); bag, £425, Aspinal Of London (aspinaloflondon.com); hat, £475, Siana Yewdall (sianayewdall.com); glasses, £18, Jeepers Peepers (jeeperspeepers.co.uk); bag, £195, By Malene Birger (bymalene birger.com); glasses, £89, Ace & Tate (aceandtate.co.uk); bag, £95, & Other Stories (stories.com); shoes, £165, Russell & Bromley (russellandbromley.co.uk); hat, £85, Zadig & Voltaire (zadig-et-voltaire.com); shoes, £69.99, Vagabond (vagabond.com); belt, £109.50, Elliot Rhodes (elliotrhodes.com)



Jacket, £2,130, blouse, £595, skirt, £2,270, hat, £230, and bag, £2,270, all Gucci (gucci.com); earring, £906, Stone Paris (stoneparis.com)

Gucci's eccentricity

Mix rich tones of mustard and claret in feathered and floral embellishments

Prada's barcode stripes

Find items with irregular spaced lines and add Perspex finishing touches



Coat, £2,535, dress, £2,100, vest, £690, earrings, £200, and bag, £2,320, all Prada (prada.com)







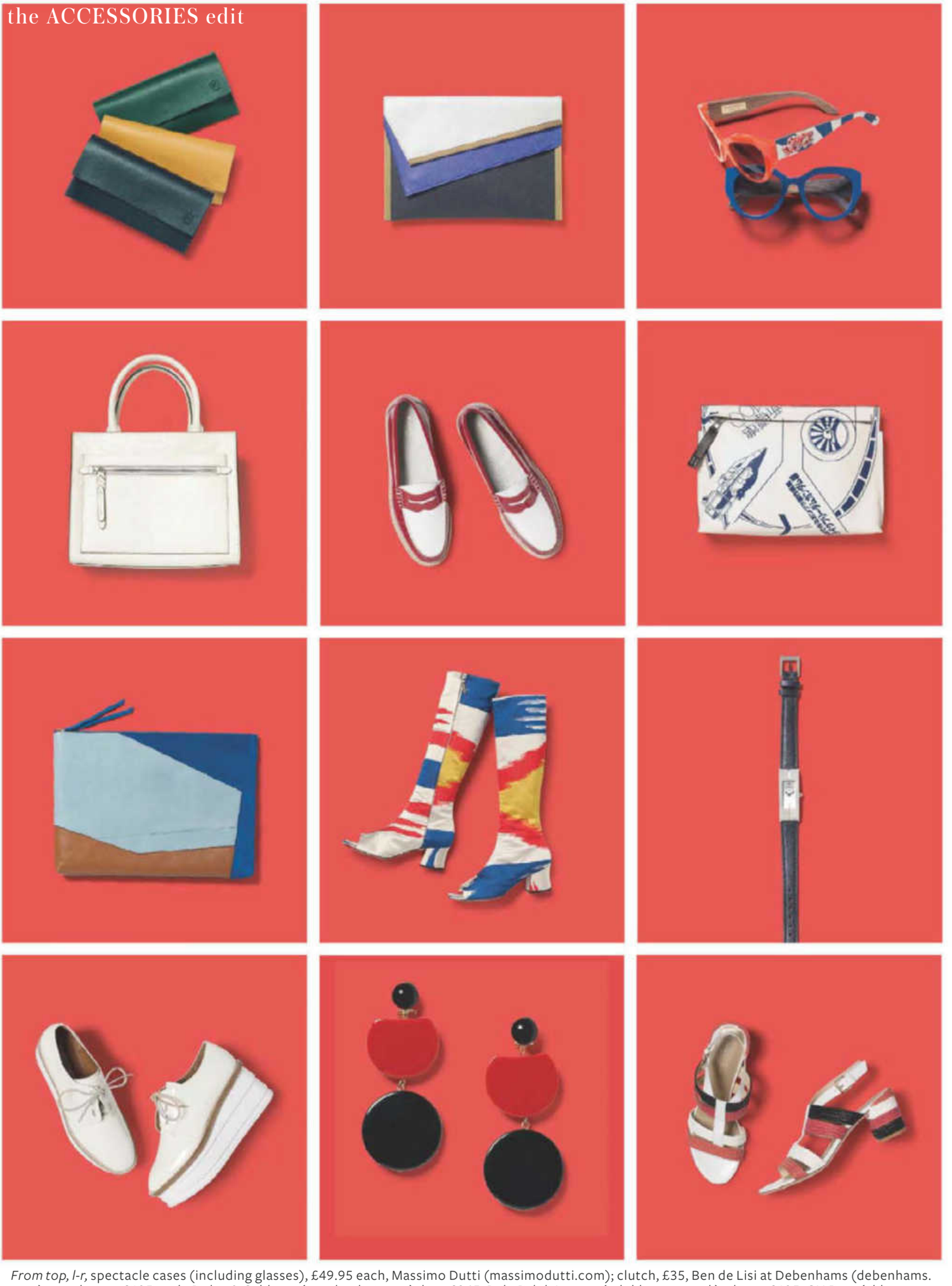







From top, l-r, earrings, £250, Sarah Angold (sarahangold.com); shoes, £400, Casadei (casadei.com); clutch, £227, DVF (dvf.com); shoes, £307, Dorateymur (net-a-porter.com); clutch, £1,350, Edie Parker (edie-parker.com); headband, £137, Benoît Missolin (matchesfashion.com); sunglasses, £200, Karen Walker (karenwalker.com); bag, £230, Kate Spade New York (katespade.co.uk), trainers, £60, Keds X Kate Spade New York (keds.com); shoes, £250, LK Bennett (lkbennett.com); bag, £1,030, Marni (marni.com); shoes, £625, Roksanda X Tabitha Simmons (020 7613 6499)

the ACCESSORIES edit



From top, l-r, spectacle cases (including glasses), £49.95 each, Massimo Dutti (massimodutti.com); clutch, £35, Ben de Lisi at Debenhams (debenhams.com); sunglasses, £125 each, Dolce & Gabbana (sunglasshut.com); bag, £345, Polo Ralph Lauren (ralphlauren.co.uk); shoes, £125, GH Bass (ghbass-eu.com); clutch, £675, Loewe (loewe.com); clutch, £105, & Other Stories (stories.com); boots, from a selection, Dorateymur X Osman (dorateymur.com); watch, £365, Michel Herbelin (michelherbelin.co.uk); shoes, £125, & Other Stories (stories.com); earrings, £95, Rachel Comey (couvertureandthegarbstore.com); sandals, £375, Stuart Weitzman (stuartweitzman.com)



Marni's block party

Make primary colours stand out on a monochrome blank canvas

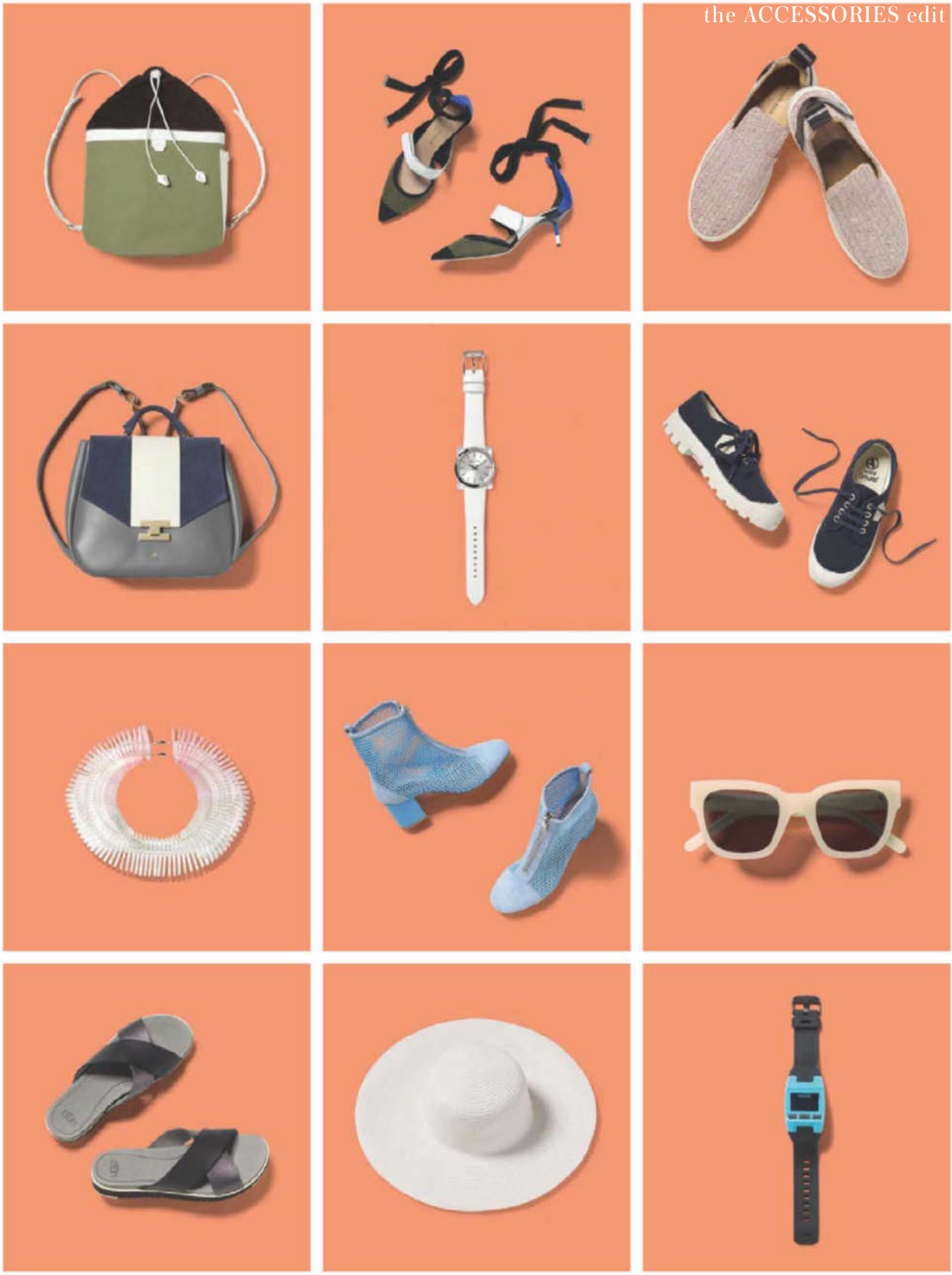
Dress, £910, Ellery (matchesfashion.com); bag, £695, 3.1 Phillip Lim (31phillip lim.com); sandals, £480, Marni (marni.com)



Armani's summer of sport

Pair athletic accessories with floaty fabrics for a classy take on sporty

Top, £790, Victoria Beckham (020 7042 0700); trousers, £770, and hat, £400, both Giorgio Armani (armani.com);



From top, l-r, rucksack, £750, Acne Studios (acnestudios.com); shoes, £295, Kurt Geiger (kurtgeiger.com); trainers, £205, By Malene Birger (bymalenebirger.com); bag, £455, Milli Millu (millimillu.com); watch, £185, MICHAEL Michael Kors (michaelkors.com); shoes, £60, Aigle (aigle.com); necklace, from a selection, Sarah Angold (sarahangold.com); boots, £300, Pinko (pinko.com); sunglasses, £89, Ace & Tate (aceandtate.co.uk); sandals, £100, Ugg (uggaustralia.co.uk); hat, £20, Aldo (aldoshoes.com); watch, £69, Nixon (nixon.com)


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Bag, £1,320, and skirt, £1,880, both Fendi (fendi.com); dress, £660, and shoes, £350, both 3.1 Phillip Lim (31phillip lim.com)

Fendi's fantastical florals

Bold, bright and preferably 3D; add a gardening hat for true horticultural chic



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From top, l-r, boots, £1,255, Mary Katrantzou (marykatrantzou.com); hat, £315, DSquared2 (dsquared2.com); shoes, £264, DVF (dvf.com); bag, £185, Kate Spade New York (katespade.co.uk); bangles, £12.50 for set, Diva at Miss Selfridge (missselfridge.com); clutch, £225, LK Bennett (lkbennett.com); shoes, £40, Schuh (schuh.co.uk); earrings, £98, J Crew (jcrew.com); ring, £7, Avon (avonshop.co.uk); bag, £180, Orla Kiely (orlakiely.com); bag, £515, Sadie Williams (shop.hlorenzo.com); belt, from a selection, Stephen Jones (020 7242 0770); shoes, £485, Tabitha Simmons (matchesfashion.com)

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INSTANT STYLE

Just add clothes...

For those days when you just *have* to wear those new metallic heels. Here's how to dress around your favourite accessories



CARDIGAN
£245, Esk (eskcashmere.com)

TOP
£88, Fig Leaves (figleaves.com)

BAG
£700, Astrae (astraea-paris.com)

JEANS
£995, Paul & Joe (020 3621 3500)

Your MINI BAG

WHY IT WORKS The bi-colour tote adds structure and a pop of colour to easy-breezy ensembles.
TIP Slip into a silky top and fancy flats to elevate your look with minimal fuss.



SANDALS
£59.99, H&M Conscious Exclusive (hm.com)



SUNGLASSES
£89, Ace & Tate (aceandtate.co.uk)

TOP
£49.95, Massimo Dutti (massimodutti.com)

SKIRT
£69, Mint Velvet (mintvelvet.co.uk)

BAG
£189, DVF (dvf.com)

SANDALS
£45, Schuh (schuh.co.uk)



Your HEELED GLADIATORS

WHY THEY WORK Combining these glorious gladiators with flicks of fringing brings new levels of sass to the enduring 70s trend.
TIP Block heels and cropped styles are the ultimate leg lengtheners.

Your OVERSIZED TOTE

WHY IT WORKS A bag so practical, everything *and* the kitchen sink will fit inside. The suede softens the bulkiness, too.
TIP Feminise the look with a flash of floral footwear.

JACKET
£69, M&S
(marksandspencer.com)

BLOUSE
£275, Amanda Wakeley
(amandawakeley.com)

BAG
£250, COS
(cosstores.com)

JEANS
£85, Levi's
(levi.com)

SHOES
£410, Tabitha Simmons
(tabithasimmons.com)



BLOUSE
£165, Claudie Pierlot
(claudiepierlot.com)

CLUTCH
£22, Very
(very.co.uk)

SKIRT
£239, Pinko
(pinko.it)

SANDALS
£525, Sophia Webster
(sophiawebster.com)



Your STRAPPY SANDALS

WHY THEY WORK Thought multiple straps and a bold print weren't wearable? Keep them subdued with a monochrome palette.
TIP Keep your skirt above the knee and let the shoes do the talking.


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Your CROSS-BODY BAG

WHY IT WORKS Flinging a bag across your body will soften the structure of your outfit instantly.
TIP The bag is small but a flash of contrasting colour adds impact.

SUNGLASSES
£255, Prism
(prismlondon.com)

TOP
£199, Sandro
(uk.sandro-paris.com)

BAG
£525, Holly Fulton
(fortnumandmason.com)

SKIRT
£320, Macgraw
(avenue32.com)

SLIDES
£300, Giuseppe Zanotti
(giuseppezanottidesign.com)

SCARF
£15.99, Mango
(mango.com)

BLOUSE
£175, Won Hundred
(wonhundred.com)

BELT
£87.50, Elliot Rhodes
(elliotrhodes.com)

BAG
£150, Timberland
(timberlandonline.co.uk)

JEANS
£78, Second Female
(secondfemale.com)

SHOES
£280, Amélie Pichard
(ameliepichard.com)

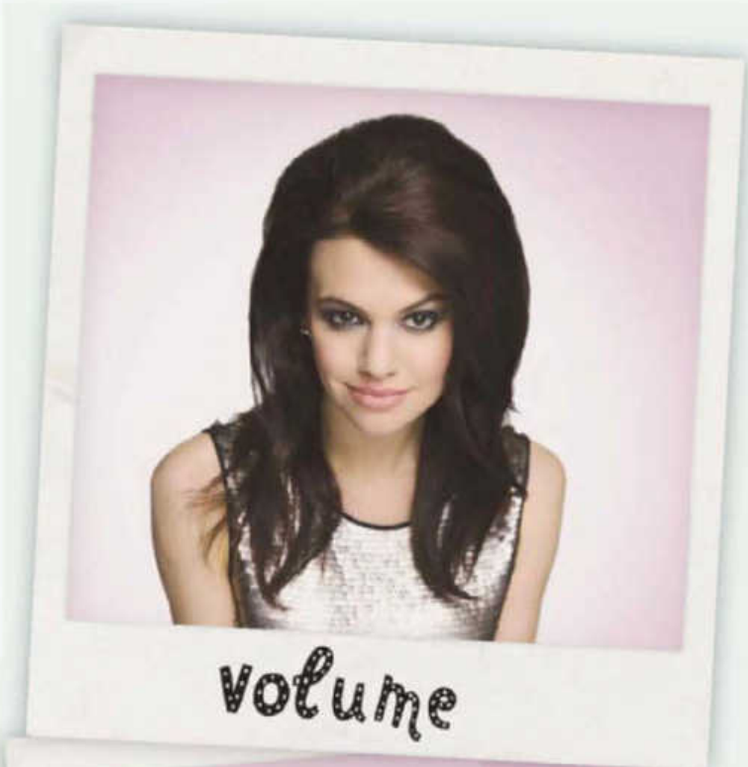
Your METALLIC SHOES

WHY THEY WORK Who doesn't love a comfy party shoe? Metallic mules ensure you are never short of razzle or dazzle, day or night.
TIP Finish with flare – a cropped trouser.



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NECKLACE
£103, Nikki Lissoni
(nikki-lissoni.co.uk)

SUNGLASSES
£250, Wes Gordon X
Silhouette
(silhouette.com)

SHIRT
£109, Baujken
(baujken.com)

SHORTS
£78, Co/te
(co-te.com)

BAG
£295, LK Bennett
(lkbennett.com)

SANDALS
£360, Robert
Clergerie (020
8127 6580)

Your SUMMER BROGUES

WHY THEY WORK A cut-out update gives the conservative brogue a new dimension. Team with shorts for a city sightseeing trip.
TIP Contrasting your stripes will put an extra spring in your step.

Your WORK BAG

WHY IT WORKS A block colour bag means less boredom in the boardroom.
TIP Set the tone with a coordinating palette and contrasting courts.

SWEATER
£140, Carven
(020 7225 7110)

BAG
£230, Kurt Geiger
(kurtgeiger.com)

TROUSERS
£35, Next
(next.co.uk)

SHOES
£530, Aquazzura
(020 3828 0433)

WORDS AND STYLING BY ROBYN KOTZE. STILL LIFES BY PIXELEYES



COMPILED BY HANNAH LEWIS PHOTOGRAPHS BY JASON LLOYD-EVANS. STILL LIFES BY 3 OBJECTIVES PHOTOGRAPHY


maje
PARIS

#LUSTLIST

MISMATCH EARRINGS

Forget perfect pairs – it's all about opposites attract as ear candy goes eclectic

BALENCIAGA

TOPSHOP UNIQUE

TOPSHOP UNIQUE

BALMAIN

LOEWE

Match with

Match with

STYLING BY EMMA HARGADON. PHOTOGRAPHS BY JASON LLOYD-EVANS

1. *Left*, £15, Nikki Lissoni (nikkilissoni.com); *right*, £90, Pandora (pandora.net) **2.** *Left*, £4,830, Cartier (cartier.co.uk); *right*, £350, Aurélie Bidermann (matchesfashion.com) **3.** *Left*, £79, Sif Jakobs (sifjakobs.com); *right*, £1,050, Ileana Makri (020 7518 0680) **4.** *Left*, £1,100; *right*, £2,160, both Stone Paris (stoneparis.com) **5.** *Left*, £69, Swarovski (swarovski.com); *right*, £30, Folli Follie (follifollie.co.uk) **6.** *Left*, £300, Marni (marni.com); *right*, £80, Thomas Sabo (thomassabo.com) **7.** *Left*, about £593, Sophie Bille Brahe (020 7518 0680); *right*, £272, Trollbeads (trollbeads.com) **8.** *Top*, £199, Mociun (couvertureandthegarbstore.com); *bottom*, £120, Gemporia (gemporia.com) **9.** *Top*, £155, Phoebe Coleman (phoebecoleman.com); *bottom*, £175, Ernest Jones (ernestjones.com) **10.** *Left*, £3,900, Noor Fares (020 7518 0680); *right*, £630 each, Alexia Jordan (alexiajordanjewellery.com)



JAEGER

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A plastic cable tie

SEEN AT: CHRISTOPHER KANE A humble cable tie makes a great necklace/hair bobble/bracelet. Make sure it's adjustable to avoid getting stuck.



A long satin ribbon

SEEN AT: ALTEWAISAOME The easiest way to update your look. Simply pair with long, loose silks.

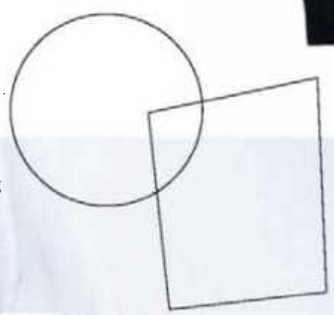
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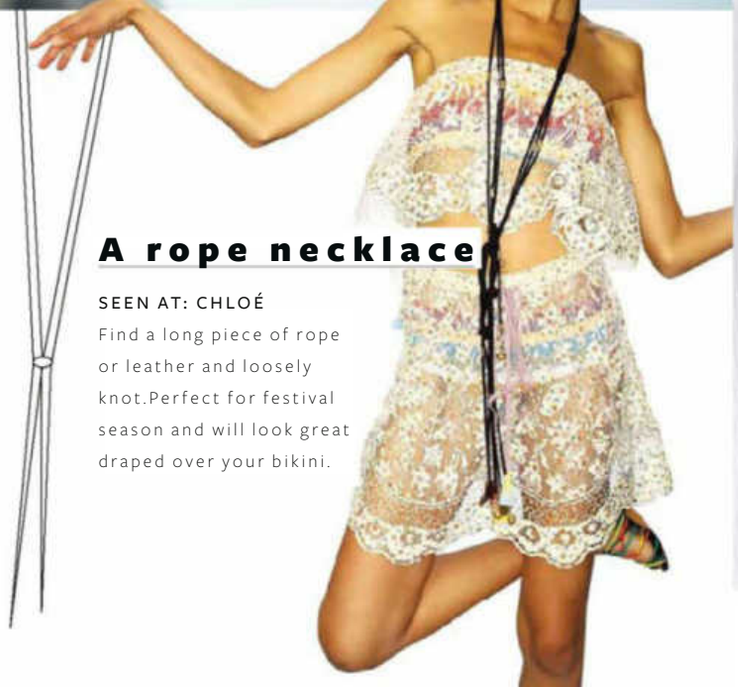


A choker and scarf

SEEN AT: DIOR Look for a delicate scarf and large, flat jewels for a sleek finish.



SEEN AT: KENZO Not a BUM bag, people, a BELT bag. Big difference. More chic, boxy, and small, meaning you can wear more than one at once.



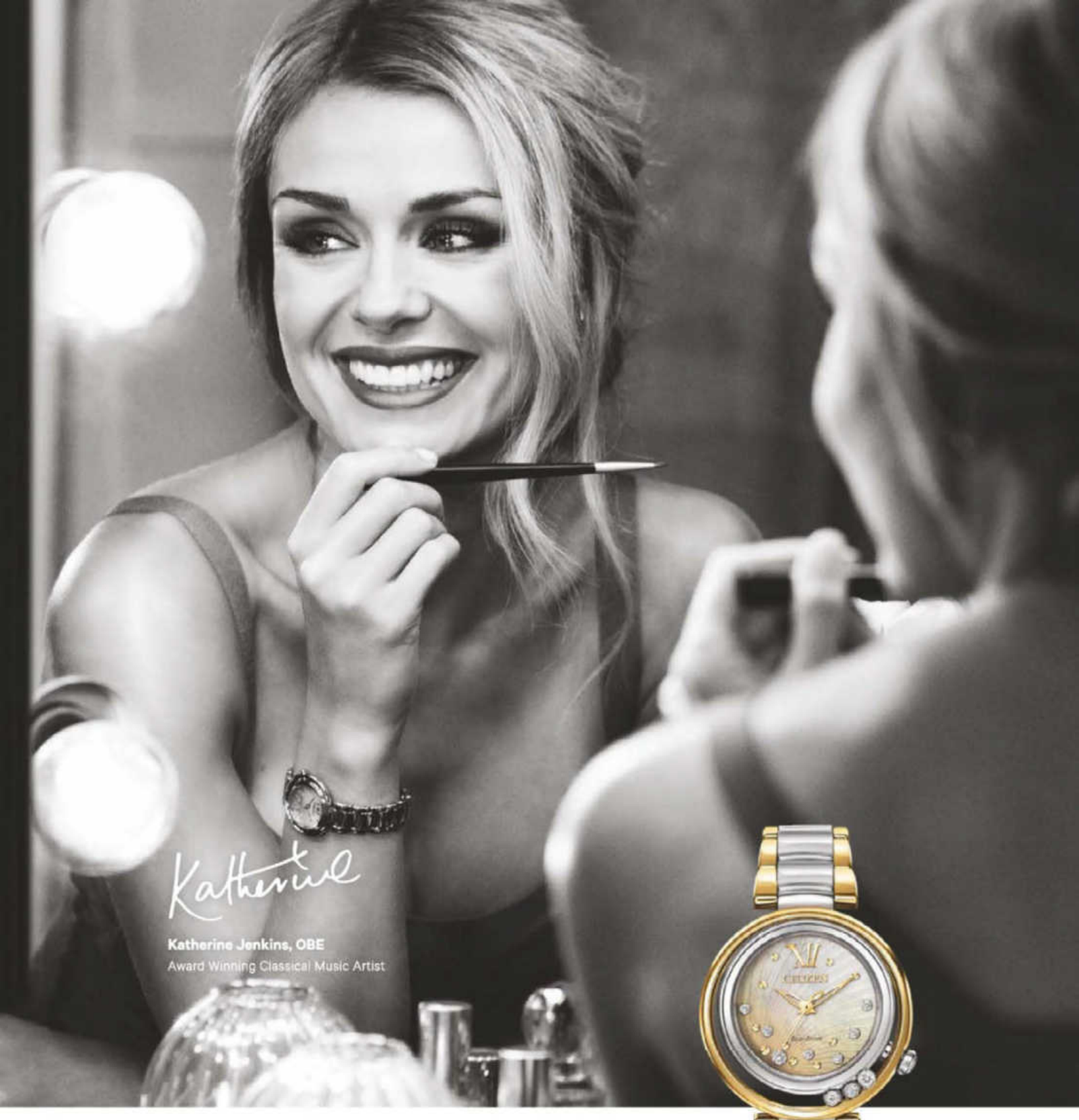
A rope necklace

SEEN AT: CHLOÉ Find a long piece of rope or leather and loosely knot.Perfect for festival season and will look great draped over your bikini.

A belt bag



STYLING BY ROBYN KOTZE. WORDS BY HANNAH ROCHELL. PHOTOGRAPHS BY GETTY IMAGES, SONNY VANDEVELDE, GREG KESSLER, SCHOHAJA



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PHOTOGRAPH BY JASON LLOYD-EVANS. STILL LIFE BY PIXELEYES. THE WELCOME GIFT IS AVAILABLE FOR THE FIRST 250 SUBSCRIBERS ONLY AND IS SUBJECT TO AVAILABILITY

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PHOTOGRAPH BY JASPER ABELS. DRESS, £4,995, AND CABLE TIES, £20 (FOR A PACK OF THREE), CHRISTOPHER KANE (CHRISTOPHERKANE.COM); NOSE STUD, MAISIE'S OWN

Maisie Williams talks Hollywood, cyber bullying and boys; a fresh take on florals with Clémence Poésy; we meet the power duo behind Preen; plus the hottest Brit actors

FLYING HIGH



PHOTOGRAPHS BY **JASPER ABELS** STYLING BY **ARABELLA GREENHILL**

Maisie Williams, star of our Brit collections shoot, talks trolls, Hollywood fakes and drinking games. Don't mess



Alexander McQueen

Dress, £3,195 (020 7355 0088). Earring, £225, Phoebe Coleman (phoebecoleman.com)



Preen by Thornton Bregazzi

Dress, £1,517 (harveynichols.com). Earring, £149, Susan Caplan (susancaplan.co.uk)

Gareth Pugh

Jacket and trousers, from a selection (selfridges.com)





Simone Rocha

Dress, £1,350 (020 7629 6317). Earring, £310,
JW Anderson (j-w-anderson.com)





JW Anderson

Top, and trousers, both from a selection, and earring, *left*, £310 (j-w-anderson.com). Earring, *right*, £149, Susan Caplan (susancaplan.co.uk)



Victoria Beckham

Top and shirt, both from a selection (victoriabeckham.com). Earring, £310, JW Anderson (j-w-anderson.com)



WORDS BY LAURA CRAIK

Stella McCartney

Top, £725, and skirt, £650 (stellamccartney.com). Sandals, £675, Jimmy Choo (jimmychoo.com); earring, £385, Susan Caplan (susancaplan.co.uk)

And so to Bath to interview Maisie Williams at home – the best sort of interview, because it's quiet, the subject is relaxed and you get a better sense of someone than you can in any cafe. I turn up expectantly at her house, excited about what sort of mugs she'll have (Cath Kidston? Ironic *Game Of Thrones*?) but, alas, she greets me at the door, pulls on a Barbour and takes me to a cafe. Who can blame her? I wouldn't want some journalist decoding my crockery either.

Once settled with our teas, I get the fashion questions out of the way first. No offence to the industry, but it's the least pressing thing I want to know about the outspoken star of the most downloaded TV show in history. So. Does she ever feel pressured to wear stuff she doesn't want to? 'I feel like I've always had a good sense of what I've wanted to look like. I've never wanted to look older. I've never wanted to wear revealing dresses. I don't have it, so I don't want to flaunt it,' she laughs, glancing ruefully down at her chest in its Topshop corduroy dungarees.

For those who have never seen *Game Of Thrones*, Williams plays the top badass in a phalanx of strong female badasses – the hard-as-nails Arya Stark, a sword-wielding, vengeful heroine whose kill list grows longer every season. She was cast as Arya aged 12, yet still mustered the intensity of emotions required to play her convincingly. Where did all the anger come from? 'Actually, I've never said this in an interview before but yeah, I have a temper. And I hate it! But that's what worked with [playing] Arya. I know what it's like to be really mad!'

The writer and producer Steven Moffat, who cast her in *Dr Who*, has said Williams has 'a very young-old quality'. Does she hear that a lot? 'Yeah, I guess so. People always say "really wise", but that scares me, because then I sometimes do things like this...' She holds out her hands. 'I've got "Fuck" written on my fingers because I did drinking games with my friends last night. There's nothing wise about me! Sometimes I'm like, "You've got so many people fooled!"'

Williams has the requisite self-assurance of the child actor who, having worked closely with adults, has acquired a maturity beyond her years. What's all the more surprising is that she never planned to be an actor: she wanted to be a dancer. The *Game Of Thrones* audition was only the second she had ever done: she landed Arya despite no formal training. Her mother and stepfather (who live near Bristol, her mother is one of her closest confidantes) were 'great about it – they didn't force it, but were really encouraging, and my mum helped with all the early morning starts. I struggled with the hours when I was young. It was an adult show. I had to fit into a much bigger wheel,' she says of filming. 'But being 12, I didn't find any of that daunting at all. The naivety of it... I look at all the conversations I used to strike up with actors like Sean [Bean] and people on set, and I think, "How did I used to do that?" I wasn't fazed by anything at all. And I do want to grasp some of that back, because I have lost a bit of it. In this industry, it's easy to lose your confidence.' For all her success, Williams is beset with the same self-doubt as any 18-year-old, with a sensitivity that all good actors possess. 'Thinking is a great pastime of mine,' she says mock-grandly. 'I love lots of things going on inside my head when I'm sat in a room full of people. Sometimes I think people think I'm a bit rude, because I just sit quietly.'

One of the hardest parts of being an actress must be the need to be perky and grateful at all times, I suggest. 'I always used to say and do the right thing,' she agrees. 'But as I got older and formed my own opinions, I said things wrong [sic] and got in trouble. After going through all of that, I've come to the conclusion that I'm never going to please everyone and so I should just be happy. You know, selfishly, that's really all that matters. I'm not going to go out of my way to upset people, but if someone asks an honest question I'll give them my honest answer. So I've come back to that point where I don't want to do the tits and teeth, but I also don't want to be angry and mean about everything. I'll just be somewhere in the middle where I can be myself.' God, I say, but it's much harder being a female actor. Male actors aren't sitting going, 'Oh, shall I be tits and teeth, emo goth or just myself today?' Williams peals with ▷



Erdem

Jacket, £6,160, and dress, £2,170 (020 3653 0360).
Earring, £149, Susan Caplan (susancaplan.co.uk)

laughter. 'Yeah! With women there's so much speculation, like, "Oh, she must be trying to be like this." With men, it's, "Oh, that's who he is." No one is trying to trip you up when you're a man – well, not always.' It must be weird, sitting around waiting to be tripped up. 'It sounds so tragic but you just want to... you don't want to upset people. And you don't want to be hated. Who wants to be hated?'

Does she have a method for dealing with fans approaching her at irritating times? 'No. Well, my friends do, if we're on a night out. If they're quite pissed, it's funny. They're like, "It's not her!" And I'm in this awkward position, since it is me. And I don't want to upset anyone. But like I said, sometimes I'm really quiet. And so I'm stood with a fan and it's like, silence. Sometimes they walk away and I just think, god, they're really disappointed.' Do they always ask her the same *Game Of Thrones* questions? 'Yeah,' she says. '"Is Jon Snow alive?" What about Arya's storyline? Very insulting,' she jokes. 'There's so many other amazing things going on – who cares about Jon Snow?'

Had she remained a schoolgirl in her native Bristol, you sense that she would still be the firebrand that she is now, at 18. The mud-caked pelts are missing, but Williams' spark and spirit are pure Arya. There aren't many young actors who, asked whether Hollywood is as evil as people say, would reply: 'It's not evil, it's just totally fake. And if you're into making fake friends for a night and having a great time, then that's cool. Lots of people know it's all bullshit, so they just go and have that night where they're having fun with everyone and chilling. No one actually likes each other, but everyone's having a great time. So if you want to play that part, you can. I don't have any desire to pretend to be someone's friend for the night. It just bores me. It bores me so much.'

It's an outlook that has greatly informed her choice of projects. 'I don't want to just do studio films, because some of the scripts are really bad.' You've played such strong, complex female roles, I say. 'But aren't we all really quite strange and complex in real life?' Of course. But that doesn't mean there's an abundance of female parts written to reflect that. I tell her how many decades of films featuring one-dimensional female characters I've endured. She laughs. 'I never realised that until I read more scripts and had more auditions. Most of the time, it is a bit pants,' she agrees.

Films such as 2015's *The Falling* (directed by Carol Morley) were chosen because the part appealed, rather than for commercial reasons. Williams also starred in the TV docu-thriller *Cyberbully* purely because it's a subject that's close to her heart. 'I'm so pro internet and also pro technology. We need to find a solution [to online bullying] that doesn't mean taking away all the things that make the younger generation the younger generation. This is who we are. This is what we're going to take forward with us. I don't think the answer is to take that away. It's about finding a solution online. There are so many things already – you can mute, report and block abuse you experience online. It's just about making them more effective. For all the sweaty geeks in the office trying to get Facebook back up and running when it goes down, there should be an equal number of people replying to the support section and getting that bit sorted as well.'

How does she deal with trolls? Does she answer back? 'I have done. In 2016 I'm done with that.' She affects a cockney accent. 'Got all these projects that I gotta get on with. Can't be dealing with trolls!' She also has her own YouTube channel. 'It's great fun. And it's the sort of thing I would've done if I wasn't famous. It's not for any gain or for more publicity.' A lot of people are baffled by YouTube, I suggest, and by the power wielded by some of its stars. 'For sure. And instead of embracing it, so many people are nasty about YouTube stars. They're like, "Eeew,



that's not real famous." So, what is real famous? It's ridiculous. You can be as nasty as you like about technology, about the younger generation, but it's not going to stop. So often we idolise people we don't have a clue about. Whereas if you sit on the computer and tell everyone about your whole life, they're like "OMG – you're really cool." There are no secrets. When someone is totally honest to a camera and you sit there and watch it, it's a new kind of fame.'

I have been asked by the PR for *Game Of Thrones* to avoid questions about her personal life. 'I want to be a bit more of a mystery,' she says, sensibly. 'It's exhausting, telling everyone everything. Because then they've got so much to use against you! I don't owe anyone anything – this is my life – and I've chosen to be an actor but that doesn't mean you can exploit my personal life.'

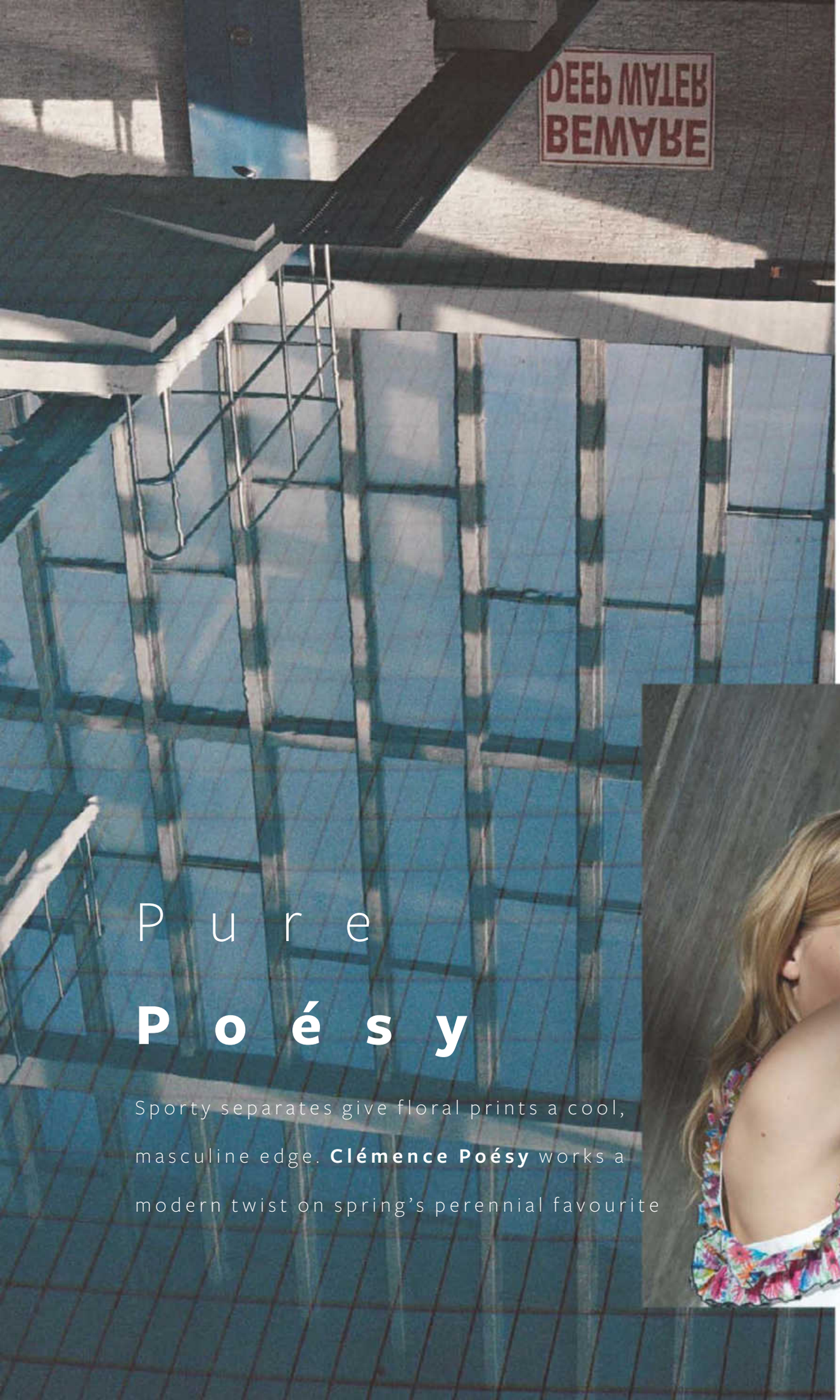
I point out that in one of her YouTube videos, she asks herself whether she has a boyfriend ('Yes'). So can I ask, too? 'Uh, no, well... I can speak about him a bit,' she says, her articulacy deserting her for the first time. 'We've been together for over a year. I guess you could say things are getting pretty serious,' she says in a silly voice. 'He's not famous. I met him at school. And now he's my boyfriend!' She giggles. 'People feel it's strange that someone who's famous can go out with someone who's normal. I don't meet anyone else. Maybe I'm doing it wrong, but I don't go to all these parties. I don't meet the other young, male actors.' She pauses. 'I just like normal people, I guess.' Maisie Williams: a normal girl with a normal boyfriend. Whatever the future holds, she's smart enough to handle it. □

Game Of Thrones *season six premieres 9pm on 25 April exclusively on Sky Atlantic. Watch live or catch-up on Sky and NOW TV*

HAIR BY KOTA SUIZU AT CAREN USING ORIBE. MAKE-UP BY MARY WILES AT CAREN USING CHANEL S 2016 AND LA SOLUTION 10. NAILS BY LUCY TUCKER AT ONE REPRESENTS USING DIOR VERNIS SPRING LOOK AND CAPTURE TOTALE NURTURING HAND REPAIR CREAM. FASHION ASSISTANT: HANNAH LEWIS. PHOTOGRAPHER'S ASSISTANT: MATHIAS RIBE. DIGITAL OPERATOR: ALEX BERGER. SET DESIGN: WILLIAM FARR. FEATURING MAGGEE THE HOODED VULTURE, OREO THE SPECTACLED OWL, STELLA THE HARRIS HAWK, ARTHUR THE EUROPEAN EAGLE OWL AND ALFIE THE BARN OWL, ALL COURTESY OF THE HAWKING CENTRE (THEHAWKINGCENTRE.CO.UK). WITH THANKS TO SPRING STUDIOS



This page, dress, £1,950, Giorgio Armani (armani.com); belt, £70, Mother Of Pearl (motherofpearl.co.uk) *Opposite page*, top, £2,300, Chanel (chanel.com)



Pure Poésy

Sporty separates give floral prints a cool, masculine edge. **Clémence Poésy** works a modern twist on spring's perennial favourite





This page, coat, £2,415, Moncler (moncler.com); swimsuit, £26, Speedo (speedostore.co.uk)
Opposite page, top, £245, Joseph (joseph-fashion.com); tracksuit bottoms, about £652, Versace (versace.com)

ALINA ASMUS


DIVING POOL DEPTH
4.87m



ALINA ASMUS

Opposite page, top, £1,125, and skirt, £2,115, both Chloé (chloe.com)
This page, blazer and trousers, from a selection, both Gucci (gucci.com)





This page, top, £470, and skirt, £1,390, both Erdem (erdem.com); jacket, *around waist*, from a selection, Adidas
Opposite page, jacket, £835, Bottega Veneta (bottega veneta.com); dress, £595, Coach (uk.coach.com)

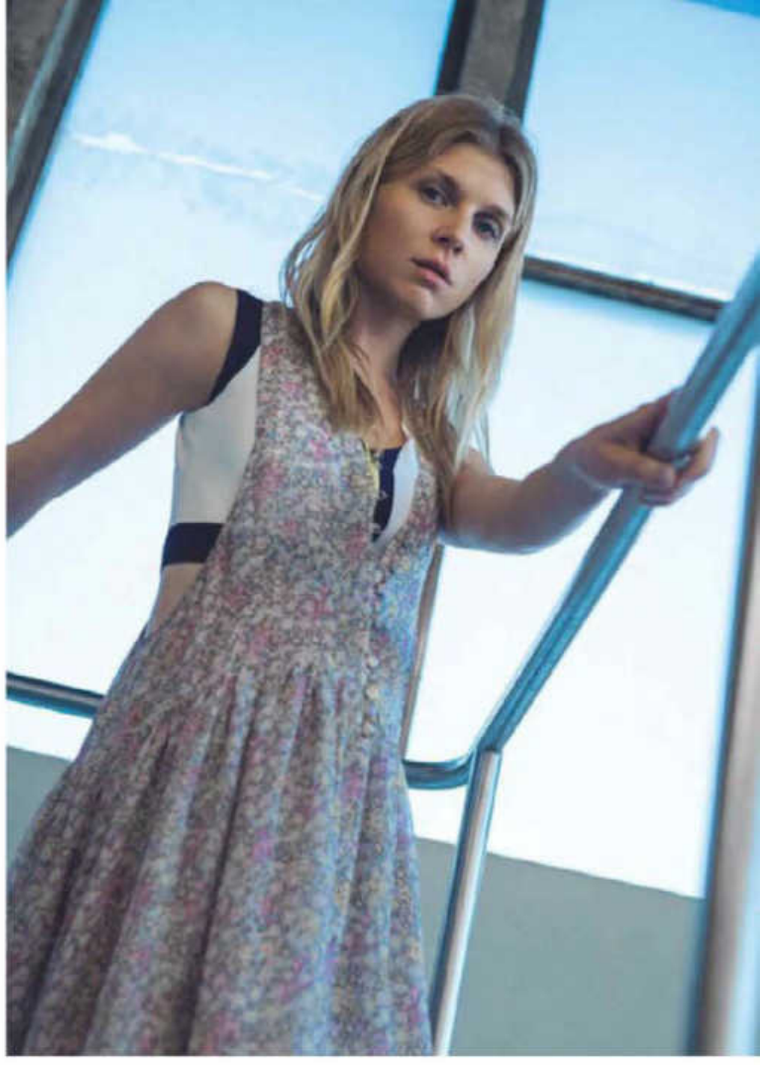


ALINA ASMUS



This page, top, £294, Marques'Almeida (matches fashion.com); tracksuit bottoms, £20, Adidas (rokit.co.uk)
Opposite page, dress, £645, Philosophy di Lorenzo Serafini (philosophyofficial.com); top, £95, Laain (fashercise.com)

WORDS BY CHLOE MAC DONNELL



'I felt very embarrassed being in the pool with those kids doing amazing dives, while I just stood there in a flowery dress,' Clémence Poésy reveals as she pops a mint into her mouth. 'They were probably wondering what the f*** I was doing there!' We're in a car post-*InStyle* shoot, leaving a sports centre in south London's Crystal Palace for Hackney in east London, where the French actress and Lagerfeld muse calls home. She's ill with a cold and is bundled up in the back seat in a Christophe Lemaire tweed coat, teamed with an Acne jumper and jeans. 'Actually, most of my wardrobe is Acne,' she admits. We're stuck in rush-hour traffic, and if it hadn't been for me suggesting we chat en route, I get the feeling Clémence would have jumped on the tube home – which is pretty radical for someone who's appeared in *Harry Potter, In Bruges* and 2012's cult TV drama *Birdsong*, alongside Eddie Redmayne. Despite all this, Clémence says she only gets recognised occasionally in London, but the return of *The Tunnel* – an Anglo/French adaption of the Nordic noir *The Bridge* – might well put an end to her anonymity when she's topping up her travel card.

You grew up without a TV. Were you an arty family?

'My parents took me and my sister to watch lots of films, and to the theatre. At some point they caved in and got something that could play tapes and films, and pretended that the TV part didn't work. We bought it until we caught my dad watching tennis.'

Did you and your sister put on plays?

'We'd start big stories, but it was just between us – they weren't for anyone else to see. They'd last for hours, sometimes days, and we'd invent them as movies. We never filmed them, but we even did credits at the beginning.'

When did you realise you could make a career out of it?

'Well, my dad did theatre, so I always knew it was a thing. Growing up, I wanted to do costumes or drawing. Then, during the school holidays I started doing little parts. I didn't think of it as a job until it became one.'

Have you experienced *Harry Potter* fan mania?

'Once there were some sweet boys waiting outside a theatre wearing Hogwarts costumes. Because my part was so small, I never knew it was going to make such a difference in my life. I remember I had to choose between going to the equivalent of RADA in France and doing *Harry Potter*. At the time I thought it was going to be a really small thing, but I'm still asked about it in every interview I do as the scale of it is so big.'

And now you're playing Kate in a film called *The Ones Below*. She seems like a bit of a loner...

'I think she is incredibly lonely. Kate watches people more than she does things; she observes life more than she experiences it. So it was an interesting character to approach.'

Do you enjoy red-carpet events?

'There's a fun element to it. I've been doing it for a while so I have relationships with some designers, which I treasure as they've become friends. Well, not friends, that's a big word. I love Erdem – he's lovely. And I like what Clare Waight Keller does at Chloé. I don't have a stylist; it's fun to do it on your own. If you make mistakes at least they're yours!'

Tell us some French beauty secrets...

'There's a really good product called Collosol. You can use it on everything, even babies' bottoms. It cleans your skin, but you don't need to wash it off.'

You're on Instagram and Twitter, but we're yet to see a #selfie?

'Selfies will kill us. I really didn't want to join, but there was a fake account that people started believing was mine. I only post covers of books, posters for films and sometimes music. I try not to use it as a tool for endless self-promotion. I think it's going to change our brains, but not for the better. That kind of self-centred thing – how did we go from people inviting us round to show us their holiday albums, and thinking that was the most boring way to spend an evening, to this?'

You play a detective called Elise in *The Tunnel*. Are you into the crime genre?

'Not really. I was always more interested in telling the story of the friendship between my character and Karl [played by Stephen Dillane]. I think it's quite rare that you get to watch a man and woman working together and not falling in love or ending up in bed together.'

The sex scenes in *Birdsong* got a lot of attention. Are you comfortable with on-screen nudity?

'It depends on the film and the story you're trying to tell. You can be comfortable one day and then not the next. Or comfortable with what it brings to one film and not entirely convinced what it could bring to another one.'

The Ones Below *is out on 11 March and* The Tunnel: Sabotage *starts 5 April on Sky Atlantic.*

HAIR BY KOTA SUIZU AT CAREN USING ORIBE. MAKE-UP BY CELIA BURTON AT CLM HAIR AND MAKE-UP USING CHANEL SS16 AND NO. 5 BODY EXCELLENCE. NAILS BY REBECCA JADE WILSON AT JED ROOT USING CHANEL SS16 AND BODY EXCELLENCE HAND CREAM . FASHION ASSISTANT: HANNAH LEWIS . PHOTOGRAPHER'S ASSISTANTS: MATHIAS RIBE, JESSICA SEGAL. WITH THANKS TO CRYSTAL PALACE NATIONAL SPORTS CENTRE AND CRYSTAL PALACE DIVING



Designer Q&A

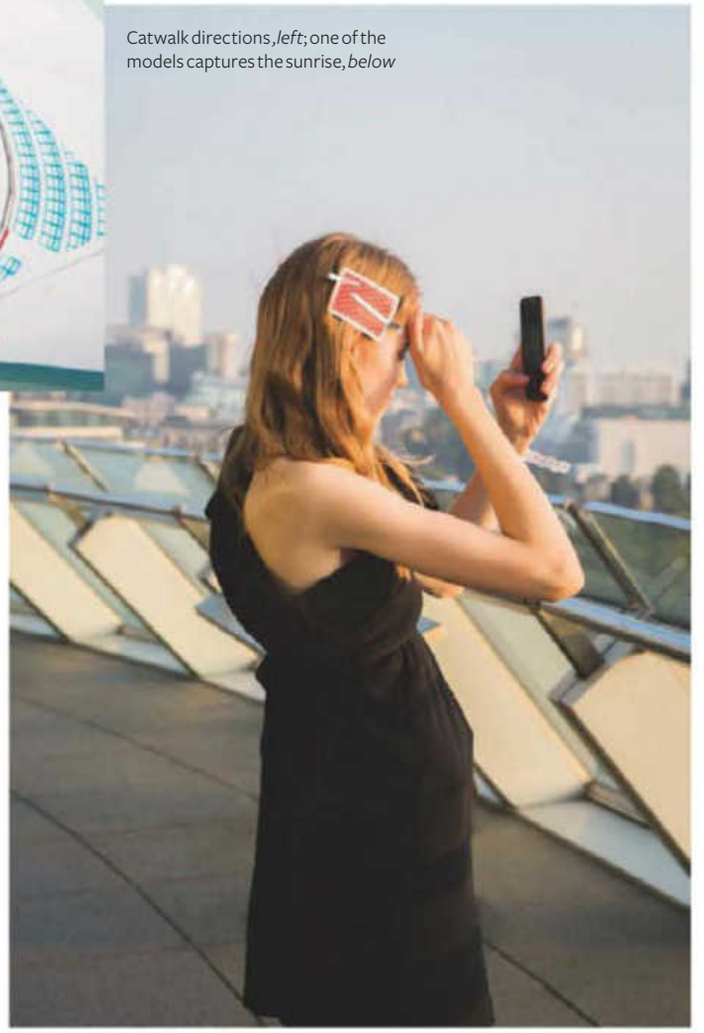
The **Preen** scene

London Fashion Week favourites Justin Thornton and Thea Bregazzi on English girl chic, being overdressed and the importance of well-fed models





Catwalk directions, *left*; one of the models captures the sunrise, *below*



PHOTOGRAPHS BY **MARIE-AMÉLIE TONDU**

INTERVIEW BY **HANNAH ROCHELL**

It's 7am on Sunday morning and still dark outside City Hall – the slick building designed by Norman Foster on the edge of the Thames. I'm here for Justin Thornton and Thea Bregazzi's s/s 2016 Preen show. In the past two weeks, I've been back and forth to the Brit design pair's west London studio observing model castings, ▷

‘It felt a lot more grown up in New York. But it’s nice showing in London because we are British’

Thea Bregazzi



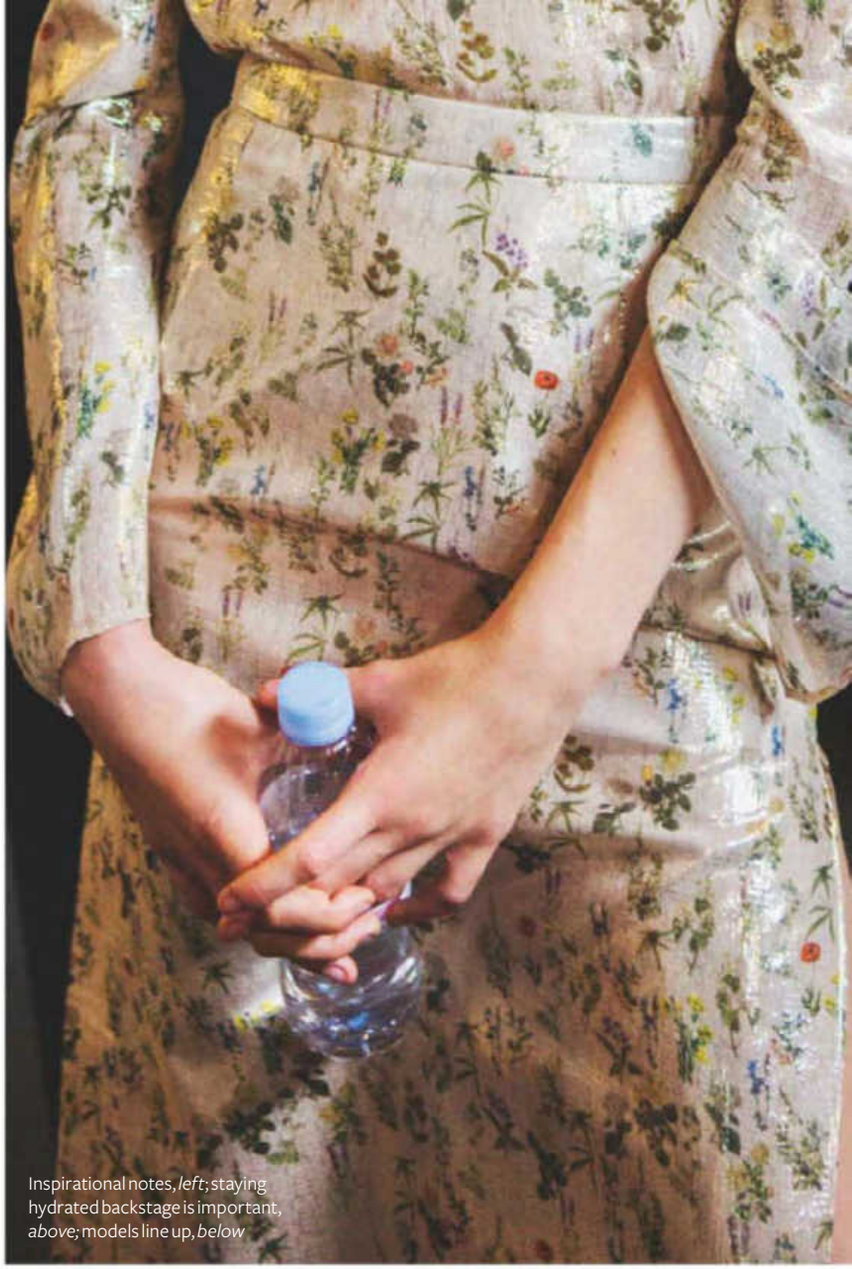
the fittings, make-up tests and all the machinations that putting on a show at London Fashion Week demands.

As the sun rises, I head backstage and overhear one of the models proudly telling another that the stylist liked her loosely knotted hair so much that they left it exactly as it was when she showed up. 'We didn't want the models to look too much like an army,' Justin says. 'It's about the diversity of women,' adds Thea. Some of them are shorter than your average catwalk girl (think Ruth Bell with her famous buzz cut), and all have slightly different hair and make-up.

It's refreshing not to have identikit models, but totally Preen. The real-life couple, who met doing an art foundation course before starting their own label in 1996, first showed at London Fashion Week in 2001, but left the city and started showing their collections in New York in 2008. Since moving back to London with their young family in 2012 (their three daughters are also backstage at the show), the brand has grown in popularity even more.

Although they have the celebrity fanbase (Michelle Obama, Cate Blanchett, Samantha Cameron) and the fashion-crowd following, they win by creating clothes that work on everyone. Think graphic but original prints that suit every body type, and fashion-forward dresses that are cool enough to wear with trainers. What's not to love? 'I'd say we're designing for my friends and me,' Thea says. 'It's the same woman as when we first started, just grown up.'

Can you recall your first impressions of each other? **Thea** 'We met on the Isle of Man when we were about 18. We got on really well.' **Justin** 'Straightaway. I can remember on the first day of tech college they sat us next to each other in the corridor and we just started talking. You were wearing a black polo neck, 501s, Doc Martens, and you had a leopard print bow in your hair.' **Thea** *Laughs.* 'That sounds awful! I would always be totally overdressed.' **Justin** 'That's what I liked about you. She was always the most overdressed person.' **Thea** 'Was I really?' **Justin** 'You always had the biggest bow.' **You've been back in London for four years now. How different was it in New York? T**: 'It felt a lot more grown-up in New York; it really made us mature as a label. But it's really exciting showing in London and it's just nice because ▷



Inspirational notes, *left*; staying hydrated backstage is important, *above*; models line up, *below*



RED-CARPET *ready*

Your beauty power duo for spring/summer 2016?
A bright smile and a pop of colour, inspired by the A-list

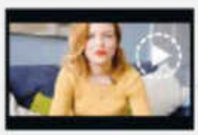


SCENE STEALER
Make like the A-list and turn your smile into a killer accessory





A CELEBRITY SMILE AND CAMERA-READY SKIN – HERE'S HOW
InStyle.co.uk



The must-have accessory for every Hollywood star is a beaming smile – it's always on trend, whatever the season. And whether you go for understated nude gloss or a daring gothic lipstick, bright white teeth are a must.

The A-list's red-carpet make-up and glossy blow-dries may take an entire glam squad, but a whiter smile is something we can all achieve at home. Make every day the equivalent of a red-carpet photo op with the Oral-B 3D White Luxe range. It's your shortcut to a statement smile thanks to its super-quick whitening results.

Join the pearly-white club with the new Oral-B 3D White Luxe Perfection Toothpaste (RRP £4.49). It reduces 100 per cent of surface stains in just 72 hours for a sensational smile. Want to emphasise your new red-carpet smile to the max? You can show off the whiteness of your teeth with a blue-toned red or pink lipstick. Or, for an unexpected summer twist, why not try a deep berry shade, as seen backstage at the s/s 2016 Burberry and Anna Sui shows. Ready, set, smile!

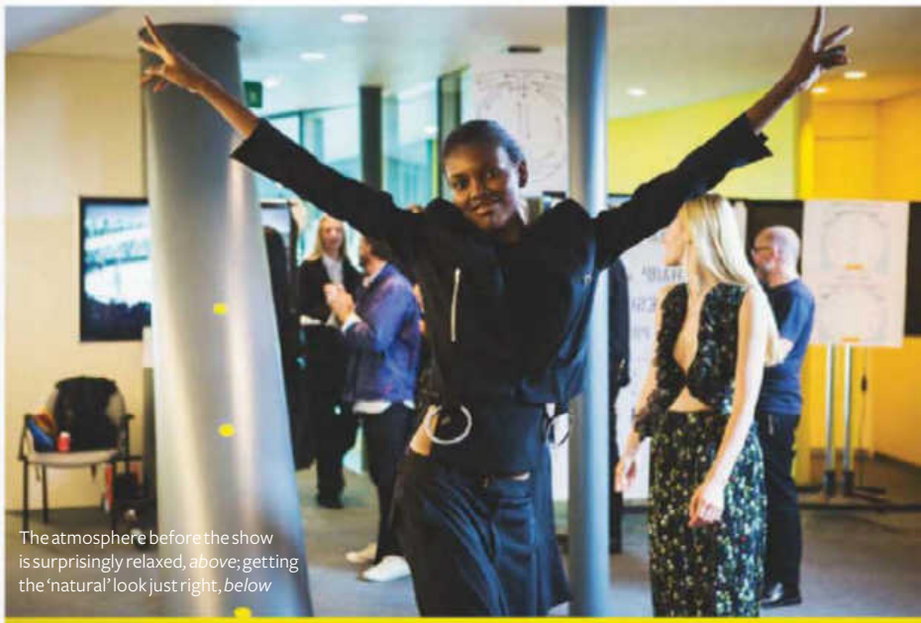


RED-CARPET KIT

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- Freshen up with Oral-B 3D White Luxe Rinse (RRP £4.99).
- Keep Oral-B 3D White Luxe Floss (RRP £3.99) in your clutch in case of a post-dinner SOS.

PHOTOGRAPHS BY REX FEATURES, GETTY IMAGES. THE PEOPLE PICTURED DO NOT ENDORSE THIS PRODUCT

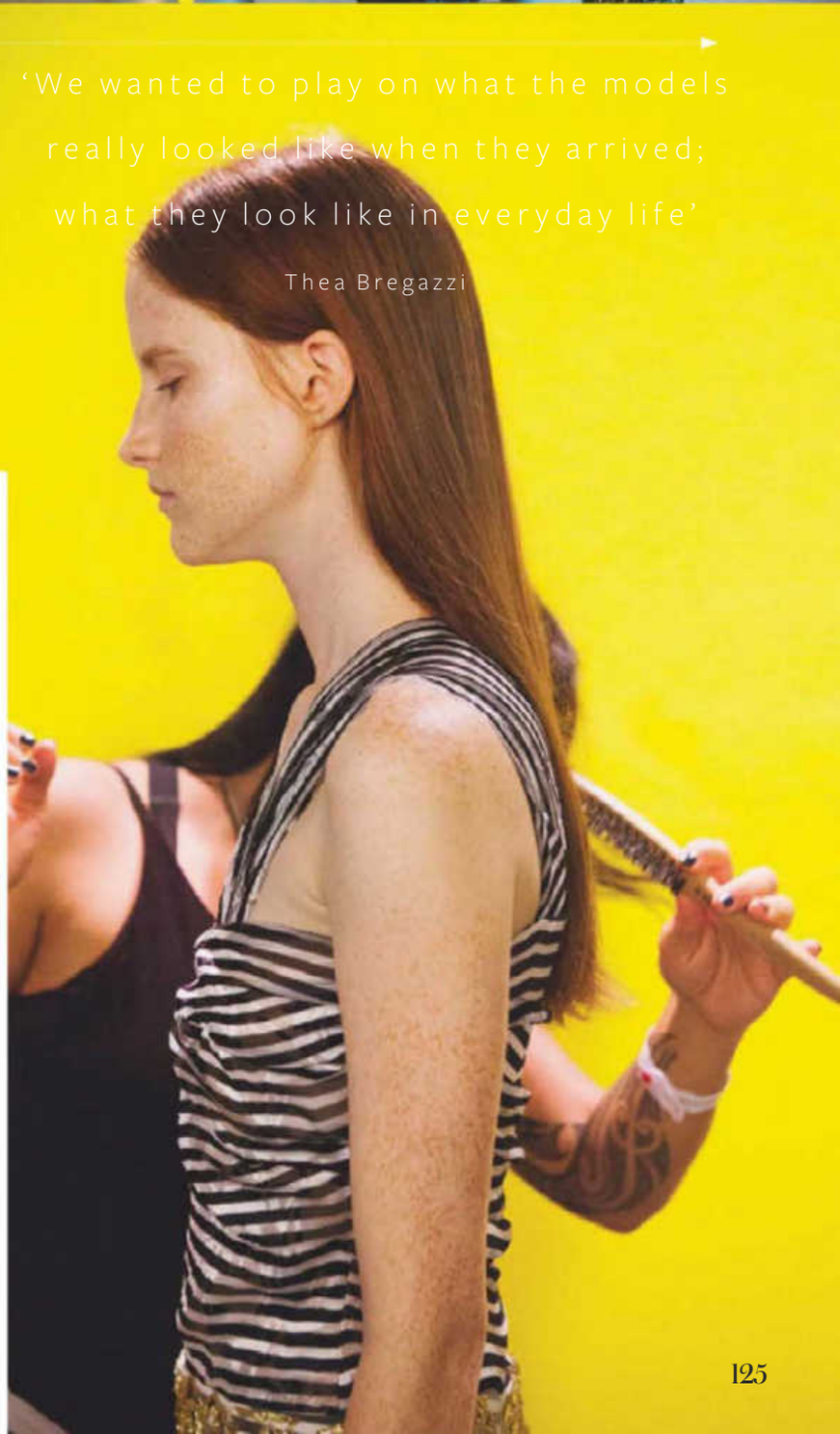




The atmosphere before the show is surprisingly relaxed, *above*; getting the 'natural' look just right, *below*

'We wanted to play on what the models really looked like when they arrived; what they look like in everyday life'

Thea Bregazzi



we are British.' **J:** 'It used to be that Paris was glamorous and London was creative and New York was slick and sleek, and I think that's gone.'

So you find London more inspiring? T: 'I think people express themselves more here.' **J:** 'You can spot an English girl anywhere. She's never perfect; you see a woman and she looks immaculate, but then she's got scruffy jeans on with her trainers and her gorgeous camel coat. I love that. You don't get that so much in other countries.'

Do you feel now you have three young daughters that you think differently about the models you use? T: 'You can't help it.' **J:** 'Now it feels motherly. When we were waiting before the show, Thea was tipping water in their mouths because they couldn't bend their arms! Because we wanted everything to be lovely and we didn't want them to get creases.' **T:** 'And I've always liked giving them food.'

Do you have any favourite models at the moment? J: 'We've used Sam Rollinson a lot. She's amazing. I love her personality but she's gorgeous as well. And I love Ruth [Bell], she's just cool.' **T:** 'It's fine to be different. We use quite a lot of smaller girls. It's interesting. That's what life is like. This season with our casting we were really trying to find individuals. We wanted to play on what the models really looked like when they arrived and how they thought they appeared the best; what they all look like in their everyday lives.' **J:** 'We knew being the first show of the day that we would have the luxury of the girls with their natural hair.



‘I would like [to dress] someone of a different age, like Meryl Streep’

Justin Thornton

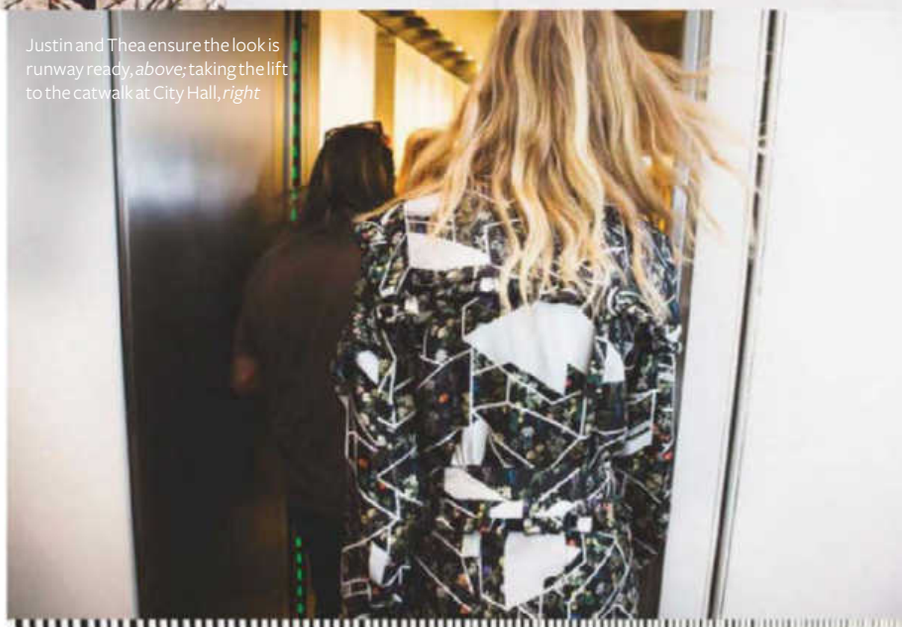
The make-up in the show was subtle, dewy, like they’d all been out running together.’

Does that makes the clothes more real? J: ‘Yeah, we really wanted it to have an effortlessness feel. If we’d had heavy make-up and heavy hair that would have been a different vibe. We had flat shoes as well so the girls had a natural walk.’

You often post pictures of ‘real’ people – fashion editors and influencers – wearing your designs on Instagram. Is that as important to your business as a celebrity endorsement? J: ‘Obviously, from a business point of view, celebrity is really, really important, but now editors are followed just as much as celebrities. Editors wear it in a realistic way; they wear it in their everyday life. You might have seen it on the runway and think, “Oh, I’m not sure I could wear that,” but then see an editor wearing it and go “Of course I could wear that!” because she throws a sweater over an evening dress and wears it with trainers and very little make-up. Whereas a celebrity wears it for a red carpet event.’ **T:** ‘It’s always the highest heels, the most glamorous...’ **J:** ‘So actually that does probably equate to more sales than the celebrity. But you do need the celebrity profile, too.’

Talking about your celebrity following, which includes Diane Kruger and Kate Bosworth, is there anyone that you’d love to wear your designs that hasn’t yet? T: ‘I love Julianne Moore.’ **J:** ‘I would like a bit more variety, so someone of a different age, like Meryl Streep, would be amazing. Recently, we got more likes on Instagram from a woman in her seventies wearing one of our dresses than we’ve had from anything else. It shows you people actually are interested.’

Do you always agree when you are designing together? Both: ‘No!’ **J:** ‘I’ll be like, “I really think this is great” and Thea will say, “How is a woman going to wear that? Let’s just be a bit more realistic.” It’s always better in the end.’



Justin and Thea ensure the look is runway ready, *above*; taking the lift to the catwalk at City Hall, *right*





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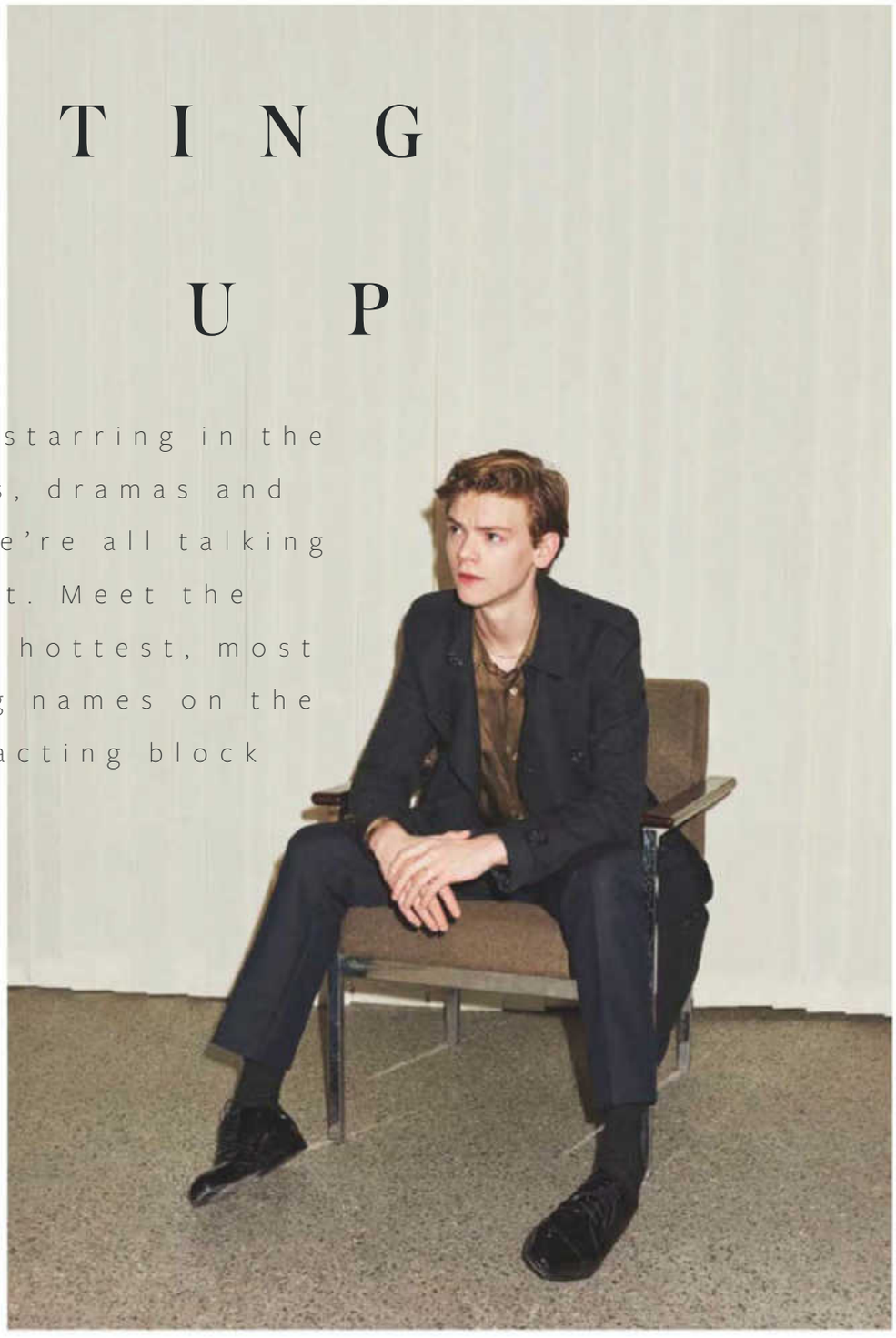
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ACTING UP

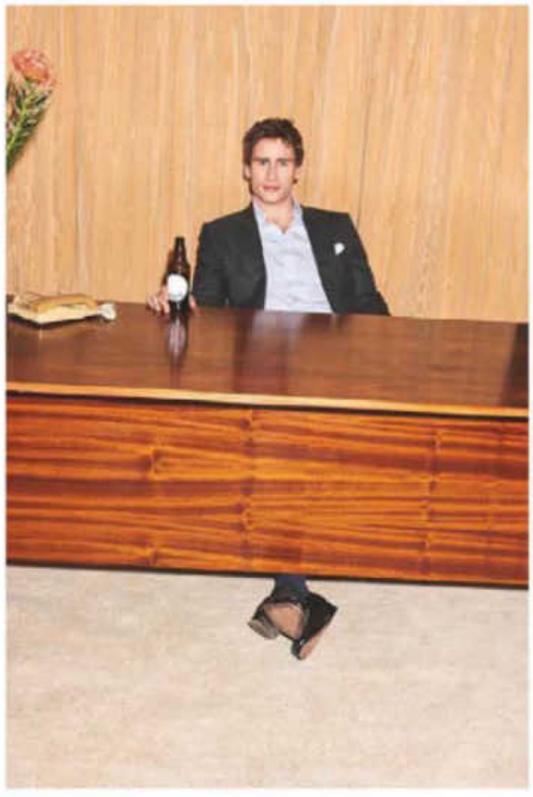
They're starring in the movies, dramas and shows we're all talking about. Meet the newest, hottest, most exciting names on the Brit acting block



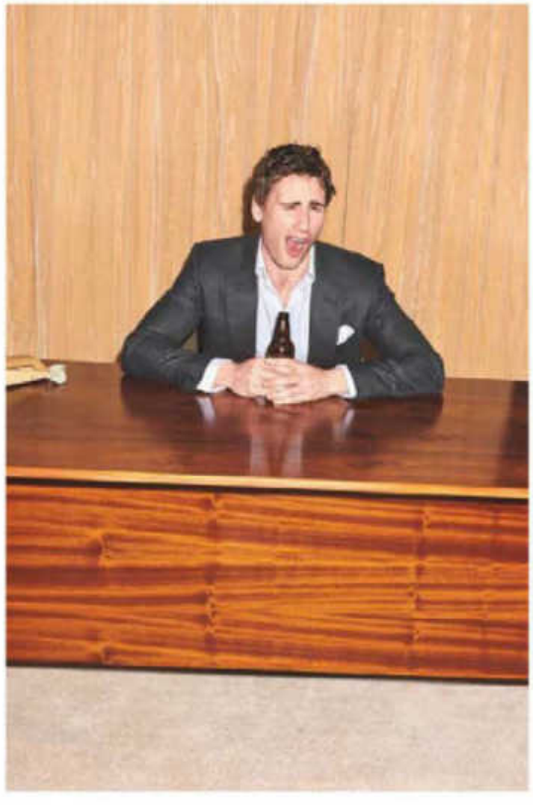
Thomas Brodie-Sangster

'I wouldn't normally party in this. Usually I'd wear jeans, some old leather boots, maybe a nice shirt and a big cosy jacket to walk home in.' The *Game Of Thrones*, *Maze Runner* and *Love Actually* star, now all grown-up at the ripe old age of 25, has recently been lending his voiceover skills to ITV's *Thunderbirds*, where he could happily rock up in those old boots. They also come in handy for his hobby – restoring motorcycles and vintage cars. 'I've got two bikes and a 1974 Citroën GS.' Does he drive around the British countryside much? 'I'm always just pootling around London. My father's from Scotland. I would like to do a road trip up there and go around the coast. I really haven't explored Britain enough.'

Coat, shirt and trousers, all Burberry; shoes, Jimmy Choo. Styled by Josh Newis-Smith. Words by Hannah Rochelle











Edward Holcroft

'I *hate* having my picture taken,' says Edward Holcroft, which is surprising given he looks like he's having a right old hoot in front of the lens. 'I pull faces to distract from how uncomfortable I'm feeling.' The *London Spy* star and ex-squeeze of Cressida Bonas arrives late to the party as he's on stage in *Les Liaisons Dangereuses,* but he still looks dapper, head to toe in Dunhill. Playing in front of a sold-out audience every night is nothing compared to being photographed by us, and when he's done the relief is palpable – he grabs his mate and *Kingsman* co-star Taron Egerton, and they head off into the night, clearly in the mood for high jinks. Will they be hungover tomorrow? He becomes *Kingsman*-esque. 'If I told you, I'd have to kill you.'

Jacket, shirt and shoes, all Dunhill. Words by Niki Browes



Zawe Ashton

Tucking into a large slice of pizza backstage at our shoot, willowy Zawe looks incredible in her party dress. 'It's like a Minnie Mouse tribute but fashion-y'. What's it been like for the actress, writer and director to go from starring in *Fresh Meat* for five years to rehearsing for the play *The Maids*, with Laura Carmichael and *Orange Is The New Black* actress Uzo Aduba? 'It's like training for a marathon after you've just had Christmas and you've been eating Quality Street and sitting on your arse. My fitness and general capabilities are very low.' The 31-year-old Londoner is planning to spend some time in LA later this year – will she be going hiking? 'Absolutely not. I'll tell them about my non-hiking tendencies and they can tell me about their crystals and their chakras. I think that will be a good trade-off.' The play has given her the inspiration to watch more box sets, though. 'I'm set to watch *Making A Murderer* because there are so many themes that cross over with our play, but I have to lie about watching box sets. I feel like I'm in social Siberia at dinner parties.'

Dress, Paper London; shoes, Moda In Pelle. Words by Hannah Rochelle



Immy Waterhouse

'I knew I should have checked the label. I have no idea who I'm wearing,' Suki's younger sister says of her sexy jumpsuit, mortified. 'It's comfortable. I don't need to worry about things popping out!' Immy has bagged campaigns for Burberry, Superga and Tommy Hilfiger and now the 22-year-old has her first big-screen role alongside Jake Gyllenhaal and Amy Adams in Tom Ford's next film *Nocturnal Animals*. What did she miss about home when she was shooting? 'There are no pubs in LA. Only juice shops.' Back on home turf, when she's not having a pint you'll find her with her dogs, Billie (as in Holiday) and Marvin (as in Gaye) and, of course, hanging out with big sis Suki. 'Sometimes we'll rehearse together. As sisters we're pretty honest. So she'll be like, that sucks. And I'll be like, that was f**king awful!'

Jumpsuit, Galvan. Words by Chloe Mac Donnell

Laura Carmichael

'The weirdest thing I've ever auditioned for was an advert for Boursin cheese,' laughs *Downton Abbey* star Laura Carmichael. 'I was asked to hang up washing in a "non-sexual manner", which is odd because I've never thought of hanging out washing as an erotic activity. I didn't get it so clearly gave too much of a raunchy performance.' Since then, she's not stopped working and arrived at the party straight after rehearsals for *The Maids*. 'What I've experienced about working with British actors is that everyone wants to work hard but also have a giggle,' she explains. 'You get to have fun on the job, which is great.' We couldn't agree more.

Dress, Erdem; shoes, Jimmy Choo. Styled by Josh Newis-Smith Words by Niki Browes











Will Tudor & Emily Berrington

Emily: 'My heart lies in a little village.' The 27-year-old, whose blue eyes are just as piercing as the green contacts she wears as synth Niska in *Humans*, is referring to her love of an Oxfordshire village called Woodstock. 'My favourite place in the country. It's like it's been preserved in time.' Although a career in politics beckoned ('I used to work for the Labour Party and I would have liked to have been an MP. There's always time!'), her acting career is flying, with *Humans* series two on the cards ('we're all keeping our fingers crossed they've written us into it!'), as well as the film version of Stephen Fry's *Hippopotamus*. For our party, she's pleased with her shoes. 'I've got some lovely Louboutins going on. They're not too pointy. I can't deal with pointy.'

Dress, Keepsake; sandals, Christian Louboutin

Will: 'They always say acting is a shy person's revenge, and Britishness is quintessentially shy.' Will, 28, who has an incredibly polite, gentle air about him, is musing on why he thinks British actors are having a global moment. 'The thing I like about the successful British actors is their subtlety and sensitivity to the material.' The *Humans* and *Game Of Thrones* actor is wearing a three-piece suit – might it be a bit hot for dancing in later? 'I will be dancing, though I must admit this has been tailored quite a lot to my strange physique!'

Suit and shoes, both Hackett. Words by Hannah Rochelle







Stacy Martin

Stacy Martin, the face of Miu Miu's first fragrance, star of Lars von Trier's *Nymphomaniac* and the girl on the cusp of becoming a *very* big deal (this year alone she has four films set for release) is talking us through the print on her dress (Miu Miu, obvs). 'There are illustrated cats on the tunic, while if you look closely, you'll see naked ladies on the collar, which I'm really enjoying.' Having grown up in Paris, she's bilingual but speaks without a trace of a French accent. 'I can put one on if you like,' she deadpans, adopting a perfect French lilt. It means she can act in both British and French films. ' I'm able to read a lot of scripts because I can work in England, America and France. It's very freeing.' Get used to this face: it's going to be everywhere.

Dress, Miu Miu. Words by Niki Browes. Stacy stars in High-Rise, *out on 18 March*

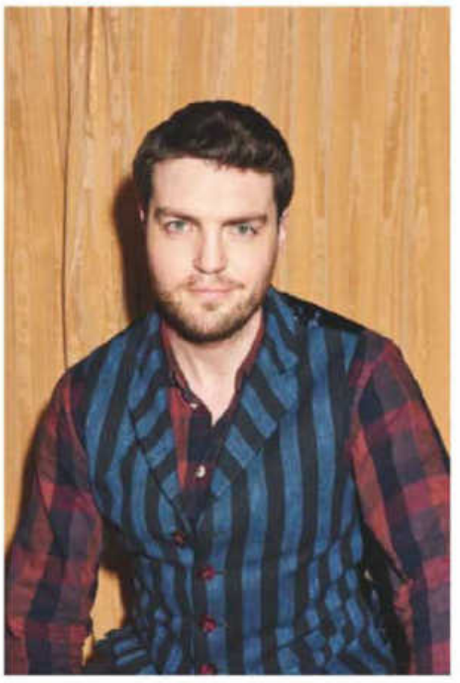


Jack Lowden

'I am a sock man in a big way. I think these are my snazziest pair.' *War And Peace*'s Jack Lowden is referring to the bottom part of his outfit. 'I can't wait for the wonders of patterned socks to be opened up,' he adds with that irresistible cheeky smile. The 25-year-old actor has played many real-life characters; he's just finished portraying the politician Tony Benn in *A United Kingdom* ('it was really cool making speeches in the House of Commons'), as well as shooting *Denial* with Rachel Weisz and Andrew Scott about holocaust denier David Irving. But playing the athlete Eric Liddell in the stage play of *Chariots Of Fire* had an added bonus; it got him into getting up and going for a run in the mornings, though not on a treadmill. 'What a waste of time!'

Jacket and shirt, both Paul Smith. Words by Hannah Rochelle

Tom Burke



'I saw this jazzy blue and black stripe and I said to the costume department, you need to get me some of that fabric.' *War And Peace* star Tom is explaining the origins of the waistcoat he is wearing tonight. 'For once I can tell an interesting story! This fabric was on one of the extras in *Musketeers* as a giant pair of pantaloons. On the last day, this gigantic pair of trousers was left in my trailer. And I found a tailor called The Earl of Bedlam, and I picked out the red buttons and the blue lining at the back. It was only finished about a week ago.' He's heading back to the theatre for the play *Reasons To Be Happy*; does he carry characters around with him? 'I never mean to and I sometimes only realise it in retrospect. Sometimes you look back at things you did at the time and go, "Oh, that was more to do with the world of the play than me."'

Shirt and waistcoat, Tom's own. Words by Hannah Rochelle



#BAGIT





#INSTYLESHOPPING

MAJE EVENING

Instyle and Maje's exclusive shopping night comes with plenty of fringe benefits



To celebrate the grand reopening of Maje's Mayfair store, we're inviting you to an exclusive s/s 2016 style evening with the chic Parisian label. Discover this season's must-have – the M bag – and meet the *InStyle* fashion team, who will talk you through the latest trends.

Founded by Judith Milgrom in 1998, Maje is all about feminine, romantic pieces with sharp detailing. We love its understated designs – everything from contrast-collared dresses to floaty blouses and leather jackets – but what's really caught our eye is the latest addition to its accessories collection, the M bag. With lots of colours to choose from – five in suede and two in leather – it's a versatile addition to any wardrobe. A little bit bohemian but still elegant enough for evening, who could resist all that gorgeous detailing, from the raw-edged fringes to the embossed gold logo? Not us, and we're pretty sure you'll love it too.

Enjoy champagne and canapés at Maje's Mayfair boutique while you shop its new collection with a 15 per cent discount on full-priced purchases on the night. French calligrapher Nicolas Ouchenir will also be on hand to customise your complimentary tote bag. What's more, five lucky guests will win an M bag and another five will pick up a £500 voucher – so don't miss out.

When
Thursday 17 March, from 6.30pm to 8.30pm

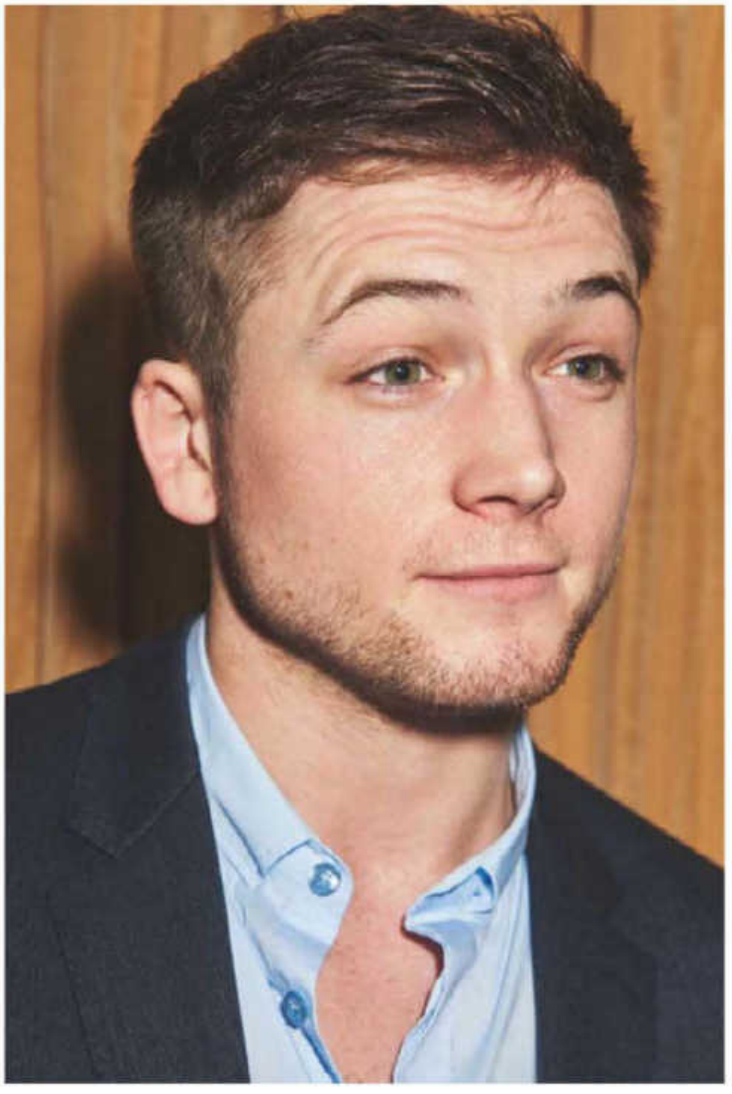
Where
Maje store, 59 South Molton Street, London W1K 5SN

How to book
Tickets £10. To book, see instyle.co.uk/majeevent

Taron Egerton

Even though he's one of the nominees for the EE Rising Star Award 2016 and being hailed as the next big thing by showbiz bibles *Variety* and *The Hollywood Reporter*, Welsh actor Taron Egerton is still taken aback by the wall-to-wall celebs at our party. 'There are so many people here I admire, which is always a bit nerve wracking,' he admits (Zawe Ashton; he's talking about you.) His humbleness extends to being nominated at this year's Baftas. 'I mean, how the f**k did that happen?' he exclaims. Still, he can't get too carried away tonight. 'I'm training for *Kingsman 2* at the moment so I can'tget drunk because I've got to train in the morning. I've got to work out; get fit. There's another topless scene so I need to be all buff again.' Just one of the reasons to look forward to the next instalment, then.

Shirt and jacket, both Burberry. Words by Niki Browes





Gemma Chan

She's famous for playing a weirdly hot domestic robot (or 'synth') in *Humans* – Channel 4's highest-rating drama in 20 years – but tonight, Gemma Chan is fresh from treading the boards in a 50th anniversary production of Harold Pinter's *The Homecoming*. 'I've loved it but it's the final week and I'm knackered,' she says, looking anything but (up close, she's pretty flawless). After the play has wrapped, she's off on her first holiday in two years with boyfriend Jack Whitehall – 'We're going to Mexico and I plan on having plenty of lie-ins' – before the second series of *Humans* starts shooting. For the role, the actors playing synths had to learn to strip back all human expression – Chan somehow manages to come across as creepy *and* warm, which is mesmerising and compellingly spooky all at once. Is coming over all 'synth-like' her new party trick? 'Oh god no,' she laughs. 'Although people do try and "turn me off" by touching under the chin [where the synths' on/off button is in the show].' We're way too cool to do something like that. Aren't we?

Dress, Christopher Kane. Words by Niki Browes

THE NEW BREED S/S 16 #MODERNVAGABOND



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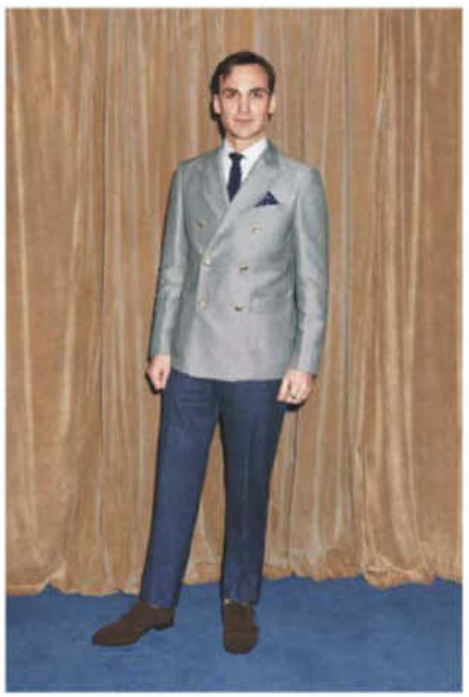
Maisie Williams

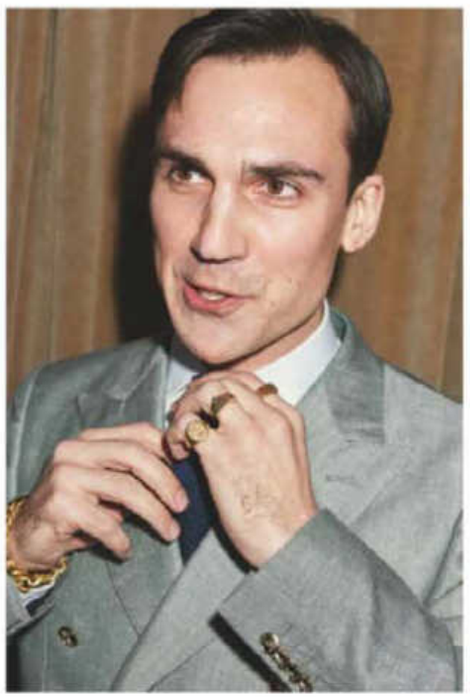
'Look!' exclaims Maisie Williams. 'It's Taron! It's so exciting being here. I keep seeing people I know, which is lovely.' She has come up to London from Bristol – 'I love the countryside and being with my family' – while also flitting around the world promoting the new series of *Game Of Thrones*. She films the hit show for six months of every year, which gives her time for other projects. 'You just have to hope it's the half of the year when people want to cast you in films,' she jokes. With three films already in production, this talented teenager is unlikely to ever find herself scrabbling for work.

Dress, Preen; shoes, Jimmy Choo. Words by Niki Browes









Henry Lloyd-Hughes

'I'm a dripping, sweaty mess. They're basically trying to stop me melting on camera.' Thankfully, the former *Harry Potter* star is talking about the perils of filming Channel 4's *Indian Summers* in Malaysia, not posing *sans* air-con at tonight's party. He's looking very dapper, but it's his collection of rings that's the real eye-catcher. 'My dad said my gold intake is "reaching an unacceptable level." You haven't even see the chains I've got underneath!' His next role sees him play a computer scientist in *Now You See Me 2*, so did he pick up any illusion tricks? 'There was a team of expert magicians, but I was so concerned with trying to remember my lines I didn't want to take in any information.'

Jacket, shirt, tie, trousers and shoes, all Turnbull & Asser. Words by Chloe Mac Donnell

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Millie Brady

Millie Brady makes a very glamorous couch potato as she reclines post-shoot on what must be the squashiest sofa ever. The 22-year-old model-turned-actress just jetted in from LA for the UK premiere of her first big-screen role in *Pride And Prejudice And Zombies*, starring alongside Douglas Booth, Lily James and Matt Smith. So what does she do when she gets some downtime? 'I'm a serious film rinser. I'll just watch something again and again until I'm like, OK, it's too much!' Last was *Anchorman 2*: 'I cried with laughter. I watched it when I was jet-lagged and you know when you're so overtired you just find everything hilarious.' Will Ferrell is even her cure for a serious hangover. 'Literally anything he is in and a full English breakfast sorts me out.' *Dress, Miu Miu. Words by Chloe Mac Donnell*

Jodie Comer

'I'm such a homebird. I still live in Liverpool. I miss it when I'm away.' With her charming Liverpudilan lilt and dark locks, you'd be forgiven for not recognising the actress who played blonde mistress Kate Parks in the hit BBC series *Doctor Foster*. She's obviously great at auditions, having bagged the lead in another BBC drama *Thirteen*. So what's her secret? 'Enjoy it and think of it as another opportunity to do some acting rather than stressing about wanting the job.' Not usually one for a fancy frock like the number she's wearing at our party, she does think this one is amazing. 'I usually like a blazer and trousers but then I saw this and I was like, DEFINITELY!' *Dress, Burberry. Words by Hannah Rochelle*



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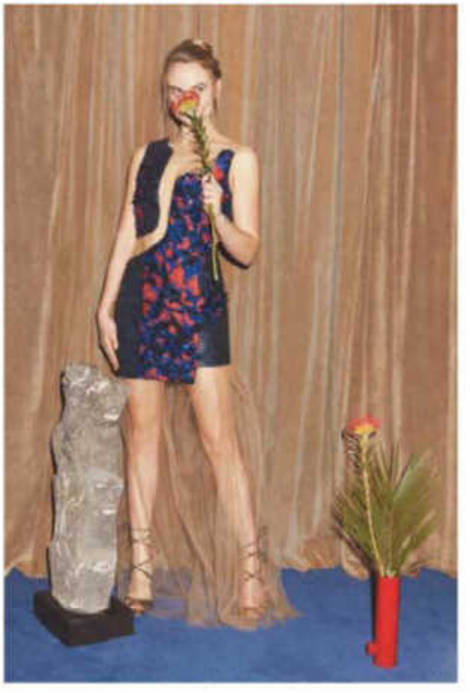


Stefanie Martini

She only graduated from RADA a year ago, but this 22-year-old Bristolian hasn't had the usual postgrad joblessness worries that come with an acting degree. Having made her on-screen debut in detective drama *Endeavour*, next she stars in Julian Fellowes' *Doctor Thorne*. 'We filmed parts of it in a castle. Tom Hollander, Harry Richardson and I slept there for three nights. We scared each other so much!' We'll see her colder side in US fantasy series *Emerald City* later this year. 'It's like a dark *Wizard Of Oz*.' Her getting ready tune of choice? 'Anything by Justin Bieber. And I'm not sorry!'

Dress, Self-Portrait; shoes, Paul Andrew. Styled by Josh Newis-Smith. Words by Chloe Mac Donnell





Joanna Vanderham

When the delicately pretty Scottish actress arrives at our party shoot, she looks much the same when she comes out of hair and make-up as when she went in. 'I've just finished a play called *Bedazzled* where I spent three months having 15 minutes to do my own hair and make-up,' she explains. 'So when I rocked up tonight with my own make-up on I thought yeah, whatevs'. With another play – *Richard III* with Ralph Fiennes – lined up for later this year, does she know what she would be doing if she weren't acting? 'Apparently there's a thing where you style food to be photographed. A food stylist!'

Dress, Mary Katrantzou; shoes, Jimmy Choo. Styled by Josh Newis-Smith. Words by Hannah Rochelle

Luke Newberry

'I always have great fun at the *InStyle* annual EE party, which I why I love going,' shouts Luke Newbury over Rafferty Law's DJ set. 'You can rock up on your own and then bump into all of your mates, which is brilliant.' Decked out head to toe in Paul Smith – 'For my A-level film making I would replicate Paul Smith commercials; it's such a cool brand' – the *Mrs Biggs* actor has just completed his first lead role in a film called *Dusty And Me* – 'Kind of like a coming of age *Seabiscuit* meets *Billy Elliot*," he explains. His dream co-star would be Stacy Martin. 'She's like my ultimate crush and I totally geeked out when I saw her. You don't think she'll be weirded out when she reads this, do you?'

Shirt, jacket, trousers and shoes, all Paul Smith.
Words by Niki Browes





Alexandra Roach

The Iron Lady and *Testament Of Youth* actress is explaining how she relaxes in-between jobs. 'I go raving,' she says matter-of-factly.' I just came back from Butlins in Bognor Regis for a festival called Bugged Out. You're dancing in your bikini at the pool party. This is my third year running; it's just so much fun.' She's just wrapped filming *The Huntsman Winter's War* opposite Charlize Theron and Chris Hemsworth, in which she plays a dwarf alongside Sheridan Smith and Rob Brydon. 'We had to go to dwarf school. Yep, it's an actual thing,' she laughs. 'It was one of those jobs where you think, "I cannot believe I'm getting paid to have so much fun."' When she's not working – or raving – she's hanging out with her dog, a miniature dachshund called Ronnie Barker. 'If I wasn't an actress, I'd be a dog trainer.' The acting world's gain is the dog-schooling world's loss.

Dress, Alexander McQueen. Words by Niki Browes

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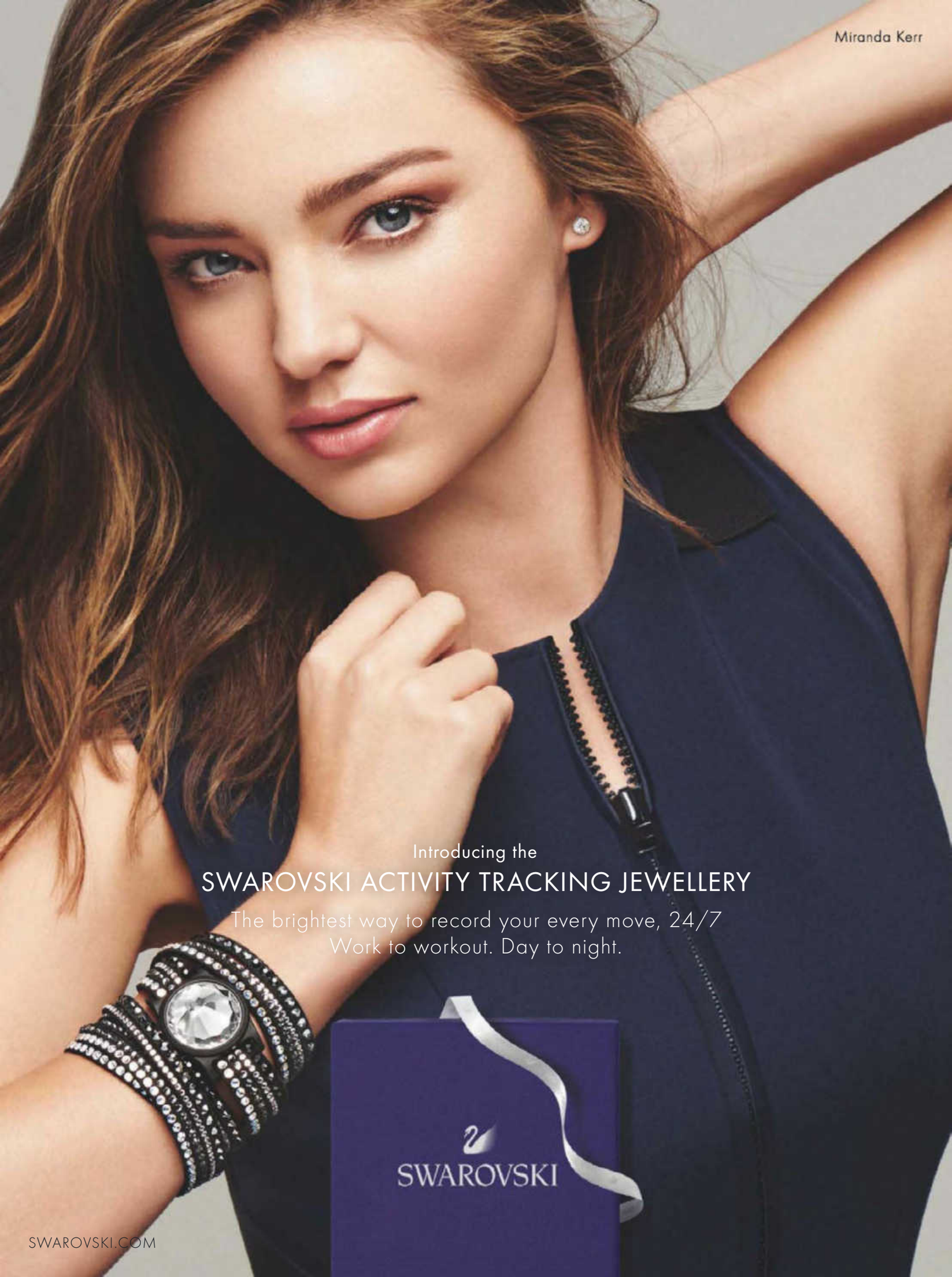
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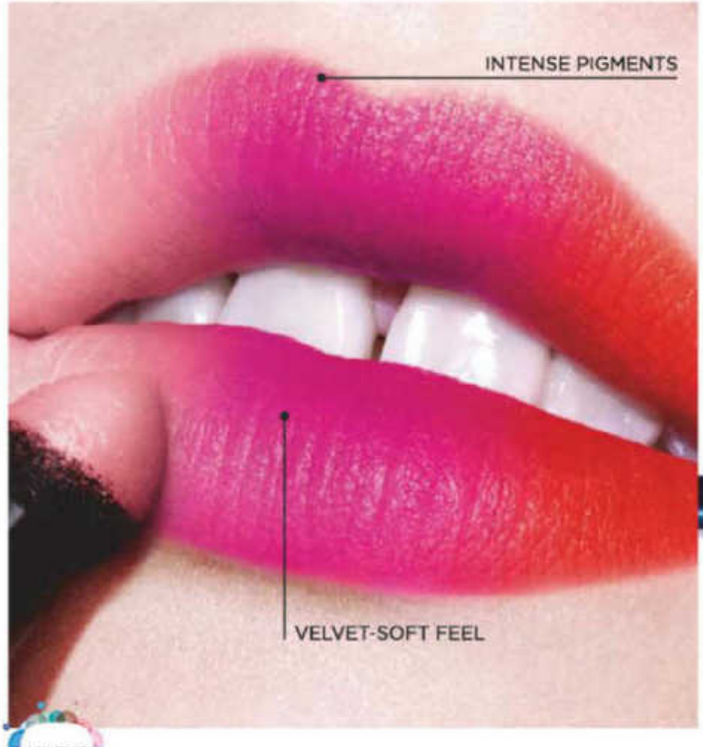
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beauty



From athletic topknots to winning braids – hair gets sporty; **Kylie Jenner**'s selfie secrets; plus, the real reason you get spots (it's not what you think)

PHOTOGRAPH BY JACK CLARK. JACKET, FROM A SELECTION, AND VINTAGE VIVIENNE WESTWOOD BODY, £250, BOTH ONE OF A KIND (020 7792 5853)



Vintage corset, £550, Vivienne Westwood at One Of A Kind (020 7792 5853); vintage shirt, £200, Destroy at One Of A Kind (020 77 92 5853); earring, worn throughout, Alicia's own

FASHION BY DESI LAZAROVA

HAIR GOALS

Hair has gone kickass for S/S16. A little bit sporty and a whole lot tough, who better to showcase the trend than model/foodie **Alicia Rountree**?

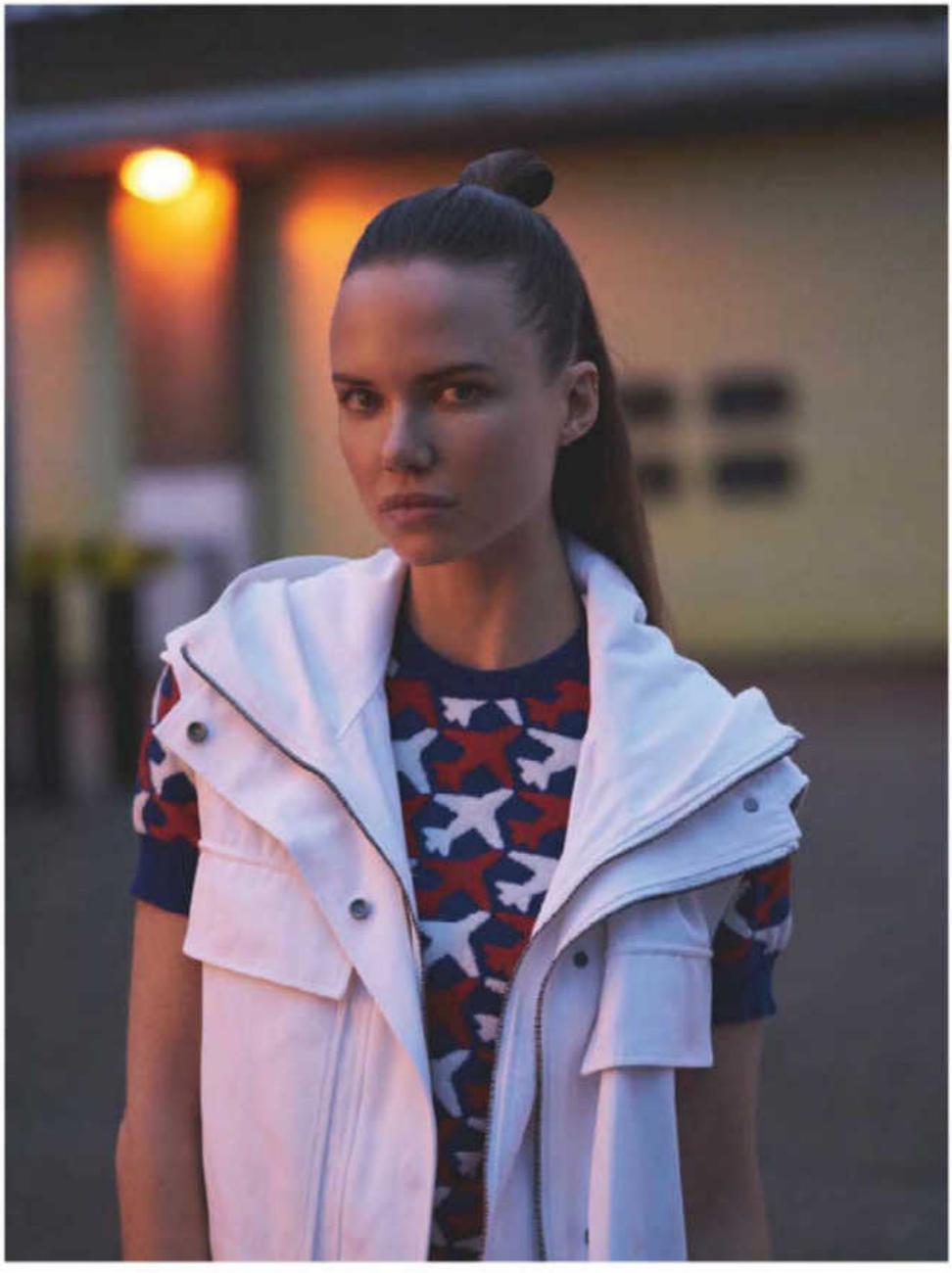
PHOTOGRAPHS BY JACK CLARK



Corset and shirt, as before; trousers, stylist's own

THE WELL-PLAYED PONY

Just do it Low and steady wins the pony race, and the look at Christopher Kane got a distinction from us thanks to the ingenious use of cable ties. **Action replay** 'To recreate the effortlessly dishevelled texture (very s/s 2016), I layered oil and salt spray through the hair, before picking out little strands and tonging them for a couple of seconds,' says Tresemmé ambassador Aaron Carlo. 'Next, I made a messy centre parting, pulled the hair back, then secured it just below that bumpy bit at the back of the head. Finish by pinching out the crown for a more flattering silhouette and wrap a cable tie around the elastic.'



THE BACK FLIP

Just do it Why? Because it looks freakin' rad (think skater girl with a thing for Balençiaga). Essentially an athletic version of the 'hun' (half-bun), it's a nod to the topknot, but done in a more sophisticated way, according to Carlo. **Action replay** 'I started by sectioning off the top half of the hair, before giving the remainder a "natural" feel by spritzing it with texture spray and randomly tonging small sections,' says Carlo. 'I then created a tight pony with the top section of hair, securing it with a length of elastic. Next, holding the end of a hairbrush under the base of the pony, I used the rest of the elastic to secure the bottom of the loop below the hairbrush handle. Finish by adding lots of oil to the top of the head for a quirky texture contrast.'



This page and opposite page, jacket, from a selection, DKNY (dkny.com); sweater, £1,416, Chanel (chanel.com)



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Vintage sweater, £150, One Of A Kind (020 7792 5853)

THE 'WHIP IT' ROPE BRAID

Just do it A twist on a sporty pony (quite literally), the rope braid was spotted on every catwalk from Sportmax to JW Anderson. 'A rope braid is a bit more playful than the traditional plait,' says Carlo. 'Better still, it's much quicker to do.'

Action replay 'Comb the hair back into a really tight ponytail at the crown,' says Carlo. 'Divide it into two sections, then the trick is to twist the sections anti-clockwise while wrapping the twisted sections clockwise to ensure it doesn't start unravelling. Secure with a clear elastic band and add lots of serum or oil for a super-shiny finish.'





THE PARTING LINE

Just do it We admit it – this single cornrow is technically the least practical of all the looks, but just imagine how good it would look in a #fitfam selfie. 'Although it may not be entirely functional, a braided parting is a nice detail for girls who like to wear their hair down, and it will last you a few days,' says Carlo. **Action replay** 'This is a great style for hiding greasy roots, as I always use a bit of oil on my hands when I braid so that the sections glide through better,' says Carlo. 'Section off a 1cm panel from your forehead to below the crown before starting your Dutch braid – it's essentially an inside-out Frenchie, so the strands go under rather than over each other. Secure with a clear elastic and a spritz of salt spray over the rest of the hair.'

Jacket and trainers, stylist's own; sweater, £205, Jacquemus (net-a-porter.com); trousers, £180, Marta Jakubowski (martajakubowski.com)



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INTERVIEW BY GEORGE DRIVER



Sweater, £450, Alexander Wang (net-a-porter.com)

THE POWER PIGTAILS

Just do it The playground staple just got serious. We're thinking more *Hunger Games* than PE lessons.
Action replay 'Blow-dry your hair smooth, then divide it in two and clip the sections apart,' says Carlo. 'Take a slither from the inside of each section and tie off, then secure the pigtails with an elastic, wrapping the slithers around the base of each before pinning.'

'I'm fine, really!' insists Alicia Rountree, as she braves the chilly December day clad in little more than a pair of gym knickers for our next shot. More used to wearing a bikini in her native Mauritius than West Ham's Territorial Army base, the model-meets-tech entrepreneur (Karlie Kloss, eat your heart out) and NYC's coolest foodie somehow still has a smile on her face. And what a face. She's all killer jawline and high cheekbones, with honey-coloured limbs that would make a *Sports Illustrated* cover girl envious. We chatted ballet apps, hair dye disasters and the secrets of coconut oil...

Today was pretty sports themed. Would you say you're a gym bunny?
'I'm terrible at going by myself. I get bored and I don't know what to do, so I either take classes or work out with friends; it's just way more fun. Millie Mackintosh and I have the same trainer at Skinny Bitch Collective. We do all these crazy moves, so we're laughing the whole time, but it's also a hard workout.'
You could show her one of today's looks next time you see her...
I haven't worn a ponytail in forever, but the twisted one today was really simple and elegant. Although I'm not sure I'd be able to do one quite like that myself!'
Ever had a hair disaster?
'Years ago, I wanted to go darker, so I went to a random hairdresser's and came out with matte browny-green hair. The next day, I had to fly to Milan to do a shoot with Giorgio Armani – I was totally freaking out. Another hairdresser tried to fix it and I ended up with mauve-coloured hair with orange bits. People were nice and said it was strawberry blonde, but I won't be doing that again. I wore hats for weeks.'
Any other secrets to that bod?
'My trainer in New York is an ex-ballerina and so am I, so we started incorporating ballet moves into my workout. Because I travel a lot, we created different moves that I could do anywhere and that's when we came up with the Supermodel Ballet Body app. It targets each area to tighten and lengthen it, so you can get a long, lean body. If you're too lazy to go to the gym, you can just do this at home.'
But you've got to chill out sometimes, right?
'On a Sunday I'll put on a mask and pamper myself a bit. I love face oil and also use coconut oil on everything – my hair, my skin, even in my food. When I'm at home in Mauritius, it's a coconut overdose.'
Speaking of Mauritius, was it amazing growing up on a tropical island?
'Yeah, I did a lot of tree climbing, water skiing and kayaking, and we had lots of animals – a lemur, giant tortoises, and even some ostriches.'
We've heard the food is pretty epic as well...
'My mum's such a good cook, she taught me everything I know, and Mauritian food is just to die for. There's this thing called dhal puri – it's a kind of savoury pancake and it's just so good. As soon as I get off the plane I go straight to the market to get one. I'm obsessed!'

HAIR BY AARON CARLO FOR TRESEMMÉ. MAKE-UP BY NAOKO SCINTU AT SAINT LUKE USING MAC PRO. NAILS BY KIM TREACY AT LMC WORLDWIDE. DIGITAL ASSISTANT: TOM ORTIZ. PHOTOGRAPHER'S ASSISTANT: JAMES NEWLANDS

The kit

From left to right, Tail Comb, £7.50, GHD (ghdhair.com); Perfectly (Un) Done Root Lifting Texturising Dust, £5.50, Tresemmé (boots.com); Oleo Radiance Oil Elixir, £8.99, Tresemmé (boots.com); Matte Texture Spray, £20, Windle & Moodie (windleandmoodie.com); Pop & Lock Crystallite Shellac, £14, Color Wow (colorwowhair.com); Keratin Smooth 7 Day Smooth Heat Activated Treatment, £6.99, Tresemmé (boots.com); Premiere Finishing Spray, £30, Show Beauty (showbeauty.com); Perfectly (Un) Done Sea Salt Spray, £5.50, Tresemmé (boots.com); Runway Collection Get Sleek Creation Hairspray, £5.99, Tresemmé (boots.com); Clear Snagless Hairbands, £6.50, Hershesons (hershesons.com); Multicoloured Cable Ties (200 x 4.5mm), £5.28 for 200, ScrewFix (screwfix.com)




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Nail Lacquer in 79 Sand Tropez, £7.99, Essie (boots.com) Collect 31 Boots Advantage Card points

Nail Kale Superfood Base Coat, £15, Nails Inc (boots.com).Collect 60 Boots Advantage Card points

Cuticle pusher, buffer and tweezers, all from Mini Manicure Set, ***exclusive to Boots***, £5, Boots (boots.com). Collect 20 Boots Advantage Card points

Nail clippers, from Mini Manicure Set, ***exclusive to Boots***, £5, Boots (boots.com). Collect 20 Boots Advantage Card points

Nail Apothecary 02 Cuticle Eliminator Nail Treatment, £7.95, Elegant Touch (boots.com). Collect 31 Boots Advantage Card points

Sunset Nail Polish in You Drive Me Navy, £4.99, Barry M (boots.com). Collect 19 Boots Advantage Card points

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Boots let's feel good

Nail the spring trends

Need to prime your fingers and toes for the new season? Get inspired by the runways and up your nail game for spring, giving your manis and pedis an injection of s/s 16 designer chic. Meet your new It kit...



Nail Art Pen in Royal Blue, ***exclusive to Boots***, £7, WAH London (boots.com). Collect 28 Boots Advantage Card points

Nail file, from Mini Manicure Set, ***exclusive to Boots***, £5, Boots (boots.com). Collect 20 Boots Advantage Card points

60 Second Nail Polish in Darling You Are Fabulous, £2.99, Rimmel London (boots.com). Collect 11 Boots Advantage Card points

Scissors, from Mini Manicure Set, £5, ***exclusive to Boots***, Boots (boots.com). Collect 20 Boots Advantage Card points

1 SHAPE SHIFTING

There are two distinct nail camps this season: softly curved and short, or long and slightly triangular. For a feminine look, try out Marissa Webb's ballet pointe shoe reference. To go edgier, filing your talons into a subtle point will elongate your fingers. Use Boots Mini Manicure Set to get your desired spring/summer 2016 shape at home or on-the-go.

2 PERFECT PREP

Minimalists may want to follow Fendi, Tommy Hilfiger and Vera Wang's lead this season with barely there nails. But be warned: stripped-back, nude tips need extra pre-polish preparation. Create a groomed look with Nail Apothecary 02 Cuticle Eliminator Nail Treatment by Elegant Touch, and go for a basecoat that nourishes as well as smooths, like Nails Inc Nail Kale Superfood Base Coat.

3 CATWALK COLOUR

This season, neutrals, navy and glitz rule. Switch up pinks for greige with Essie Nail Lacquer in 79 Sand Tropez. Look to Kenzo and add glamour with gold metallic using Rimmel London 60 Second Nail Polish in Darling You Are Fabulous. The statement shade of spring is navy, as seen at Mugler. Paint on block colour with Barry M Sunset Nail Polish in You Drive Me Navy, or subtle accents using WAH London Nail Art Pen in Royal Blue.



KISSABLE LIPS

Chap be gone! It's time to give your lips some lovin'



1. SOFTEN UP

Forget using an old toothbrush, fight flakiness with Givenchy Mister Scrub (£22, 01932 233824). Rub your lips together to get the tiny exfoliating beads working, then top with Lancôme Nourishing Lip Balm Honey-In-Rose (£38, lancome.co.uk).

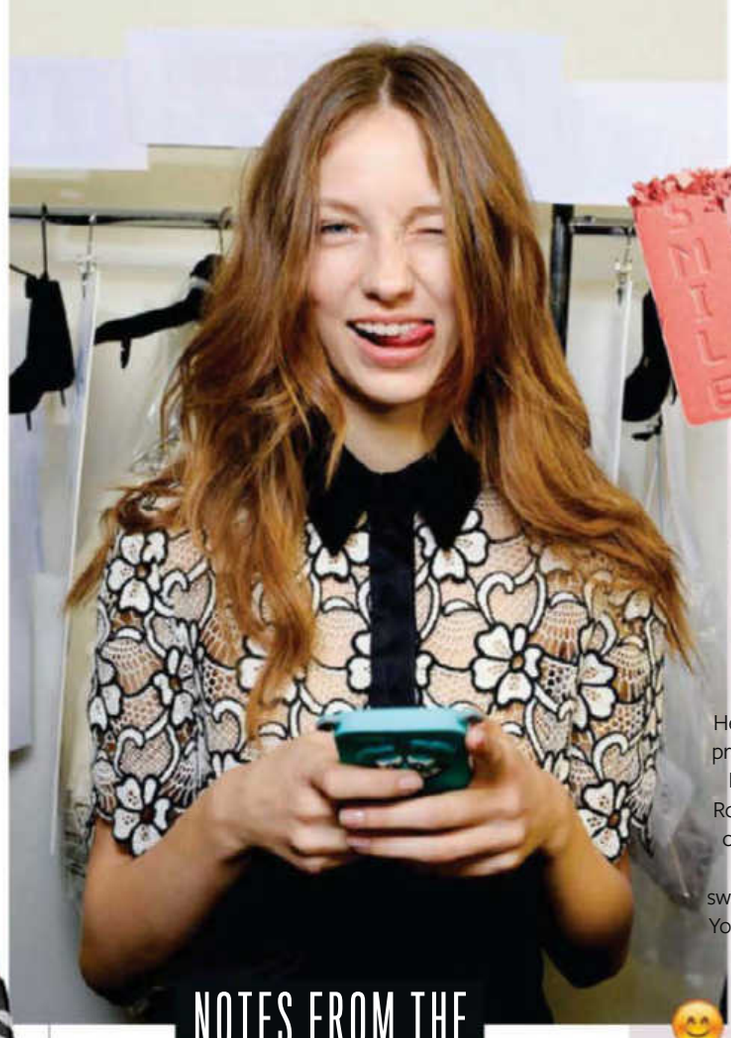
2. THINK PINK

Pale lips sometimes need a bit of help. Perk them up with Sisley Phyto-Lip Twist in Sugar (£29, sisley-paris.com). The pigment is punchy, while the balm smoothes and softens – all without fear of the dreaded lipstick smear.



3. SHINE ON

Looks like a gloss, but nourishes like an oil – Clarins Instant Light Lip Comfort Oil in Raspberry (£19, clarins.com) amps up the shine, adds a pop of colour and gives lips that finishing 'come hither' touch.



NOTES FROM THE BEAUTY DESK

#SCENTMEMORIES

MAR 21

Calling all perfume lovers! National Fragrance Day is 21 March, and to celebrate, the Fragrance Foundation wants you to share your most poignant scent stories. From the smell of your mum's Elnett hairspray to your first boyfriend's Lynx Africa, tweet, Instagram or Facebook your #scentmemories.



PUT ON A HAPPY FACE

Check out these beauty must-haves, guaranteed to get those endorphins going...

THE CHEEKY BLUSH

Here at *InStyle* HQ, we like a beauty product that gets right to the point. Enter Guerlain's limited-edition Rose Aux Joues (£43.50, selfridges.com). Follow the cute embossed instructions and SMILE before sweeping it across your cheekbones. You'll look and feel chipper in a flash.

THE UPLIFTING MOISTURISER

Turn that frown upside down (literally) with Dior's anti-gravity update on their epic Capture Totale Multi-Perfection Crème (£127, dior.com). This genius moisturiser targets your skin's SKP cells, which produce collagen and elastin, to help fight gravity's 'sad face' effects.

THE FEEL-GOOD FRAGRANCE

Give any woman perfume and she'll be pretty chuffed. Fill it with white amaryllis, African dog rose essence (linked to feelings of pleasure) and warming neroli and you've got a scent that, according to perfumer Roja Dove, makes you feel as good as 'lying in bed when you know you don't have to get up'. Sold. Dolce Rosa Excelsa EDP, £65 for 50ml (debenhams.com)



WORDS BY GEORGE DRIVER. STILL LIFES BY PIXELEYES



WHAT'S LANDED THIS MONTH

LOVE A donation to charity that comes in the form of a statement lipstick?
TRY Viva Glam Ariana Grande Lipstick in Deep Dark Plum, £15.50, MAC (maccosmetics.co.uk). All proceeds go to MAC Aids Fund.





NEED Anti-ageing without the heavy, oily cream?
TRY Revitalizing Supreme Light Global Anti-Aging Creme Oil-Free, £45, Estée Lauder (esteelauder.co.uk).

WANT Super-soft hands that help make a difference?
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*Visible flakes seen at 2ft with regular use

Q&A #ASK GEORGE

He's Alexa and Rosie H-W's go-to hair guru and our resident beauty columnist: **George Northwood** is here to solve all your grooming dilemmas





Q Help! I've had brown hair forever and, honestly, I'm bored. What's a 2016 update that'll bring a bit of life back to my dull locks?

HOLLY, SUSSEX

A At the moment, I'm really into cool browns that look quite boyish. For me, Keira Knightley's colour is perfect. If you want to go a bit blonder, balayage is the one. It's a really subtle way to add a bit of blonde around your face and on the ends, so it looks like you've just been on an amazing holiday. It's a bit addictive though – loads of my clients start with that, then come back next time asking for more. Feeling brave? Try bleaching a section of hair and using semi-permanent dye to colour it pastel pink or peach. Experiment and have fun, it'll always wash out. Just keep it asymmetric and underneath your hair so it only peeks through, otherwise it can look a bit naff.



Try peekaboo pastel

***INSTYLE* LOVES** Paint Box Creative Semi-Permanent Colour in Pink Riot and Coral Blush, £9.25 each, Fudge Professional (fudge professional.com)



Keira Knightley's got foxy brown down



Q I've heard hair contouring is a thing. What cut should I ask my hairdresser for so I can get Kim K cheekbones without the bronzer?

IMOGEN, DORSET

A Hair contouring is essentially a face-framing cut that helps fake angles that aren't actually there. So if you've got a round face, or wide cheeks and a small chin, the best thing you can do for instant cheekbones is a grown-out fringe. Never have a full fringe, it'll cut your face in half. Ask your hairdresser for shape at the front, but don't let them cut any shorter than your bottom lip and avoid feathering – that's the way to look wider rather than contoured. Get them to blow-dry the front of your hair forward over your face, keeping it flat to your forehead. That way, when you centre part it, it'll swing out at your jawline, giving you perfect Victoria's Secret hair wings. I did it when I cut Chloë Grace Moretz's, *right*, hair and it looked amazing.



Q My Pinterest is full of complicated braids, but I can only just manage a basic French plait. Is there an Insta-worthy version that's beginner-friendly?

LARA, LONDON

A A Millie Mackintosh-style half-halo braid is great, because a) it's easy to do and b) it works really well on dirty hair. Loads of people find their fringes get greasy before the rest of their hair, so this is great for hiding it. Make a deep side parting, take a two-inch piece of hair and plait all the way across your forehead down to the opposite ear, weaving hair in as you go, like a French plait. Braid to the end, then use a little invisible hair band to keep it in. Make it last all day by smoothing Redken Braid Aid (£17, redken.co.uk) through your hair before you start – it'll add grip without the icky stickiness – and finish with a spritz of hairspray. *Et voilà*!



Braid Aid, £17, Redken (redken.co.uk)

***INSTYLE* LOVES** Clear Poly Hair Bands, £2.09 for 50, Superdrug (superdrug.com)



HERVÉ LÉGER





***INSTYLE* LOVES** Freeze Hold Salon Finish Hairspray, £5.25, Tresemmé (boots.com)

Blooming beautiful: Millie Mackintosh

TWEET YOUR HAIR QUESTIONS TO @INSTYLE_UK WITH #ASKGEORGE

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*Visible flakes seen at 2ft with regular use

#LUSTLIST

EDITORS' PICKS

The *InStyle* team's must-have products of the month

'A brand-new beauty range to get obsessed with – first stop, this pistachio nail shade.' Isabella Silvers
Enamoured Hi-Shine Nail Lacquer in Good Friday, £15, Marc Jacobs harrods.com)

'Perfect for giving my going-OUT-out look a s/s 2016 edge.' Rebecca Gillam
Lid Pop Eyeshadow in Aqua Pop, £15, Clinique (clinique.co.uk)

'Super-citrussy, a bit sweet and totally addictive.' Hannah Lewis
Mediterranean Honeysuckle EDP, £85 for 50ml, Aerin (esteelauder.co.uk)

'The beauty superhero is back in green to fight red patches.' George Driver
Touche Éclat Neutralizer Colour Corrector in Vert Green, £25, YSL (yslbeauty.com)

'Smells like a dream and sinks in quickly so my face doesn't look oily.' Emma Hargadon
Shea Face Comforting Oil, £29, L'Occitane (loccitane.co.uk)

'Perfectly smooth lips and lids means 2 for the price of 1.' Chloe Mac Donnell
Beauty Revealing Eye And Lip Contour Cream, £50, Darphin (darphin.co.uk)

'The light gel formula keeps my skin matte all day long.' Lauren Midwinter
The Pore Fessional Matte Rescue, £21.50, Benefit (benefitcosmetics.co.uk)

'Now raising awareness of women in conflict, it's worth every penny.' Katie Service
Special Edition Pro Collagen Marine Cream Ultra Rich in association with Women For Women International, £110, Elemis (elemis.com)

'Conditioner before shampoo? Sounds weird but works wonders on my fine hair.' Phoebe Sing
Beauty-Full Volume Pre-Wash Conditioner, £4.99, Tresemmé (boots.com)

'Forget the falsies, this gave me dreamy, super-long lashes – no glue needed!' Katie Tucker
Voluptuous False Lash Effect Mascara, £11.99, Max Factor (boots.com)

'Wave goodbye to eye bags with this epic firming eye serum.' Cassie Steer
The Lifting Eye Serum, £180, Crème de la Mer, (cremedelamer.co.uk)

'Full of spinach, spirulina and green tea, this is better for my skin than my morning green juice.' Lucy Pavia
By All Greens Foaming Deep Cleansing Mask, £32, Origins (origins.co.uk)



CHECK OUT BEAUTY EDITOR KATIE'S EASY EYELINER HACKS VIDEO
InStyle.co.uk

COMPILED BY GEORGE DRIVER. STILL LIFES BY PIXELEYES


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*Based on mass market facial moisturiser and cleanser value sales for the past 12 months ending December 2014.
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WORDS BY **CASSIE STEER**

Where did THESE spots COME FROM?

Still getting teenage breakouts? The cure could be all down to you...



What. The. F...? (No, really. WTF?) This was my first reaction to being confronted, aged 38, with a face full of angry red craters. Like that one dodgy Tinder date who never quite disappears, with acne there's always that same vague fear it might turn up at your best friend's engagement drinks – just when you thought you were on a permanent break. And it seems I'm not alone, as adult acne is officially on the rise (up by 214 per cent according to the most recent studies). Why? 'Diet, environmental factors and the unrelenting stress of modern living means that acne is becoming more frequent in women in their thirties and beyond,' says skin guru Dr Murad. More disconcerting is a study by Neutrogena, which found that 'The spots you see today started six weeks ago', as though they're sinisterly lying in wait (much like that Tinder stalker). 'What typically happens is people treat the spots when they see them, without treating the root cause of the problem,' says Keshan Gunasinghe, associate director of Beauty R&D at Neutrogena. Those 'root causes' – and how to treat them – may surprise you...

YOUR WORK PHONE

Well, any phone really, but we bet this is the one stressing you out the most. Why? Research has found a relationship between acne flare-ups and stress. 'This is why people often get random breakouts before exams or a first date,' says Murad. 'Stress releases hormones such as cortisol, increasing oil production and inflammation,' explains dermatologist Stefanie Williams. Which is why Dr Nick Lowe, author of *Perfectly Clear: The Perfect Guide To Clear Skin* (14.99, Matador), often prescribes relaxation therapy to his patients. But it's not just stress: the average phone contains 18 times more bacteria than a flush handle in a men's loo. 'Bacteria are not the sole cause of acne, but try not to touch your skin with unclean hands or items like your phone, which can also contain remnants of make-up that can block pores,' says Jasmina Vico, aesthetic skin therapist at Hari's Salon. 'Carry antibacterial wipes to clean your gadgets, and use headphones for calls.' Wash the day's grime away with Neutrogena's Visibly Clear Spot Clearing Facial Wash (£4.99, boots.com).

YOUR CONDITIONER

Spots around your hairline and shoulders? Your haircare could be to blame. Gels and hairspray tend to be the most irritating, but oil-based products trap the most acne-forming bacteria. Panthenol, found in conditioners, is often a culprit, so avoid it on areas in contact with the skin such as fringes, and tie up your hair before bed. And it's not just hair products... 'There's a connection between using the wrong skincare products – heavy moisturisers and creamy cleansers for example – and the aggravation of acne. I see it in my clinic every week,' says Dr Williams, who recommends 'non-comedogenic' skincare specially designed for acne-prone skin. 'It's also important to wear oil-free make-up, ideally with spot-fighting ingredients.' Try Bare Minerals' Blemish Remedy Concealer (£22, bareminerals.co.uk) or Laura Mercier's Foundation Primer (£29, selfridges.com), and remove with Vichy's Normaderm 3-in-1 Scrub + Cleanser + Mask (£11, vichy.co.uk). Don't forget to clean those make-up brushes too.



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From top: Cleansing Body Bar, £17, ProActiv (proactiv.co.uk); Visibly Clear Rapid Clear Treatment, £3.69, and Visibly Clear Correct & Perfect CC Cream, £6.99, both Neutrogena (boots.com); Foundation Primer, £29, Laura Mercier (selfridges.com); Advanced Acne & Wrinkle Reducer, £45, Murad (murad.com); Visibly Clear Spot Clearing Facial Wash, £4.99, Neutrogena (boots.com); Acclenz Deep Action Blemish Serum, £49, Dr Nick Lowe (drnicklowe.com); Normaderm 3-in-1 Scrub + Cleanser + Mask, £11, Vichy (vichy.co.uk); Sleep Plus Trouble Shooter, £35, This Works (thisworks.com); Blemish Remedy Concealer, £22, BareMinerals (bareminerals.co.uk)

YOUR NETFLIX ADDICTION

No, it's not just from that unbearably tense feeling you get after watching *Making A Murderer*. It's because your viewing gadget stops you from sleeping, and lack of sleep equals, yep you guessed it, spots. It's all down to increased cortisol levels. 'Electronic devices such as laptops and electronic readers used before bed can upset our circadian rhythm [our internal body clock],' warns Dr Williams. 'They do this by emitting 'short-wavelength-enriched light', ie blue light, which tells your brain that it's not sleepy time. The solution? 'Stop looking at screens two hours before bed,' suggests Vico. 'People with insomnia tend to have higher cortisol levels so take up meditation, which has been proven to reduce stress and promote better sleep.' Try This Works' Sleep Plus Trouble Shooter (£35, thisworks.com).

YOUR HANDBAG CHOICE

Your skin doesn't care whether you have a Chanel Boy bag or a Camden Market rip-off resting on your shoulder – it's the resting bit that's causing the issues. 'Like phones, your handbag can be a breeding ground for bacteria, so if you suffer from acne on your body or back, always make sure there's a barrier between your bag strap and skin. It's also a good idea to invest in a good antibacterial body wash,' says Vico. And it's not just bags that can cause issues: 'I also see lots of my clients who develop symmetrical patterns of acne from wearing sports bras. Some bras are made of cheap elasticated rubber, and combined with increased sweating and rubbing this can cause inflammation and breakouts.' Stick to breathable clothing and use ProActiv's Cleansing Body Bar (£17, proactive.co.uk) post-workout.

YOUR OIL PHOBIA

You've got spots so oil is bad, right? Not according to Neutrogena. 'We did a year-long study into the importance of oil in acne-prone people,' says Gunasinghe. 'Say "oil" and most acne sufferers freak out, but we're learning about the idea of good and bad oils. Sebum is generally considered a "bad" oil, while ceramides and skin lipids [the 'mortar' that holds the cells in the skin's barrier together] are good oils. What we found is that the ratio of good to bad oils in people suffering from acne has totally flipped and although we're still struggling to find out why, it means we can tackle the problem by rebalancing, rather than removing the oils.' Cleansing is your first step but beware – too often and it can overstimulate the skin, leading to an overproduction of sebum. Gunasinghe suggests making sure you're using the right products, from your cleanser all the way to your moisturiser. 'Go for products with ingredients designed to micro-clear sebum, such as salicylic acid.' Try Dr Nick Lowe's Acclenz Deep Action Blemish Serum (£49, drnicklowe.com) and Murad's Advanced Acne & Wrinkle Reducer (£45, murad.com).

YOUR SKINNY CAPPUCCINO

And there you were, thinking you were ordering the healthier option... According to Dr Lowe, over 30 per cent of all adult acne cases are down to diet, with dairy (low-fat in particular) being the biggest culprit. 'There's now some good scientific evidence to show that exposure to the hormones found in milk can also trigger acne in humans.' He explains that skimmed milk is worse as it has a higher GI index than full-fat milk, sugar being the second most important skin offender. Integrative cosmetic and skin specialist Dr Terry Loong adds that food sensitivity and digestive problems can also be to blame: 'Gut issues can certainly be a trigger, either due to the overuse of antibiotics causing an overgrowth of microbes such as candida, or because you're lacking in digestive enzymes in the gut to break down the food appropriately.' Try going dairy free and add in Terranova's Probiotic Complex with Prebiotics Capsules (£26, naturisimo.com) to help support the gut and improve the digestive system.

YOUR PILL

Accordings to derms such as Dr Lowe and Dr Loong, some people are experiencing hormonal imbalances later in life thanks to a history of taking birth control pills which have essentially delayed their acne. 'I've just seen a 31-year-old patient who's been on the pill for almost 12 years, and now she's come off it she's experiencing acne for the first time,' says Dr Lowe. And yet, one of the go-to treatments for hormonal acne (usually characterised by painful nodules on the lower face) is the combined pill. Some people genetically have more hormone receptors on their oil glands, which makes them more sensitive to fluctuations in androgens and oestrogen, and certain birth control pills help to block these receptors. But if you're not keen on the idea of the pill, a more holistic approach to balancing out your hormones (such as looking at your diet and reducing stress levels) might be the way to go. And to fight those pre-period zits, go for Neutrogena's Visibly Clear Rapid Clear Treatment (£3.69, boots.com).

PHOTOGRAPHS BY SCHOHA JA, JASON LLOYD-EVANS. STILL LIFES BY PIXELEYES


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BEAUTY TALK

KYLIE JENNER

The social media maven on 90s lips, going blonde and perfect selfies

INTERVIEW BY
GEORGE DRIVER

WE'VE GOT TO KNOW – WHAT'S THE SECRET TO A PERFECT BROWN LIP?

'I actually used to use a brown eyeliner as a lip liner. At the time, I couldn't find a decent brown lipstick anywhere. So I decided to take matters into my own hands and create my own – that way, I can never run out of my favourite colour. Lipstick is such a passion of mine – I'm really into 90s shades, so I wear loads of mauve, nude and brown tones. It's funny, when my friends are shopping, they'll go into MAC and the assistant will say, "This is the exact lipstick Kylie Jenner uses." My friends will be like, "Um, no it's not, but thanks." I'm creating a whole load of new colours for my Lip Kit line, but it's still top secret.'

MAKE-UP ARTISTS OR DIY – WHAT'S BEST?

'Apart from a few beauty disasters on the show when I was younger, I've honestly got doing my own make-up down to a tee. I love that I get to do exactly what I want. If I can't be bothered, I'll just go out without make-up on. But I love having artists try out different looks on me for events – pretty much everything I know about make-up, I learned from the pros.'

SO, #NOMAKEUP SELFIES DON'T FAZE YOU?

'I don't really care about people seeing me bare-faced, but I try to keep my skin looking good. I literally love Christie Kidd, she's an amazing dermatologist and a total genius. I don't get to visit her as often as I'd like, but Kendall saw her a lot when she had acne. The best tip she's given me is to avoid tinted moisturiser, because it's actually really bad for your skin. When the moisturiser sinks into your pores, it takes the make-up pigment with it, which causes your skin to break out.'

WHAT'S THE KEY TO LOOKING GOOD ON INSTAGRAM?

'Great lighting, a good angle and a filter are all you need for a killer selfie. Instead of Instagram filters, I like to use an app called VSCOcam. At the moment, I'm really into my #iammorethan social media campaign. I've been bullied a lot, so I wanted to find people who have experienced way worse than me and managed to come out the other side, and share their stories. They're a massive inspiration to me and hopefully sharing it on Instagram will inspire other people as well.'

WE CHECKED OUT YOUR CLOSET TOUR VIDEO – TALK US THROUGH THAT WIG COLLECTION OF YOURS...

'I've never been shy about the fact that I wear wigs, so I thought it would be really fun to show everybody my whole collection. I've got, like, ten to 15 altogether. My favourite is the plain black one with bangs. When my hair's been braided or it just doesn't look good, I'll wear it for the day, which is so easy. I love blue tones next to my skin – that's why I have so many green and turquoise wigs. Sometimes I'll dye my real hair, like when it was blonde, but it got pretty ruined from the bleach. I wish I'd had it for longer, I miss being blonde all the time!' ▷

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[1]**Cetraben Cream patient preference study, Sept 2013**

Always read the label

EXFOLIATING PADS
Glycolic Fix Daily Cleansing Pads, £12.95, Nip+Fab (nipandfab.com)

SERUM
Dragon's Blood Fix Plumping Serum, £19.95, Nip+Fab (nipandfab.com)







PERFUME
Kim Kardashian EDP, £23 for 30ml, Kim Kardashian (debenhams.com)

2014

'This was when I first started experimenting with different hair colours. If I did it again I'd use teal extensions, so it was super-long.'



CONCEALER
Radiant Creamy Concealer in Ginger, £22, Nars (narscosmetics.co.uk)

2015

'My Balmain dress was really detailed, so I wanted to keep my make-up really simple. I'm wearing a nude lipstick, which worked perfectly for this toned down look.'



2015

'My hairstylist Tokyo killed it on this one. It was the perfect shade of green and I thought it looked so dope!'





FOUNDATION
Ultra HD Foundation, £29, Make Up Forever (debenhams.com)

2015

'I love this blonde hair and miss it so much! This was at the Vera Wang show where I decided to test out a brown lipstick.'



HAIRCARE
Hydrating Conditioner, £17.25, and Shampoo, £16.55, Moroccanoil (moroccanoil.com)



MASCARA
Hypnôse Volume-à-porter, £22.50, Lancôme (lancome.co.uk)

KYLIE'S MUST-HAVES

FIRST BASE
'I always use Nip+Fab Dragon's Blood Fix Plumping Serum like a primer before I put my make-up on.'

FLAWLESS FACE
'I like foundation that's light, but still has great coverage – Make Up For Ever Ultra HD Foundation is perfect.'

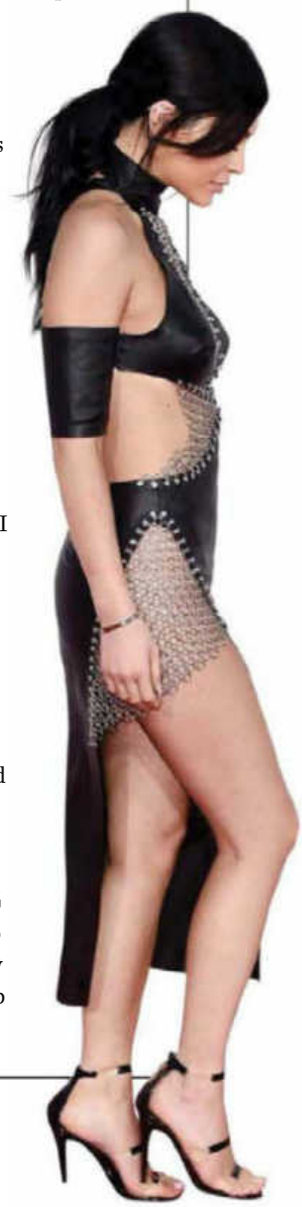
WIDE AWAKE
'Lancôme's Hypnôse Volume-à-porter mascara really thickens my lashes.'

TAKE COVER
'Nars concealer is my favourite – it's super-good at covering dark circles.'

QUICK FIX
'I'm obsessed with Nip+Fab Glycolic Pads – they're easy to use, so I exfoliate with them nearly every day.'

STAR SPRITZ
'I literally only wear Kim Kardashian perfume. It's my favourite scent ever and I always get compliments on it.'

GOING STRONG
'Moroccanoil shampoo and conditioner are my go-tos – they really help strengthen my hair.'



PHOTOGRAPHS BY REX FEATURES, GETTY IMAGES, INSTAGRAM/KYLIEJENNER. STILL LIFES BY PIXELEYES

MAX FACTOR X



THE MAKE-UP OF MAKE-UP ARTISTS

LET'S GO OUTSIDE

See you later, winter musks – we're having a budding romance with spring's new scents



1. Valentina Poudre EDP, £61 for 50ml, Valentino (harrods.com) 2. Dior Poison Girl EDP, £70 for 50ml, Christian Dior (boots.com)

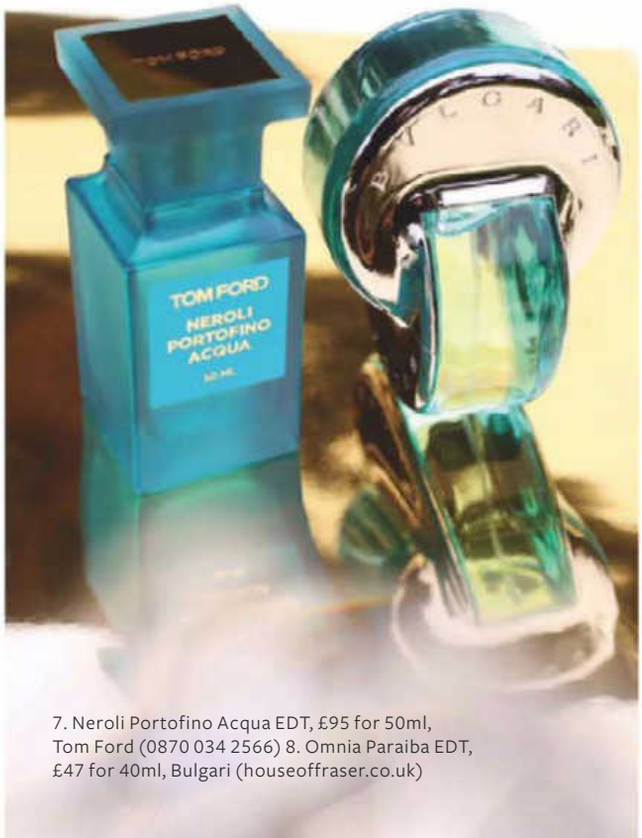


3. Wild Strawberry & Parsley Cologne, £44 for 30ml, Jo Malone London (jomalone.co.uk) 4. Equinox Bloom, £90 for 50ml, Penhaligon's (penhaligons.com)



5. Love Story EDT, £59 for 50ml, Chloé (debenhams.com) 6. Rose Couture EDP, £52 for 50ml, Elie Saab (houseoffraser.co.uk)

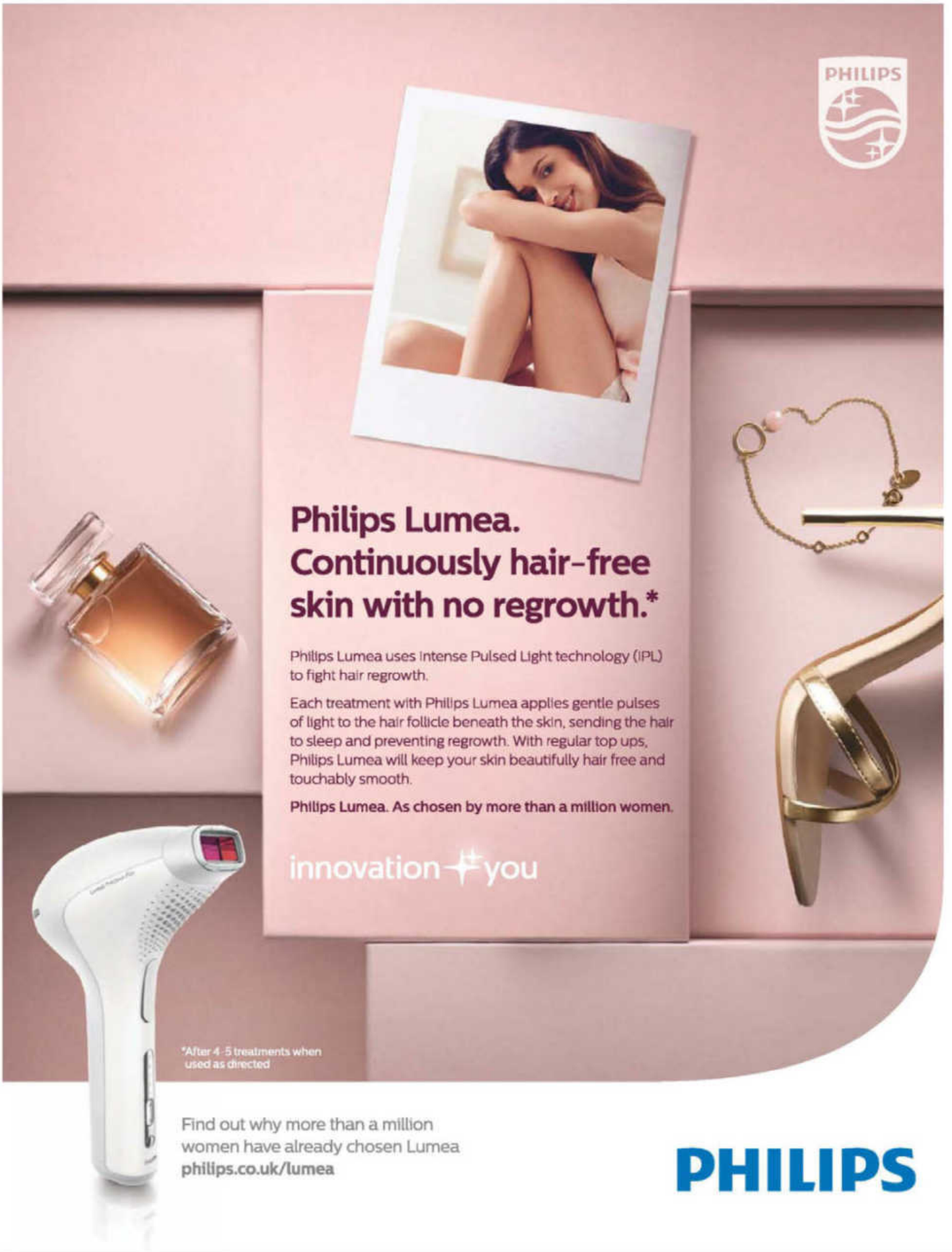
PHOTOGRAPHS BY **CAT STEVENS**



7. Neroli Portofino Acqua EDT, £95 for 50ml, Tom Ford (0870 034 2566) 8. Omnia Paraiba EDT, £47 for 40ml, Bulgari (houseoffraser.co.uk)

1. Earthy and floral, this iris and vanilla scent is infused with terracotta powder. **2.** One part rich tonka bean, two parts fragrant rose, with a dash of bitter orange. **3.** Imagine standing in a wild strawberry patch – sweet, grassy and fresh. **4.** Orange blossom and violet leaves smell like spring has sprung (finally!). **5.** Like a Sunday country stroll with nasturtium and fresh morning dew. **6.** More English rose garden at dusk than granny's scented soap. **7.** A citrus triple whammy of Sicilian lemon, neroli and mandarin. **8.** Inspired by the steamy climes of Rio –think tropical gardenia and green vetiver.

COMPILED BY GEORGE DRIVER



Available at John Lewis

MY FITNESS RULES

ERIN HEATHERTON

The *Sports Illustrated* model on ballet, being body happy and stealing her boyfriend's T-shirts...



CROP TOP
£45, Lululemon
(lululemon.com)

LEGGINGS
£118, Lululemon
(lululemon.com)

TRAINERS
£100, Asics
(asics.co.uk)

GROWING UP, I WAS VERY athletic; I played a lot of basketball and I ran track. But I never did anything that was good for my flexibility. That's why I do Ballet Beautiful now – the movement and strengthening make me feel more graceful. All the moves stem from the core, which is important for holding myself properly when I'm shooting all day or if I'm doing events in heels.

FOR ME, EXERCISING IS meditative. Sometimes I like to change it up and do 30 minutes on a treadmill, then 30 minutes of Vinyasa yoga. I'm also a huge fan of Pilates. In New York I love doing a Yin yoga nighttime class – it's a really beautiful experience in a warm room with candles.

I'M QUITE A CONNOISSEUR OF balletwear and love Lululemon. When I first started going to classes in New York, I felt like I had to go really dressed up, but now I just throw on my workout gear and stay in it all day. Going from a workout to everyday life while still looking good is an art!



TOP
£50, Adidas
(adidas.co.uk)

***INSTYLE* LOVES**
Juice, £2.95, Moju
(mojudrinks.com)

THE CRAZIEST CLASS I'VE EVER DONE IS SLT (Strength, Lengthen, Tone). It's the intensity of using a rowing machine, but you're doing push-ups on it. Usually, I feel like I'm winning when I do classes, but this was my kryptonite.

I DON'T KNOW HOW PEOPLE run without music. When I'm listening to The Weeknd, I feel like a superhuman and I can run at least an hour longer. I always wear Asics; they're incredible. Once you try them, you're like, 'Holy moly, these are amazing' – I couldn't ever go back.

MY BOYFRIEND LOVES THE New York Knicks, but I'm a loyal Chicago Bulls fan. My parents are huge sports fans and it's something that's brought our whole family together. Movies and television are great, but sports are true stories of triumph and drama. Also, wearing your boyfriend's sports sweater is super-sexy.

I WANTED TO BE A nutritionist way before I started modelling. When I was a kid, I found it fascinating that what you put in your body isn't just food, it actually makes you feel happy. My number one beauty tip? Drink something called a Volcano juice first thing in the morning – a mixture of lemon, ginger, cayenne pepper and argan oil. It's a great way to start the day, but it tastes truly horrible – you've got to hold your nose and just down it.











INTERVIEW BY GEORGE DRIVER. PHOTOGRAPHS BY ALAMY, GETTY IMAGES, REX FEATURES, INSTAGRAM/ERINHEATHERTONLEGIT. STILL LIFES BY PIXELEYES


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WITH NATURALLY ACTIVE COLLOIDAL OATMEAL
MOISTURISES DRY SKIN FOR 24 HOURS
300ml
*AVEENO® Daily Moisturising Lotion. Beaut.ie product trial Sept 2013, 91 Irish women
UK/AV/16-6408



CONCEALER HACKS

By Laura Mercier

Unsurprisingly, this make-up pro knows a thing or two about the ultimate make-up bag must-have

CHOOSE YOUR FORMULA

You need three distinct formulas for concealing. First, concealer for the under-eye area has to be emollient as a creamy texture is best for the thinnest part of the skin. (Too many under-eye concealers now contain silicones, which dry out the skin over the course of the day and highlight wrinkles. Instead, use a creamy, oil-based concealer and then set it with a translucent powder). Next you need a thin liquid concealer to hide redness and veins on the eyelid. Look for an oil-free texture that won't make your eye make-up move. The third type of concealer is a dry texture to camouflage blemishes on the face, such as acne, scars and broken capillaries.

APPLY FOUNDATION FIRST

It's all about practice. Concealing is like a good recipe – you need the right doses in the right order. Always apply foundation first, but don't make the mistake of trying to cover skin with a super-heavy layer of the stuff. A foundation can't do the job of a concealer, so don't try to do it all at once. It should feel like a second skin, so make sure you melt it in. Next, apply your concealer onto the imperfections that are left. If you have rosacea, press it in gently.

AROUND THE EYES

When it comes to the eyes, apply concealer to dark areas only: the inner and outside corners and the rim underneath. Most people have puffiness and a dark rim directly under that. If you put the concealer directly onto the puffiness, it'll only exaggerate the issue. Instead, keep it for brightening the dark pigmentation. (If the puffy areas themselves are dark, then you can add a little bit of concealer, but not as much as you put in the creases.) Then pat it in with your finger, right where it is. Don't slide or swipe it everywhere.

HOW LONG DO THEY LAST?

You can keep dry foundations for a long time if you don't plaster them on, which you shouldn't do anyway. You will use up lighter, creamier concealers faster, but if you have one in your drawer that's five years old or more, please get rid of it and buy a new one. Refresh it regularly. If you have acne, clean your thicker concealer by wiping the top with a tissue. Do that as often as you can and clean your brush every day with shampoo, too. That way you'll keep it for life.

THE TOOLS YOU NEED

You should opt for synthetic, nylon brushes. Natural hair brushes pick up too much product. You can then use a fluffier brush with powder to set the concealer afterwards. Sponges are great for photo shoots, but using one to patch concealer around the eye and eyelid won't look good – it isn't precise enough.

INTERVIEW BY KATIE SERVICE PHOTOGRAPH BY KEVIN TACHMAN. STILL LIFES BY PIXELEYES

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10 ways to CURE YOUR MAKE-UP PHOBIA

Does foundation freak you out? Does doing an eye flick give you hives? These hacks might change your mind



1

If your statement is 'no make-up'...

We get it – the whole Parisian thing where even a touch of foundation is too much. But a shiny T-zone? Not so chic. The Nars Velvet Matte Skin Tint (£30, narscosmetics.co.uk) is so thin that even the most resolute non make-up wearer won't think it's cheating. The tint absorbs into the skin almost completely, leaving a semi-invisible veil of mattifying coverage.



2

ARE YOU A PARTY ANIMAL WHO HATES THE WHOLE 6PM REAPPLY?

Why not try a bit of fast glam with stealth glitter? Apply a dab of Sarah Hill Galaxy Glitter (£15, sarahhill.com) with your finger to the centre of your upper eyelid, making sure not to place it higher than your crease. Blink and it's hello weekend!





For the girl who always has dry lips...

lipstick can be a no no as it shows up all the flakes, while a balm doesn't have enough coverage to smooth the surface. Givenchy Rouge Interdit Vinyl (in Orange Magnetique, *left*, £25, debenhams.com) has a softening formula and just enough coverage to hide the cracks but not so much that it looks like full-on lipstick.

3



4



THINK YOU LOOK MUCH BETTER AT THE END OF THE NIGHT?

Illamasqua's Corruptor (£20, illamasqua.com) is a clear gel that you can layer over neatly applied eyeshadow to replicate that 'partied in' dishevelled vibe. For the most authentic effect, put the brushes to one side and pat on with your fingertips.

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5

YOU'RE TOO NERVOUS TO EAT WHILE WEARING LIPSTICK

Prepare to meet your lunchtime lip hero: Saint Lip Tint by Lipstick Queen (£22, spacenk.com) – a light wash of colour that grips your lips like its life depends on it. Wear alone or as a base for your favourite lipstick so that when your lippie rubs off you'll still have a failsafe underlayer of colour.



6



Never wear make-up because you hate taking it off?

You'll find The Sanctuary Spa Foaming Micellar Cleansing Water (£8, sanctuary.com) transformative. It's a whopping 50 per cent faster and more effective at removing foundation than a leading cleansing wipe. No excuses!



CALVIN KLEIN

7

If you hate looking too 'done'...

mascara is a tipping point. Luckily, this spring's lashes are all about extra length over obvious thickness. At Marni, Daks and Sibling, make-up artists used long, straight falsies, but for a DIY effect, try wiggling Revlon's Super Length Mascara (£9.99, boots.com) through the lash line. It contains tiny lash-extension particles that give your lashes a boost without clumping.

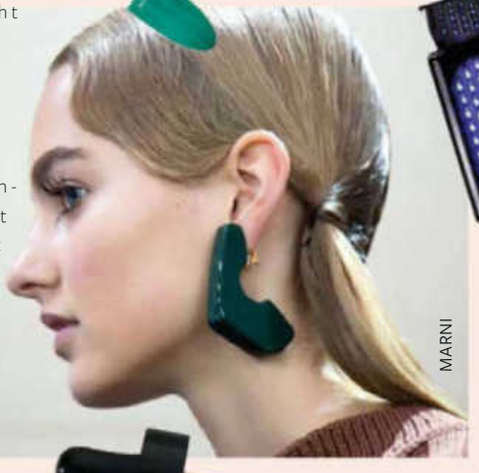


8



GOT A HANDS-ON JOB AND THINK THERE'S NO POINT IN PAINTING YOUR NAILS?

Think again. The United Beauty On The Go LED Lamp (£59.99, sallyexpress.com) is a fold-up, at-home gel manicure light that you can use to seal any gel topcoat and plugs into any USB socket, so no more chips.



MARNI





IF SHIMMER IS YOUR IDEA OF HELL...

the beauty aisle can be a constant game of dodge the glitter. But Giorgio Armani Maestro Glow in 5.5 (£40, armanibeauty.co.uk) gives your skin a lit-from-within look, without the need for shimmer particles. Use your fingers to melt three drops of it into your skin.

9



20



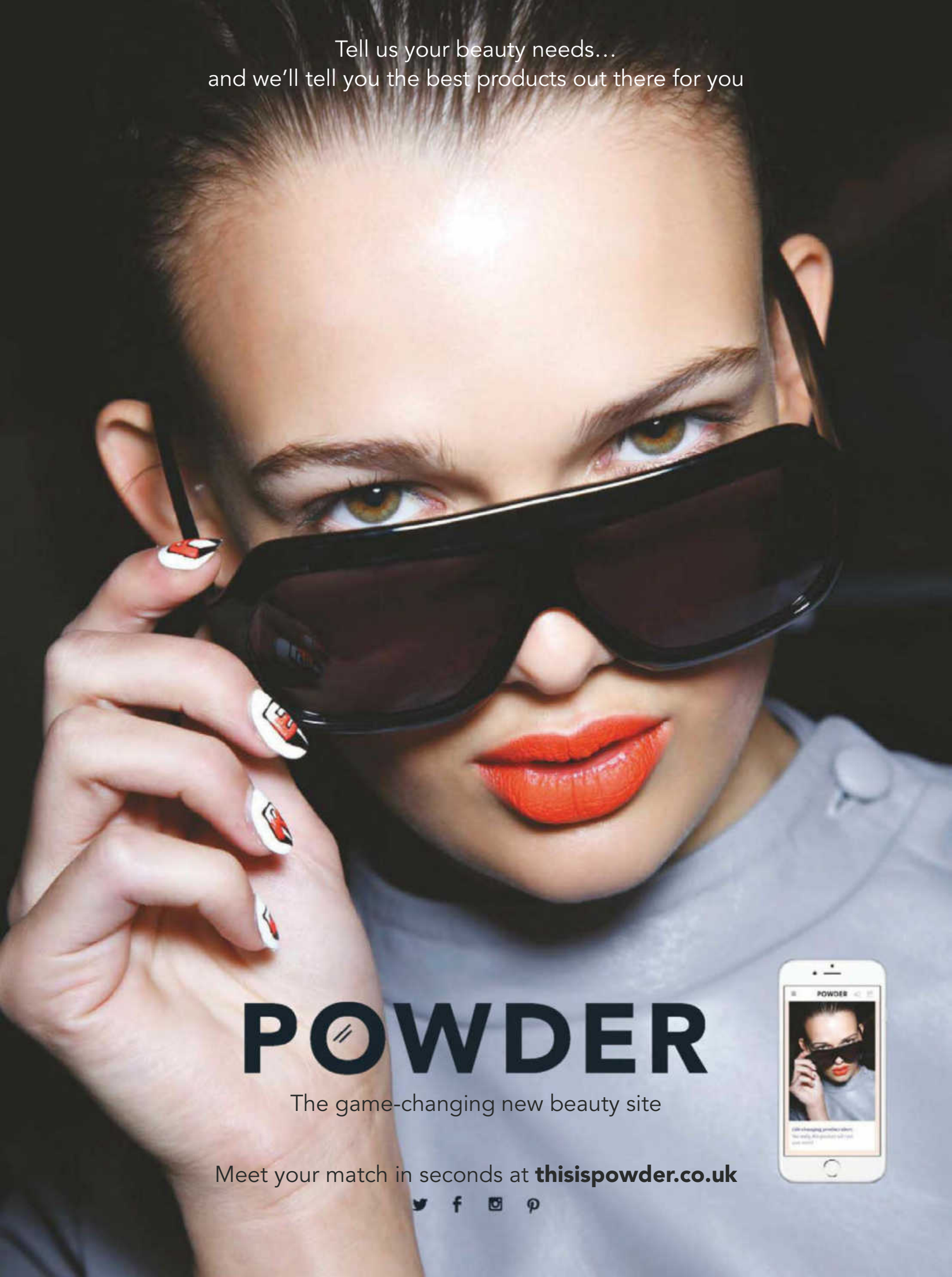
For the girl who only wears black

Try Rimmel's Magnif'Eyes Eyeshadow in Dark Side Of Blue (£6.99, boots.com). One end is black and the other is electric blue to help entice you out of your comfort zone. 'Apply to the root of the lashes, then add black mascara,' advises Rimmel London global make-up artist Kirstin Piggott. 'It gives just a subtle hint of blue.'



BLUMARINE

WORDS BY KATIE SERVICE. PHOTOGRAPHS BY JASON LLOYD-EVANS, SONNY VANDEVELDE. STILL LIFES BY PIXELEYES


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#INSTYLE FIT

THE URBANTRI

Think you're tough enough to take the InStyle modern triathlon challenge? There's only one way to find out...

We've joined forces with London-based bike fitness experts BOOM Cycle and athletic-wear specialists Lululemon to present our very own modern triathlon: the UrbanTri. It's the ultimate endorphin hit and a fitness challenge like no other.

The day-long, three-stage race kicks off at Lululemon's King's Road flagship store with a lively Vinyasa flow yoga experience to invigorate the mind, body and soul. Then it's time to take in a 10km scenic running tour of the capital. Arriving at BOOM Cycle's Holborn studio, you'll dance on the bike to your favourite party tracks for 45 minutes. The first to leave the studio will be the winner, but don't worry, all competitors will be rewarded with healthy snacks courtesy of Pip & Nut Toast Bar, Fresh Fitness Food and Oppo Ice Cream, treats from The Braid Bar and Nails Inc, as well as an indulgent goody bag worth over £50.

When
Save the date: Sunday 17 April, 9am arrival (9.30am start).

Price
Your £40 ticket includes entry to the event, water, shower facilities, Ren products, towels, kit transfer, snacks and goody bag.

How to book
Reserve your place at instyle.co.uk/urbantri.

Don't miss out
BOOM Cycle is also offering first-time users three rides for £25. Call 020 7405 6099 to book your place.

BOOMCYCLE

PHOTOGRAPHS BY JASON LLOYD-EVANS, INSTAGRAM/INSTYLEUK, THE_BRAID_BAR, BOOMCYCLE, CAMALBE

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trending this month

EDITED BY
EMILY DEAN













#CRAFTCHOCOLATE



At this time of year the C word (chocolate) is literally on everyone's lips as we spend the month devouring our Easter haul. But why be basic with a store-bought bunny when you can elevate your confectionery habit with craft chocolate? The handmade, ethically sourced kind is very *now* as it's not only totally moreish but sustainable too. Spearheading the 'bean to bar' movement is Brooklyn-based Mast Brothers, whose artfully wrapped blocks are available at their Redchurch Street outpost in London's Shoreditch. West Londoners can get their craft chocolate fix at Notting Hill's Melt and Chelsea's Rococo, or shop online for The Chocolate Society's luxe offerings from its Somerset factory. For a healthy hit, try Doisy & Dam's superfood flavours, including vegan coconut and lucuma.

WORDS BY STEPH KING. PHOTOGRAPHS BY INSTAGRAM/MAISON PARIGOTTE, MASTBROTHERS, BIRDHOUSETEACOMPANY, PIERREMARCOLINI, DARKSUGARS, PAUL_A_YOUNG

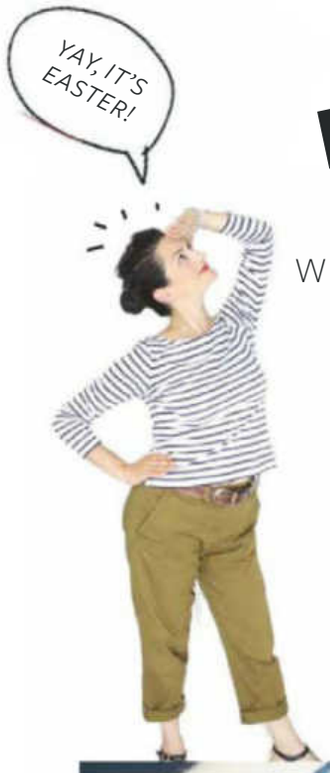
IF YOU *make it* THEY WILL COME.



NOTHING BEATS HOMEMADE LASAGNE

When'sa your DOLMIO day?





ELLY PEAR

What's even better than four days off work? How about this pudding...

Hot cross buns seem to multiply in my house around Easter. I love them so much that I just keep buying more and more. I have them toasted and slathered with salted butter but if there's leftovers in your house, why not try this simple idea? It even works if the buns are hard and stale. It's also a good way of using up leftover Easter egg chocolate and as both things are often heavily discounted after Easter, this could be a very frugal treat. You can make these in individual ramekins, like I did, or double (or triple) the quantities and make a family-sized one in a bigger baking dish.





CHOCOLATE HOT CROSS BUN PUDDINGS

(serves two people)

FOR THE CHOCOLATE CUSTARD

80ml whole milk
80ml double cream
1 large free-range egg yolk
1 tbsp golden caster sugar
1 tbsp cocoa powder
1/2 tsp cornflour

FOR THE PUDDINGS

2 hot cross buns, halved
25g butter
30g chopped chocolate (leftover Easter egg is fine, although using good quality chocolate like Valrhona will take it up a level)



METHOD

1. Preheat the oven to 180°C.
2. Butter two ramekins then toast your buns and butter them too, as if you're about to eat them normally. But try to resist.
3. Make the custard by heating the milk and cream together until almost boiling. Whisk the egg yolk in a bowl with the sugar, cocoa and cornflour, then bit by bit, pour the hot milk and cream over the top. Whisk until well combined. Add your bun pieces to the mix and soak for a minute. Arrange the bottom halves of each bun in your dishes. Scatter the chopped chocolate over each base. Place the top half on top (cross side up) and pour the custard over. It should come just over halfway up. Leave to one side for 15 minutes before baking. Bake for about 30 minutes, until the custard is thick.
4. Eat straight away but be careful as the centres will be very hot!



PHOTOGRAPHS BY ALAMY, INSTAGRAM/MARENDATAT, KITCHENINRED



AND BEFORE I FORGET... ELLY'S EXTRAS

SERVE WITH crème fraiche to cut through the sweetness.



YOU COULD USE white, milk or dark chocolate or even a mixture.



WHY NOT TRY adding a spoonful of salted caramel from a jar to the chocolate, to make it even more delicious.



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with meringue style
pieces
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GO SOCIAL

What the drinking tribes are sipping for spring/summer 2016



THE STREET-VINERS

#Vibes Going for a bottle of vino after work with colleagues is their idea of hell. Half-bottle suggestions are even more embarrassing. Nowadays, it's all about BTG – that's 'by the glass'.
Where they're drinking Come May, you'll find them sipping and spitting at London's RAW Wine Fair. They've already blogged about Le Coste, a natural wine from Italy, so they're hoping for a discount.
Ordering next? Sticking to one colour is so 2011. The Street-Viners start with white, move onto red and sometimes have orange wine in-between. Having first tried it at Ottolenghi, they bulk-bought it to flaunt at their annual BBQ. Its smoky flavour worked really well with those artisan rabbit sausages they splurged on.

THE G&T SNOBS



#Vibes They've got their post-work G&T-making evening ritual down to five minutes. It used to be 10, but since they've swapped the lime for a sprig of rosemary, there's no time wasted picking out pips.
Where they're drinking In Spain they discovered copa glasses and vowed never to drink gin from another vessel. When their neighbour invited them over to sample his '55 different gins', they took pleasure in sneakily swapping a couple of the nerdily date-ordered bottles around. But they bonded with him over his silly ex, who thought that London Dry gin had come from its name-place city.
Ordering next? Yellow gin from Finland, aged in barrels to give it a sunny-coloured hue.







THE 'DON'T CALL IT A COCKTAIL' CROWD

#Vibes They've been ordering espresso martinis à la Moss 'to wake you up, then f**k you up' since the 90s. But when Sharon from finance declared them to be her 'fave cocktail with the girls', they knew they'd become way too #basic.
Where they're drinking It's about the cold-brew coffee and booze mix. Their fave? The Korova Milk Bar at London's Relax It's Only Coffee. Named after *that* scene in *A Clockwork Orange*, it comes with tequila and milk spiced with nutmeg, which gives lucid dreams but way less of a comedown.
Ordering next? Occasionally, they'll have a C&T – that's coldbrew, gin, plus tonic. When they discovered Sandows doing nitro coffee on-tap, they freaked. Their insta of it – with a dash of vodka and lemongrass syrup – is still their top-performing post.

THE HIPSTER HENS



#Vibes An Aperol spritz was their aperitif of choice until that houseboat bash. But when the dry-cleaner couldn't get the orange stains out of Sarah's white Tibi top, they knew they had to find a less dangerous tipple.
Where they're drinking It's all about the at-home experiments. Key kitchen utensil? A NutriBullet for frozen margaritas.
Ordering next? The Brit Spritz at Kamm & Sons pop-up at London's Streetfeast. A botanical spirit with ginseng, grapefruit peel and manuka honey, it's completely natural (and much stronger than Aperol).









THE FOODSTERS

MELANIE GOLDSMITH AND EMILE BERNARD

While running a series of dating nights, uni mates Melanie Goldsmith and Emile Bernard created pastilles with a high alcohol content. When everyone was still talking about them the next day, they knew they were onto something. Fast-forward five years and their brand of boozy sweets, Smith & Sinclair, is stocked in fashion's fave luxe stores. Here they talk sweet-making playlists, desserts and getting drunk...

Best way to eat a pastille?
'You wouldn't down a cocktail. Treat these the same. Go for two or three bites.'
How many do you need to eat to feel the alcohol effects?
'We always say five and you can't drive.'
So can you actually get drunk?
'Yes – but they're more about savouring the experience than a piss up.'
What's on your sweet-making playlist?
'Like our products, our music taste isn't normal either. We can be listening to anything from jazz to garage or death metal. It all depends on how we're feeling.'
We don't have a sweet tooth, so what flavour should we make?
'Spiced rum with clover and aromatic bitters. The bitters and clover work with the dark rum and counteract the sweetness.'
We hear agave syrup is the new healthier alternative to glucose. Does it work?
'Tequila is made from the agave plant. The syrup can change the taste of some spirits, so it doesn't work in some cocktails.'
We're on dessert duty for a dinner party. What's quick but super-impressive to make?
'A non-bake cheesecake is easy. With the right toppings, it's a show-stopper.'
What confectionery trends should we name-drop for style points?
'It's all about the more edible forms of alcohol such as vapour rooms and alcoholic ice lollies.'
@smithandsnclr



@TWEETCHLOE
#INSTYLEEATS

WORDS BY CHLOE MACDONNELL. PHOTOGRAPHS BY ALAMY


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CHIC RETREAT

Faena Hotel Miami Beach, MIAMI

InStyle's Emily Dean mashes healthy living with old-fashioned partying at this new Gatsby-style hotel in sublime South Beach

I'M OVER HONEYMOON VILLAS – FIND ME A COOL GETAWAY
There's really only one place to go: the Faena in Miami. Rita Ora and Daisy Lowe have been spotted lounging on the signature pillar-box-red day beds and rocking hot bods by the pool.

OOH YES, LET'S TAKE A DIP...
This isn't just any old pool. The water is lit lavender and pink, and overlooked by a huge Damien Hirst gold mammoth encased in a glass cage (the hotel's owner, billionaire property developer Alan Faena, is an art fanatic). Grab an iced cucumber water and park yourself under a candy striped umbrella – a man in Bermudas will arrive shortly to offer you two types of sun cream.

WHAT'S THE VIBE?
Moulin Rouge! director Baz Luhrmann and his set designer wife, Catherine Martin, had a hand in kitting out the hotel, so expect a nod to the decadent Gatsby days, with tiger-print sofas, velvet banquettes and glittering chandeliers.

WHAT ARE WE DRINKING?
We'll take a seat in the hotel's Saxony Bar and knock back the lethal 60 per cent proof whiskey.

OK, IT'S TIME FOR BED...
Be careful, you won't want to leave your room. This could be down to the turquoise drapes, pineapple ice buckets and crimson cushions, or the bathroom that makes you feel like a spoilt Hollywood starlet with 'ready for my close-up' exposed light bulbs.

WE'RE HUNGOVER. NEED FOOD.
Let's start with a healthy, Miami-style egg-white omelette with spinach, and a pink grapefruit salad. Later, we'll eat lobster and chips on the beach, before wolfing down wagyu beef in Argentinian-inspired Los Fuegos.

WHAT IS THERE TO DO?
Try a session of 'areoga' on the beach (yoga meets aerobics, geddit?), have a chakra balancing massage in the largest hammam spa in Miami, or pop into one of the cabaret shows in the hotel's Moulin Rouge-style theatre.

BONUS FEATURES?
The red velvet clothes hangers. The man who pours cool water on your feet beachside. And the seriously hot staff. Well, you did ask.
British Airways operates an A380 daily to Miami with seven nights at the five-star Faena Hotel Miami Beach starting from £2,099 per person. For reservations, visit ba.com/Miami.









IF YOU LIKE THE SOUND OF THIS **YOU'LL ALSO LOVE...**
The Warhols on show at NYC's **GRAMERCY PARK HOTEL**.

A dip in the infinity pool at **HOTEL FASANO** in Rio De Janeiro.

The old-school glamour at **HOTEL DU CAP-EDEN-ROC** in the French Riviera.





PHOTOGRAPHS BY INSTAGRAM/GLAUCIASAMPAIOBOUTIQUE, ALEX_BERDYSHER, TRACYETT

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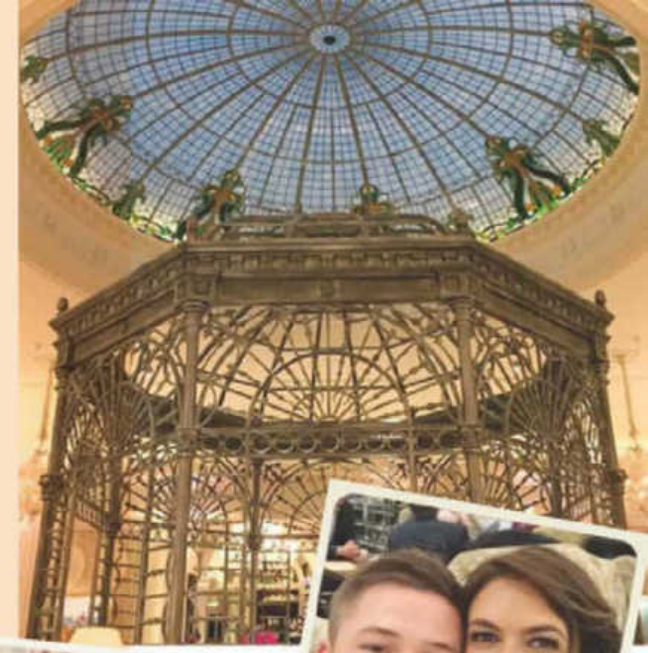
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EMILY'S TABLE

Emily has a posh cuppa at The Savoy with *Kingsman*'s hot new star, Taron Egerton











Somewhere in the gleaming marble-floored lobby of The Savoy Hotel is the impossibly ripped star of a multi-million-dollar movie franchise – but I'm having difficulty locating him. Suddenly, a shy-looking young boy with his hands dug deep into a navy duffel coat grins at me and the room virtually explodes with charisma. I've just encountered Taron Egerton, the 26-year-old from Wales who has suddenly become Hollywood's scorchingly hot new property.

We wander down to the hotel's foyer lounge, where a pianist tinkles a slightly twee version of Tears For Fears' *Mad World*. 'Bringing out all the hits today,' Taron giggles. It's like a gorgeous Merchant Ivory set, with a wrought-iron Edwardian centrepiece and green velvet chaises longues. We're here for a creamy afternoon tea, but Taron grimaces apologetically at the sticky cakes. 'I absolutely can't have *any* of this. I'm in training for *Kingsman 2* – gotta get the abs back!' he says with a slight Aberystwyth lilt, patting a flawless stomach. He seems phenomenally disciplined about his diet. 'Oh god, I have to be. Matthew Vaughn [the director] offered me the part, then laid down the law. He said, "We're going to own you for five years and you're going to have to get ripped." But this part is like winning the lottery.'

He was as surprised as anyone when, straight off the back of a job in Peacocks, a stint at RADA and a few television parts, he was offered the lead role of the street tearaway turned suave secret agent alongside Colin Firth. The first film grossed $400 million and turned Taron into an overnight pin-up. What does that feel like? 'Honestly? There are times when it's lovely and times when you have to be somewhere and someone wants a selfie and has had a few and is squeezing you too tightly. And I get asked every day, "What is Colin Firth really like?"' Well, what *is* Colin Firth really like? 'Lovely. The first day on set, he made sure I got his number. Of course, I was like, "Oh my god, Colin Firth has given me his number!" But it really made me feel on a level with him. Now we text and go for lunch, but I'll always remember that – it was classy.'

Taron seems sweetly bemused by his new-found icon status – like a sixth former who's wandered into some alternative universe. But he doesn't buy the shy superstar thing at all. 'I defy any actor to say they don't like being the centre of attention. Bollocks! I don't care how shy you are – you don't do that unless you enjoy people watching you.'

He's immaculately polite, peppering our chat with 'how lovely of you to say' and describing his Assam tea as 'delicious!', but there are some cute *Pretty Woman* moments, including a slightly klutzy incident with the tea strainer, prompting a 'Shit. I'm a bit too uncouth for this whole afternoon tea thing, aren't I?'

He's proud of his newest project, as the lovable loser Eddie 'The Eagle' Edwards, Britain's most popular and most disastrous 80s ski jumper. He's quite brilliant in it. 'Oh, did you like it?' he says. 'I loved working with Hugh Jackman – did you know he's an amazing skier? To be honest, it was nice not to have to work out every day,' he says, eyeing a pink glazed macaroon hungrily.

We need to get a move on, as we're both getting ready for *InStyle*'s Bafta bash tonight (Taron's an EE Rising Star nominee) and he's worried about what to wear, 'Are you getting all glammed up?'

He reaches for his duffel coat – a gift from the designer. 'This Burberry coat is some pretty good shit!' he laughs, and asks me if I want him to pose in the hotel's doorway. I tell him what an obliging interview subject he is. 'Really?' he says, 'Oh god, I probably need to get some edge, don't I?' And with a firm hug, he's off to save the world – just don't show him any carbs.

Eddie The Eagle *is out 1 April*

TARON'S TEA CHAT

On dating

'There's been no one serious for a while. It would be nice to meet someone and have something constant amid all the craziness.'



On his mum

'At Sundance, my mum wore a jumper saying "Taron's Mum". But I need to cultivate my masculine image now I'm on the hunt for a lady.'

On spending time in the US

'In LA there's a scene of young, rich people who get a bit f***ed-up all the time.'



On his secret to training

'My advice is never compromise on your diet in the first week. If you compromise early, that's the killer.'





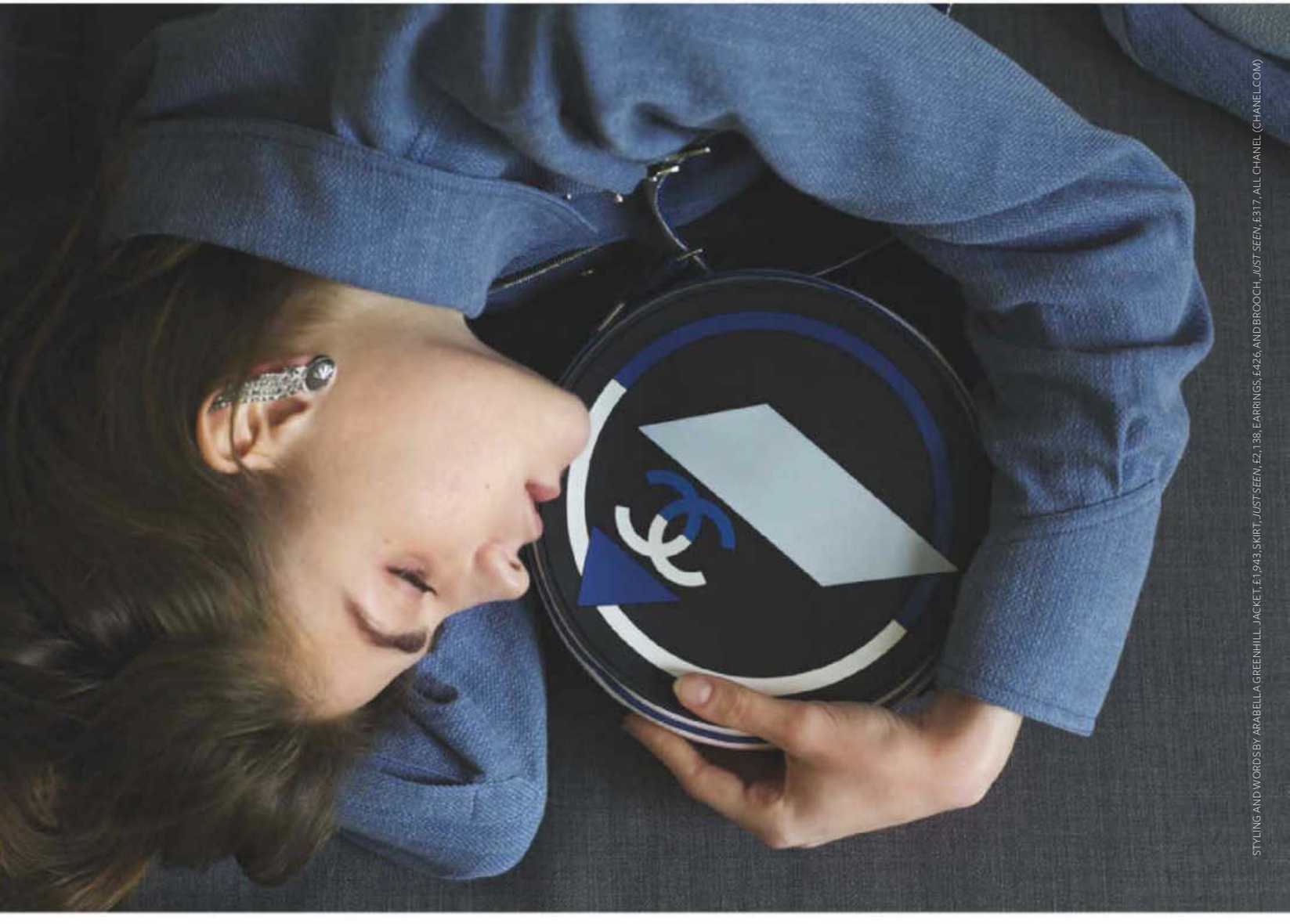




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STYLING AND WORDS BY ARABELLA GREENHILL. JACKET, £1,943, SKIRT, *JUST SEEN*, £2,138, EARRINGS, £426, AND BROOCH, *JUST SEEN*, £317, ALL CHANEL (CHANEL.COM)

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